

Date	Time	End Time	Title	Synopsis
20240501	05:00:00	05:30:00	XTERRA 2018 EUROPEAN TOUR, EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240501	05:30:00	06:00:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240501	06:00:00	06:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240501	06:30:00	07:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240501	07:00:00	07:30:00	WILD SURF 2019, EP 04	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240501	07:30:00	08:00:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240501	08:00:00	08:30:00	BETTER THAN FOUR EP. 10	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240501	08:30:00	09:00:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240501	09:00:00	09:30:00	HOW TO BUILD A RACE CAR	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240501	09:30:00	10:00:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240501	10:00:00	10:30:00	BOARD STORIES SURFING, EP 25	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
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20240501	12:00:00	12:30:00	GEARING UP 2019, EP 1	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
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20240501	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 5	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240501	13:30:00	14:00:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!

20240501	14:00:00	14:45:00	SPORTS MAX, EP 29	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240501	14:45:00	15:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240501	15:00:00	16:00:00	HANKOOK 24H SERIES 2022, EP 4	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240501	16:00:00	16:30:00	SPEED CATAMARANS GC32 2021 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240501	16:30:00	17:00:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240501	17:00:00	17:30:00	KITE MASTERS 2018, EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240501	17:30:00	18:00:00	KITE MASTERS 2018, EP 6	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240501	18:00:00	18:30:00	GP RACING 2020, EP 5	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240501	18:30:00	19:00:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240501	19:00:00	19:45:00	WORLD OF WATERSPORTS, EP 15	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.

20240501	19:45:00	20:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240501	20:00:00	20:30:00	WORLD OF FREESPORTS 2019, EP 1	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240501	20:30:00	21:00:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240501	21:00:00	21:30:00	RACEMAX MOTORSPORTS, EP 4	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240501	21:30:00	22:00:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240501	22:00:00	22:30:00	INSIDE SAILING 2018, EP 5	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240501	22:30:00	23:00:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240501	23:00:00	23:30:00	CAPE EPIC 2019, EP 5	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

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20240502	00:00:00	00:30:00	AUTOSPEED 2018, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
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20240502	01:00:00	01:30:00	SAILING TO TOKYO 2018, EP 5	This magazine is the story of Olympic Sailing, as the world's best strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. Dedicated to Olympic sailing, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they dream to make Olympic history.
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20240502	02:00:00	02:30:00	FREERIDE WORLD TOUR 2018, EP 5	The Freeride World Tour (FWT) expands to Asia! The season kick-off of the world's most important freeride series for skiers and snowboarders will be held at Hakuba (JPN), the first time ever the FWT stops in the Far East. The second stage of the tour will also guest at a new location, champagne powder paradise Kicking Horse near Golden, British Columbia (CAN). The series continues with the well-proven spectacular slopes of Vallnord-Arcalís (AND), Fieberbrunn (AUT), and Verbier (SUI).
20240502	02:30:00	03:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240502	03:00:00	03:30:00	RACEMAX MOTORSPORTS, EP 4	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
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20240502	15:30:00	16:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240502	16:00:00	16:30:00	WILD SURF 2019, EP 04	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240502	16:30:00	17:00:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240502	17:00:00	17:30:00	BETTER THAN FOUR EP. 10	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240502	17:30:00	18:00:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240502	18:00:00	19:00:00	HANKOOK 24H SERIES 2022, EP 4	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240502	19:00:00	19:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240502	19:30:00	20:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240502	20:00:00	20:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240502	20:45:00	21:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240502	21:00:00	21:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240502	21:30:00	22:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240502	22:00:00	22:30:00	SAILING TO TOKYO 2018, EP 5	This magazine is the story of Olympic Sailing, as the world's best strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. Dedicated to Olympic sailing, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they dream to make Olympic history.
20240502	22:30:00	23:00:00	SAILING TO TOKYO 2018, EP 6	This magazine is the story of Olympic Sailing, as the world's best strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. Dedicated to Olympic sailing, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they dream to make Olympic history.
20240502	23:00:00	23:30:00	FREERIDE WORLD TOUR 2018, EP 5	The Freeride World Tour (FWT) expands to Asia! The season kick-off of the world's most important freeride series for skiers and snowboarders will be held at Hakuba (JPN), the first time ever the FWT stops in the Far East. The second stage of the tour will also guest at a new location, champagne powder paradise Kicking Horse near Golden, British Columbia (CAN). The series continues with the well-proven spectacular slopes of Vallnord-Arcalís (AND), Fieberbrunn (AUT), and Verbier (SUI).
20240502	23:30:00	00:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240503	00:00:00	00:30:00	GP RACING 2020, EP 5	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240503	00:30:00	01:00:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240503	01:00:00	01:30:00	SPEED CATAMARANS GC32 2021 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240503	01:30:00	02:00:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240503	02:00:00	02:30:00	KITE MASTERS 2018, EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240503	02:30:00	03:00:00	KITE MASTERS 2018, EP 6	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240503	03:00:00	03:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240503	03:30:00	04:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240503	04:00:00	04:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240503	04:30:00	05:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240503	05:00:00	05:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.

20240503	05:45:00	06:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240503	06:00:00	06:30:00	RACEMAX MOTORSPORTS, EP 4	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240503	06:30:00	07:00:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240503	07:00:00	07:45:00	WORLD OF WATERSPORTS, EP 15	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240503	07:45:00	08:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240503	08:00:00	08:30:00	WORLD OF FREESPORTS 2019, EP 1	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240503	08:30:00	09:00:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240503	09:00:00	09:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!

20240503	09:30:00	10:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240503	10:00:00	10:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240503	10:30:00	11:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240503	11:00:00	11:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240503	11:45:00	12:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240503	12:00:00	12:30:00	GP RACING 2020, EP 5	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240503	12:30:00	13:00:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240503	13:00:00	13:30:00	SAILING TO TOKYO 2018, EP 5	This magazine is the story of Olympic Sailing, as the world's best strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. Dedicated to Olympic sailing, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they dream to make Olympic history.
20240503	13:30:00	14:00:00	SAILING TO TOKYO 2018, EP 6	This magazine is the story of Olympic Sailing, as the world's best strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. Dedicated to Olympic sailing, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they dream to make Olympic history.
20240503	14:00:00	14:30:00	FREERIDE WORLD TOUR 2018, EP 5	The Freeride World Tour (FWT) expands to Asia! The season kick-off of the world's most important freeride series for skiers and snowboarders will be held at Hakuba (JPN), the first time ever the FWT stops in the Far East. The second stage of the tour will also guest at a new location, champagne powder paradise Kicking Horse near Golden, British Columbia (CAN). The series continues with the well-proven spectacular slopes of Vallnord-Arcalís (AND), Fieberbrunn (AUT), and Verbier (SUI).
20240503	14:30:00	15:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240503	15:00:00	15:30:00	HOW TO BUILD A RACE CAR	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240503	15:30:00	16:00:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240503	16:00:00	16:30:00	BOARD STORIES SURFING, EP 25	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240503	16:30:00	17:00:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240503	17:00:00	17:30:00	XTERRA 2018 EUROPEAN TOUR, EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240503	17:30:00	18:00:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240503	18:00:00	18:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
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20240503	19:00:00	19:30:00	INSIDE SAILING 2018, EP 5	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240503	19:30:00	20:00:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240503	20:00:00	20:30:00	CAPE EPIC 2019, EP 6	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240503	20:30:00	21:00:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240503	21:00:00	21:30:00	AUTOSPEED 2018, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240503	21:30:00	22:00:00	AUTOSPEED 2018, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240503	22:00:00	22:30:00	SPEED CATAMARANS GC32 2021 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240503	22:30:00	23:00:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240503	23:00:00	23:30:00	KITE MASTERS 2018, EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240503	23:30:00	00:00:00	KITE MASTERS 2018, EP 6	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.

20240504	00:00:00	01:00:00	HANKOOK 24H SERIES 2022, EP 4	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240504	01:00:00	01:30:00	WILD SURF 2019, EP 04	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240504	01:30:00	02:00:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240504	02:00:00	02:30:00	BETTER THAN FOUR EP. 10	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240504	02:30:00	03:00:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240504	03:00:00	03:30:00	AUTOSPEED 2018, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240504	03:30:00	04:00:00	AUTOSPEED 2018, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240504	04:00:00	04:30:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240504	04:30:00	05:00:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240504	05:00:00	05:30:00	CAPE EPIC 2019, EP 6	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240504	05:30:00	06:00:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240504	06:00:00	06:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240504	06:30:00	07:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240504	07:00:00	07:30:00	SPEED CATAMARANS GC32 2021 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240504	07:30:00	08:00:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240504	08:00:00	08:30:00	KITE MASTERS 2018, EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.

20240504	08:30:00	09:00:00	KITE MASTERS 2018, EP 6	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240504	09:00:00	09:30:00	AUTOSPEED 2018, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240504	09:30:00	10:00:00	AUTOSPEED 2018, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240504	10:00:00	10:30:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240504	10:30:00	11:00:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240504	11:00:00	11:30:00	CAPE EPIC 2019, EP 6	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240504	11:30:00	12:00:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240504	12:00:00	13:00:00	HANKOOK 24H SERIES 2022, EP 4	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240504	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!

20240504	13:30:00	14:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240504	14:00:00	14:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240504	14:45:00	15:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240504	15:00:00	15:30:00	RACEMAX MOTORSPORTS, EP 4	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240504	15:30:00	16:00:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240504	16:00:00	16:45:00	WORLD OF WATERSPORTS, EP 15	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240504	16:45:00	17:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240504	17:00:00	17:30:00	WORLD OF FREESPORTS 2019, EP 1	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240504	17:30:00	18:00:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240504	18:00:00	18:30:00	HOW TO BUILD A RACE CAR	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240504	18:30:00	19:00:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.

20240504	19:00:00	19:30:00	SAILING TO TOKYO 2019/2020 EP 1	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240504	19:30:00	20:00:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240504	20:00:00	20:30:00	SPORTS ADVENTURE	Some of the world's wildest and most spectacular locations are the venues for the featured events in Sports Adventure. Mountains, deserts, oceans; these are the settings for sports which have broken free from the constraints of the stadium or hall, those pursuits which experts have chosen to push their absolute limits, those sports which demand the type of challenge only nature can supply. This programme heads out with the bold and brave, capturing action from the edge, no matter how tough the conditions.
20240504	20:30:00	21:00:00	SPORTS ADVENTURE	Some of the world's wildest and most spectacular locations are the venues for the featured events in Sports Adventure. Mountains, deserts, oceans; these are the settings for sports which have broken free from the constraints of the stadium or hall, those pursuits which experts have chosen to push their absolute limits, those sports which demand the type of challenge only nature can supply. This programme heads out with the bold and brave, capturing action from the edge, no matter how tough the conditions.
20240504	21:00:00	21:30:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240504	21:30:00	22:00:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240504	22:00:00	22:30:00	WILD SURF 2019, EP 04	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240504	22:30:00	23:00:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240504	23:00:00	23:30:00	BETTER THAN FOUR EP. 10	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240504	23:30:00	00:00:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240505	00:00:00	00:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240505	00:30:00	01:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240505	01:00:00	01:30:00	BOARD STORIES SURFING, EP 25	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240505	01:30:00	02:00:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240505	02:00:00	02:30:00	WILD SPIRITS H2O, EP 1	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240505	02:30:00	03:00:00	WILD SPIRITS H2O, EP 2	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240505	03:00:00	03:30:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240505	03:30:00	04:00:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240505	04:00:00	04:30:00	SAILING TO TOKYO 2019/2020 EP 1	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240505	04:30:00	05:00:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240505	05:00:00	06:00:00	FREERIDE WORLD TOUR 2022, EP 1	The world's best athletes return for the 16th version of this iconic series, ready to push the limits of what's possible in the high mountains in their quest for the sport's ultimate prize.
20240505	06:00:00	06:30:00	AUTOSPEED 2018, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240505	06:30:00	07:00:00	AUTOSPEED 2018, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240505	07:00:00	07:30:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240505	07:30:00	08:00:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240505	08:00:00	08:30:00	CAPE EPIC 2019, EP 6	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
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20240505	11:00:00	11:30:00	FREERIDE WORLD TOUR 2018, EP 5	The Freeride World Tour (FWT) expands to Asia! The season kick-off of the world's most important freeride series for skiers and snowboarders will be held at Hakuba (JPN), the first time ever the FWT stops in the Far East. The second stage of the tour will also guest at a new location, champagne powder paradise Kicking Horse near Golden, British Columbia (CAN). The series continues with the well-proven spectacular slopes of Vallnord-Arcalís (AND), Fieberbrunn (AUT), and Verbier (SUI).
20240505	11:30:00	12:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240505	12:00:00	12:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240505	12:30:00	13:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240505	13:00:00	13:30:00	WILD SURF 2019, EP 04	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240505	13:30:00	14:00:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240505	14:00:00	14:30:00	BETTER THAN FOUR EP. 10	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240505	14:30:00	15:00:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240505	15:00:00	15:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240505	15:30:00	16:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240505	16:00:00	16:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240505	16:30:00	17:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240505	17:00:00	17:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240505	17:45:00	18:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240505	18:00:00	18:30:00	RACEMAX MOTORSPORTS, EP 4	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.

20240505	18:30:00	19:00:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240505	19:00:00	19:30:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240505	19:30:00	20:00:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240505	20:00:00	20:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240505	20:30:00	21:00:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240505	21:00:00	22:00:00	HANKOOK 24H SERIES 2022, EP 5	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240505	22:00:00	22:30:00	BOARD STORIES SURFING, EP 25	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240505	22:30:00	23:00:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240505	23:00:00	23:30:00	XTERRA 2018 EUROPEAN TOUR, EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240505	23:30:00	00:00:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.

20240506	00:00:00	00:30:00	HOW TO BUILD A RACE CAR	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240506	00:30:00	01:00:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240506	01:00:00	01:45:00	WORLD OF WATERSPORTS, EP 15	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240506	01:45:00	02:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240506	02:00:00	02:30:00	WORLD OF FREESPORTS 2019, EP 1	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240506	02:30:00	03:00:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240506	03:00:00	04:00:00	HANKOOK 24H SERIES 2022, EP 5	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240506	04:00:00	04:30:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240506	04:30:00	05:00:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240506	05:00:00	05:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240506	05:30:00	06:00:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240506	06:00:00	06:30:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240506	06:30:00	07:00:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240506	07:00:00	07:30:00	SAILING TO TOKYO 2019/2020 EP 1	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240506	07:30:00	08:00:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240506	08:00:00	08:30:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240506	08:30:00	09:00:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240506	09:00:00	10:00:00	HANKOOK 24H SERIES 2022, EP 5	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
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20240506	11:00:00	11:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
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20240506	12:00:00	12:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
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20240506	13:00:00	13:30:00	BOARD STORIES SURFING, EP 25	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240506	13:30:00	14:00:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240506	14:00:00	14:30:00	XTERRA 2018 EUROPEAN TOUR, EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
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20240506	15:00:00	15:30:00	AUTOSPEED 2019, EP 3	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240506	15:30:00	16:00:00	AUTOSPEED 2018, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240506	16:00:00	16:30:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240506	16:30:00	17:00:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240506	17:00:00	17:30:00	CAPE EPIC 2019, EP 6	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240506	17:30:00	18:00:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
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20240506	19:00:00	19:30:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240506	19:30:00	20:00:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240506	20:00:00	20:30:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240506	20:30:00	21:00:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240506	21:00:00	21:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240506	21:30:00	22:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240506	22:00:00	22:45:00	WORLD OF WATERSPORTS, EP 15	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240506	22:45:00	23:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240506	23:00:00	23:30:00	WORLD OF FREESPORTS 2019, EP 1	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240506	23:30:00	00:00:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240507	00:00:00	00:30:00	RACEMAX MOTORSPORTS, EP 4	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.

20240507	00:30:00	01:00:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240507	01:00:00	01:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240507	01:30:00	02:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240507	02:00:00	02:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240507	02:45:00	03:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240507	03:00:00	03:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240507	03:30:00	04:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240507	04:00:00	04:30:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240507	04:30:00	05:00:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240507	05:00:00	05:30:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240507	05:30:00	06:00:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240507	06:00:00	06:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240507	06:30:00	07:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240507	07:00:00	07:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240507	07:30:00	08:00:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240507	08:00:00	08:30:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240507	08:30:00	09:00:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240507	09:00:00	09:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240507	09:30:00	10:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240507	10:00:00	10:30:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240507	10:30:00	11:00:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240507	11:00:00	11:30:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240507	11:30:00	12:00:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240507	12:00:00	12:30:00	RACEMAX MOTORSPORTS, EP 4	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240507	12:30:00	13:00:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240507	13:00:00	13:45:00	WORLD OF WATERSPORTS, EP 15	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240507	13:45:00	14:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240507	14:00:00	14:30:00	WORLD OF FREESPORTS 2019, EP 1	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240507	14:30:00	15:00:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240507	15:00:00	15:30:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240507	15:30:00	16:00:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240507	16:00:00	16:30:00	SAILING TO TOKYO 2019/2020 EP 1	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240507	16:30:00	17:00:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240507	17:00:00	17:30:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240507	17:30:00	18:00:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240507	18:00:00	18:30:00	AUTOSPEED 2019, EP 3	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240507	18:30:00	19:00:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240507	19:00:00	19:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240507	19:30:00	20:00:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240507	20:00:00	20:30:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240507	20:30:00	21:00:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240507	21:00:00	21:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240507	21:30:00	22:00:00	HELLAS RALLY RAID 2021	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240507	22:00:00	22:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240507	22:30:00	23:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240507	23:00:00	23:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240507	23:45:00	00:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.

20240508	00:00:00	00:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240508	00:30:00	01:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240508	01:00:00	01:30:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240508	01:30:00	02:00:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240508	02:00:00	02:30:00	CAPE EPIC 2019, EP 6	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240508	02:30:00	03:00:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240508	03:00:00	03:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240508	03:30:00	04:00:00	HELLAS RALLY RAID 2021	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240508	04:00:00	04:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240508	04:30:00	05:00:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.

20240508	05:00:00	05:30:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240508	05:30:00	06:00:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240508	06:00:00	06:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240508	06:30:00	07:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240508	07:00:00	07:30:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240508	07:30:00	08:00:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240508	08:00:00	08:30:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240508	08:30:00	09:00:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240508	09:00:00	09:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240508	09:30:00	10:00:00	HELLAS RALLY RAID 2021	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240508	10:00:00	10:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240508	10:30:00	11:00:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240508	11:00:00	11:30:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240508	11:30:00	12:00:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240508	12:00:00	12:30:00	GEARING UP 2019, EP 2	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240508	12:30:00	13:00:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240508	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 6	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240508	13:30:00	14:00:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240508	14:00:00	14:45:00	SPORTS MAX, EP 30	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.

20240508	14:45:00	15:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240508	15:00:00	16:00:00	HANKOOK 24H SERIES 2022, EP 5	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240508	16:00:00	16:30:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240508	16:30:00	17:00:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240508	17:00:00	17:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240508	17:30:00	18:00:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240508	18:00:00	18:30:00	GP RACING 2020, EP 6	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240508	18:30:00	19:00:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240508	19:00:00	20:00:00	WORLD OF WATERSPORTS, EP 16	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240508	20:00:00	20:30:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!

20240508	20:30:00	21:00:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240508	21:00:00	21:30:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240508	21:30:00	22:00:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240508	22:00:00	22:30:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240508	22:30:00	23:00:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240508	23:00:00	23:30:00	CAPE EPIC 2019, EP 6	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240508	23:30:00	00:00:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240509	00:00:00	00:30:00	AUTOSPEED 2019, EP 3	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240509	00:30:00	01:00:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240509	01:00:00	01:30:00	SAILING TO TOKYO 2019/2020 EP 1	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240509	01:30:00	02:00:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240509	02:00:00	02:30:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240509	02:30:00	03:00:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240509	03:00:00	03:30:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240509	03:30:00	04:00:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240509	04:00:00	05:00:00	WORLD OF WATERSPORTS, EP 16	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240509	05:00:00	05:30:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
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20240509	06:00:00	06:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
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20240509	07:00:00	07:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
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20240509	17:30:00	18:00:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240509	18:00:00	19:00:00	HANKOOK 24H SERIES 2022, EP 5	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240509	19:00:00	19:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240509	19:30:00	20:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240509	20:00:00	20:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240509	20:45:00	21:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240509	21:00:00	21:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240509	21:30:00	22:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240509	22:00:00	22:30:00	SAILING TO TOKYO 2019/2020 EP 1	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240509	22:30:00	23:00:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240509	23:00:00	23:30:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240509	23:30:00	00:00:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240510	00:00:00	00:30:00	GP RACING 2022, EP 31	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240510	00:30:00	01:00:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240510	01:00:00	01:30:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240510	01:30:00	02:00:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240510	02:00:00	02:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240510	02:30:00	03:00:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240510	03:00:00	03:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!

20240510	03:30:00	04:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240510	04:00:00	04:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240510	04:30:00	05:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240510	05:00:00	05:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240510	05:45:00	06:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240510	06:00:00	06:30:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240510	06:30:00	07:00:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240510	07:00:00	08:00:00	WORLD OF WATERSPORTS, EP 16	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240510	08:00:00	08:30:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240510	08:30:00	09:00:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240510	09:00:00	09:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240510	09:30:00	10:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!

20240510	10:00:00	10:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240510	10:30:00	11:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240510	11:00:00	11:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240510	11:45:00	12:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240510	12:00:00	12:30:00	GP RACING 2022, EP 31	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240510	12:30:00	13:00:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240510	13:00:00	13:30:00	SAILING TO TOKYO 2019/2020 EP 1	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240510	13:30:00	14:00:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240510	14:00:00	14:30:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240510	14:30:00	15:00:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240510	15:00:00	15:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240510	15:30:00	16:00:00	HELLAS RALLY RAID 2021	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240510	16:00:00	16:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.

20240510	16:30:00	17:00:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240510	17:00:00	17:30:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240510	17:30:00	18:00:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240510	18:00:00	18:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240510	18:30:00	19:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240510	19:00:00	19:30:00	INSIDE SAILING 2018, EP 6	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240510	19:30:00	20:00:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240510	20:00:00	20:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

20240510	20:30:00	21:00:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240510	21:00:00	21:30:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240510	21:30:00	22:00:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240510	22:00:00	22:30:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240510	22:30:00	23:00:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240510	23:00:00	23:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
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20240511	00:00:00	01:00:00	HANKOOK 24H SERIES 2022, EP 5	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240511	01:00:00	01:30:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240511	01:30:00	02:00:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240511	02:00:00	02:30:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240511	02:30:00	03:00:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240511	03:00:00	03:29:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240511	03:29:00	04:00:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240511	04:00:00	04:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240511	04:30:00	05:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240511	05:00:00	05:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

20240511	05:30:00	06:00:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240511	06:00:00	06:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240511	06:30:00	07:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240511	07:00:00	07:30:00	SPEED CATAMARANS GC32 2021 EP 2	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240511	07:30:00	08:00:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240511	08:00:00	08:30:00	KITE MASTERS 2019/2020 EP 1	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240511	08:30:00	09:00:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240511	09:00:00	09:30:00	AUTOSPEED 2018, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240511	09:30:00	10:00:00	AUTOSPEED 2018, EP 8	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.

20240511	10:00:00	10:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240511	10:30:00	11:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240511	11:00:00	11:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240511	11:30:00	12:00:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240511	12:00:00	13:00:00	HANKOOK 24H SERIES 2022, EP 5	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240511	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240511	13:30:00	14:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240511	14:00:00	14:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.

20240511	14:45:00	15:00:00	ANDALUCIA BIKE RACE 2019	The Andalusia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalusia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalusia Bike Race, were Spain's David Valero in the men's
20240511	15:00:00	15:30:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240511	15:30:00	16:00:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240511	16:00:00	17:00:00	WORLD OF WATERSPORTS, EP 16	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240511	17:00:00	17:30:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240511	17:30:00	18:00:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240511	18:00:00	18:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240511	18:30:00	19:00:00	HELLAS RALLY RAID 2021	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240511	19:00:00	19:30:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240511	19:30:00	20:00:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240511	20:00:00	20:30:00	SPORTS ADVENTURE	Some of the world's wildest and most spectacular locations are the venues for the featured events in Sports Adventure. Mountains, deserts, oceans; these are the settings for sports which have broken free from the constraints of the stadium or hall, those pursuits which experts have chosen to push their absolute limits, those sports which demand the type of challenge only nature can supply. This programme heads out with the bold and brave, capturing action from the edge, no matter how tough the conditions.
20240511	20:30:00	21:00:00	SPORTS ADVENTURE	Some of the world's wildest and most spectacular locations are the venues for the featured events in Sports Adventure. Mountains, deserts, oceans; these are the settings for sports which have broken free from the constraints of the stadium or hall, those pursuits which experts have chosen to push their absolute limits, those sports which demand the type of challenge only nature can supply. This programme heads out with the bold and brave, capturing action from the edge, no matter how tough the conditions.
20240511	21:00:00	21:30:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240511	21:30:00	22:00:00	GP RACING 2020, EP 8	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240511	22:00:00	22:30:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240511	22:30:00	23:00:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240511	23:00:00	23:30:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240511	23:30:00	00:00:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240512	00:00:00	00:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!

20240512	00:30:00	01:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240512	01:00:00	01:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240512	01:30:00	02:00:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240512	02:00:00	02:30:00	WILD SPIRITS H2O, EP 2	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240512	02:30:00	03:00:00	WILD SPIRITS H2O, EP 3	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240512	03:00:00	03:30:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240512	03:30:00	04:00:00	GP RACING 2020, EP 8	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240512	04:00:00	04:30:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240512	04:30:00	05:00:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240512	05:00:00	06:00:00	FREERIDE WORLD TOUR 2022, EP 2	The world's best athletes return for the 16th version of this iconic series, ready to push the limits of what's possible in the high mountains in their quest for the sport's ultimate prize.
20240512	06:00:00	06:30:00	AUTOSPEED 2018, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240512	06:30:00	07:00:00	AUTOSPEED 2018, EP 8	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240512	07:00:00	07:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240512	07:30:00	08:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240512	08:00:00	08:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
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20240512	11:00:00	11:30:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240512	11:30:00	12:00:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240512	12:00:00	12:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
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20240512	13:00:00	13:30:00	WILD SURF 2019, EP 05	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240512	13:30:00	14:00:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240512	14:00:00	14:30:00	BETTER THAN FOUR EP. 11	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
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20240512	16:00:00	16:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240512	16:30:00	17:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240512	17:00:00	17:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240512	17:45:00	18:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240512	18:00:00	18:30:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240512	18:30:00	19:00:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240512	19:00:00	19:30:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240512	19:30:00	20:00:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240512	20:00:00	20:30:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.

20240512	20:30:00	21:00:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240512	21:00:00	22:00:00	HANKOOK 24H SERIES 2022, EP 6	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240512	22:00:00	22:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240512	22:30:00	23:00:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240512	23:00:00	23:30:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240512	23:30:00	00:00:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240513	00:00:00	00:30:00	HELLAS RALLY RAID 2019	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240513	00:30:00	01:00:00	HELLAS RALLY RAID 2021	Seven days of riding on the remote areas of Central Greece mountains. It is a unique group or personal experience in the remote mountains, forests, beaches, valleys and more in six days escape raid. The everyday route is between 160-250 kilometres, 90% of them are off-road.
20240513	01:00:00	02:00:00	WORLD OF WATERSPORTS, EP 16	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240513	02:00:00	02:30:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240513	02:30:00	03:00:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240513	03:00:00	04:00:00	HANKOOK 24H SERIES 2022, EP 6	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.

20240513	04:00:00	04:30:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240513	04:30:00	05:00:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240513	05:00:00	05:30:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240513	05:30:00	06:00:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240513	06:00:00	06:30:00	GP RACING 2022, EP 32	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240513	06:30:00	07:00:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240513	07:00:00	07:30:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240513	07:30:00	08:00:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240513	08:00:00	08:30:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240513	08:30:00	09:00:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240513	09:00:00	10:00:00	HANKOOK 24H SERIES 2022, EP 6	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240513	10:00:00	10:30:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240513	10:30:00	11:00:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240513	11:00:00	11:30:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240513	11:30:00	12:00:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240513	12:00:00	13:00:00	THE ELECTRIC FUTURE	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240513	13:00:00	13:30:00	BOARD STORIES SURFING, EP 26	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240513	13:30:00	14:00:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240513	14:00:00	14:30:00	XTERRA 2018 EUROPEAN TOUR, EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240513	14:30:00	15:00:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.

20240513	15:00:00	15:30:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240513	15:30:00	16:00:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240513	16:00:00	16:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240513	16:30:00	17:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240513	17:00:00	17:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240513	17:30:00	18:00:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240513	18:00:00	18:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240513	18:30:00	19:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240513	19:00:00	19:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240513	19:30:00	20:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240513	20:00:00	20:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240513	20:30:00	21:00:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240513	21:00:00	21:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240513	21:30:00	22:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240513	22:00:00	23:00:00	WORLD OF WATERSPORTS, EP 16	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240513	23:00:00	23:30:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240513	23:30:00	00:00:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!

20240514	00:00:00	00:30:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240514	00:30:00	01:00:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240514	01:00:00	01:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240514	01:30:00	02:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240514	02:00:00	02:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240514	02:45:00	03:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240514	03:00:00	03:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240514	03:30:00	04:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240514	04:00:00	04:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240514	04:30:00	05:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240514	05:00:00	05:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240514	05:30:00	06:00:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240514	06:00:00	06:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240514	06:30:00	07:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240514	07:00:00	07:30:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240514	07:30:00	08:00:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240514	08:00:00	08:30:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240514	08:30:00	09:00:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240514	09:00:00	09:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240514	09:30:00	10:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240514	10:00:00	10:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240514	10:30:00	11:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240514	11:00:00	11:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240514	11:30:00	12:00:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240514	12:00:00	12:30:00	RACEMAX MOTORSPORTS, EP 5	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240514	12:30:00	13:00:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240514	13:00:00	14:00:00	WORLD OF WATERSPORTS, EP 16	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240514	14:00:00	14:30:00	WORLD OF FREESPORTS 2019, EP 2	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240514	14:30:00	15:00:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240514	15:00:00	15:30:00	GP RACING 2022, EP 32	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240514	15:30:00	16:00:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240514	16:00:00	16:30:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240514	16:30:00	17:00:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240514	17:00:00	17:30:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240514	17:30:00	18:00:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240514	18:00:00	18:30:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240514	18:30:00	19:00:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.

20240514	19:00:00	19:30:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240514	19:30:00	20:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240514	20:00:00	20:30:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240514	20:30:00	21:00:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240514	21:00:00	22:00:00	THE ELECTRIC FUTURE	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240514	22:00:00	22:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240514	22:30:00	23:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240514	23:00:00	23:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240514	23:45:00	00:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240515	00:00:00	00:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240515	00:30:00	01:00:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240515	01:00:00	01:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240515	01:30:00	02:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240515	02:00:00	02:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240515	02:30:00	03:00:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240515	03:00:00	04:00:00	THE ELECTRIC FUTURE	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240515	04:00:00	04:30:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240515	04:30:00	05:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240515	05:00:00	05:30:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240515	05:30:00	06:00:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240515	06:00:00	06:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!

20240515	06:30:00	07:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240515	07:00:00	07:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240515	07:30:00	08:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240515	08:00:00	08:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240515	08:30:00	09:00:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
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20240515	10:30:00	11:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240515	11:00:00	11:30:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.

20240515	11:30:00	12:00:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240515	12:00:00	12:30:00	GEARING UP 2019, EP 3	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
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20240515	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 7	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240515	13:30:00	14:00:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240515	14:00:00	14:45:00	SPORTS MAX, EP 31	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240515	14:45:00	15:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240515	15:00:00	16:00:00	HANKOOK 24H SERIES 2022, EP 6	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240515	16:00:00	16:30:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240515	16:30:00	17:00:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240515	17:00:00	17:30:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240515	17:30:00	18:00:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240515	18:00:00	18:30:00	GP RACING 2020, EP 7	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240515	18:30:00	19:00:00	GP RACING 2020, EP 8	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240515	19:00:00	19:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240515	19:45:00	20:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240515	20:00:00	20:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240515	20:30:00	21:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240515	21:00:00	21:30:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240515	21:30:00	22:00:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240515	22:00:00	22:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240515	22:30:00	23:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240515	23:00:00	23:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240515	23:30:00	00:00:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240516	00:00:00	00:30:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240516	00:30:00	01:00:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240516	01:00:00	01:30:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240516	01:30:00	02:00:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240516	02:00:00	02:30:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240516	02:30:00	03:00:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240516	03:00:00	03:30:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240516	03:30:00	04:00:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240516	04:00:00	04:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240516	04:45:00	05:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240516	05:00:00	05:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240516	05:30:00	06:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240516	06:00:00	07:00:00	THE ELECTRIC FUTURE	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240516	07:00:00	07:30:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240516	07:30:00	08:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240516	08:00:00	08:30:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240516	08:30:00	09:00:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240516	09:00:00	09:30:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240516	09:30:00	10:00:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.

20240516	10:00:00	10:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240516	10:45:00	11:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240516	11:00:00	11:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240516	11:30:00	12:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240516	12:00:00	12:30:00	AUTOSPEED 2019, EP 4	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240516	12:30:00	13:00:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240516	13:00:00	13:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240516	13:30:00	14:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240516	14:00:00	14:30:00	CAPE EPIC 2019, EP 7	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240516	14:30:00	15:00:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

20240516	15:00:00	15:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240516	15:30:00	16:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240516	16:00:00	16:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240516	16:30:00	17:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240516	17:00:00	17:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240516	17:30:00	18:00:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240516	18:00:00	19:00:00	HANKOOK 24H SERIES 2022, EP 6	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240516	19:00:00	19:30:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240516	19:30:00	20:00:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240516	20:00:00	20:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240516	20:45:00	21:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240516	21:00:00	21:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240516	21:30:00	22:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240516	22:00:00	22:30:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240516	22:30:00	23:00:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240516	23:00:00	23:30:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240516	23:30:00	00:00:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240517	00:00:00	00:30:00	GP RACING 2022, EP 32	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240517	00:30:00	01:00:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240517	01:00:00	01:30:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240517	01:30:00	02:00:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240517	02:00:00	02:30:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240517	02:30:00	03:00:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240517	03:00:00	03:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240517	03:30:00	04:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240517	04:00:00	04:30:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!

20240517	04:30:00	05:00:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240517	05:00:00	05:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240517	05:45:00	06:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240517	06:00:00	06:30:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240517	06:30:00	07:00:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240517	07:00:00	07:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240517	07:45:00	08:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240517	08:00:00	08:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240517	08:30:00	09:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240517	09:00:00	09:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240517	09:30:00	10:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240517	10:00:00	10:30:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!

20240517	10:30:00	11:00:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240517	11:00:00	11:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240517	11:45:00	12:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240517	12:00:00	12:30:00	GP RACING 2022, EP 32	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240517	12:30:00	13:00:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240517	13:00:00	13:30:00	SAILING TO TOKYO 2019/2020 EP 2	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240517	13:30:00	14:00:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240517	14:00:00	14:30:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240517	14:30:00	15:00:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240517	15:00:00	16:00:00	THE ELECTRIC FUTURE	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240517	16:00:00	16:30:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240517	16:30:00	17:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240517	17:00:00	17:30:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.

20240517	17:30:00	18:00:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240517	18:00:00	18:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240517	18:30:00	19:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240517	19:00:00	19:30:00	INSIDE SAILING 2018, EP 7	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240517	19:30:00	20:00:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240517	20:00:00	20:30:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240517	20:30:00	21:00:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

20240517	21:00:00	21:30:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240517	21:30:00	22:00:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240517	22:00:00	22:30:00	SPEED CATAMARANS GC32 2021 EP 3	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240517	22:30:00	23:00:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240517	23:00:00	23:30:00	KITE MASTERS 2019/2020 EP 2	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240517	23:30:00	00:00:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240518	00:00:00	01:00:00	HANKOOK 24H SERIES 2022, EP 6	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240518	01:00:00	01:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240518	01:30:00	02:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240518	02:00:00	02:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
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20240518	03:00:00	03:30:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240518	03:30:00	04:00:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240518	04:00:00	04:30:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240518	04:30:00	05:00:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240518	05:00:00	05:30:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

20240518	05:30:00	06:00:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
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20240518	12:00:00	13:00:00	HANKOOK 24H SERIES 2022, EP 6	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240518	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240518	13:30:00	14:00:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240518	14:00:00	14:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240518	14:45:00	15:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.

20240518	15:00:00	15:30:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240518	15:30:00	16:00:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240518	16:00:00	16:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240518	16:45:00	17:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240518	17:00:00	17:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240518	17:30:00	18:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240518	18:00:00	19:00:00	THE ELECTRIC FUTURE	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240518	19:00:00	19:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240518	19:30:00	20:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240518	20:00:00	20:30:00	SPORTS ADVENTURE	Some of the world's wildest and most spectacular locations are the venues for the featured events in Sports Adventure. Mountains, deserts, oceans; these are the settings for sports which have broken free from the constraints of the stadium or hall, those pursuits which experts have chosen to push their absolute limits, those sports which demand the type of challenge only nature can supply. This programme heads out with the bold and brave, capturing action from the edge, no matter how tough the conditions.
20240518	20:30:00	21:00:00	SPORTS ADVENTURE	Some of the world's wildest and most spectacular locations are the venues for the featured events in Sports Adventure. Mountains, deserts, oceans; these are the settings for sports which have broken free from the constraints of the stadium or hall, those pursuits which experts have chosen to push their absolute limits, those sports which demand the type of challenge only nature can supply. This programme heads out with the bold and brave, capturing action from the edge, no matter how tough the conditions.
20240518	21:00:00	21:30:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240518	21:30:00	22:00:00	GP RACING 2020, EP 9	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240518	22:00:00	22:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240518	22:30:00	23:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240518	23:00:00	23:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240518	23:30:00	00:00:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240519	00:00:00	00:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!

20240519	00:30:00	01:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240519	01:00:00	01:30:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240519	01:30:00	02:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240519	02:00:00	02:30:00	WILD SPIRITS H2O, EP 3	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240519	02:30:00	03:00:00	WILD SPIRITS H2O, EP 4	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240519	03:00:00	03:30:00	GP RACING 2020, EP 8	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240519	03:30:00	04:00:00	GP RACING 2020, EP 9	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240519	04:00:00	04:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240519	04:30:00	05:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240519	05:00:00	05:30:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240519	05:30:00	06:00:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240519	06:00:00	06:30:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240519	06:30:00	07:00:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.

20240519	07:00:00	07:30:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240519	07:30:00	08:00:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240519	08:00:00	08:30:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240519	08:30:00	09:00:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240519	09:00:00	09:30:00	GP RACING 2020, EP 8	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240519	09:30:00	10:00:00	GP RACING 2020, EP 9	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240519	10:00:00	10:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240519	10:30:00	11:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240519	11:00:00	11:30:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240519	11:30:00	12:00:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240519	12:00:00	12:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
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20240519	13:00:00	13:30:00	WILD SURF 2019, EP 06	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240519	13:30:00	14:00:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240519	14:00:00	14:30:00	BETTER THAN FOUR EP. 12	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
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20240519	15:30:00	16:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
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20240519	17:00:00	17:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
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20240519	19:00:00	19:30:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240519	19:30:00	20:00:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240519	20:00:00	20:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240519	20:30:00	21:00:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240519	21:00:00	22:00:00	HANKOOK 24H SERIES 2022, EP 7	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240519	22:00:00	22:30:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240519	22:30:00	23:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240519	23:00:00	23:30:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240519	23:30:00	00:00:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240520	00:00:00	01:00:00	THE ELECTRIC FUTURE	The brainchild of the people behind Formula E, 'Extreme E' is a new all-electric off-road series, racing through some of the world's most extreme environments. Racing through these locations will hopefully help to bring to light the great challenges we face by climate change, whilst also helping these declining environments and the people inhabiting them along the way. A three-part documentary series in the run-up to the inaugural race, 'How to Build a Racing Car', 'Making Tracks', and 'The Electric Future'. Extreme E is putting the pedal to the metal in the fight for our environment.
20240520	01:00:00	01:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240520	01:45:00	02:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240520	02:00:00	02:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!

20240520	02:30:00	03:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240520	03:00:00	04:00:00	HANKOOK 24H SERIES 2022, EP 7	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240520	04:00:00	04:30:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240520	04:30:00	05:00:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240520	05:00:00	05:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240520	05:30:00	06:00:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240520	06:00:00	06:30:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240520	06:30:00	07:00:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240520	07:00:00	07:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240520	07:30:00	08:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240520	08:00:00	08:30:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240520	08:30:00	09:00:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240520	09:00:00	10:00:00	HANKOOK 24H SERIES 2022, EP 7	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240520	10:00:00	10:30:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240520	10:30:00	11:00:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240520	11:00:00	11:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240520	11:30:00	12:00:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240520	12:00:00	12:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240520	12:30:00	13:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.
20240520	13:00:00	13:30:00	BOARD STORIES SURFING, EP 27	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.

20240520	13:30:00	14:00:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240520	14:00:00	14:30:00	XTERRA 2018 EUROPEAN TOUR, EP 3	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240520	14:30:00	15:00:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240520	15:00:00	15:30:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240520	15:30:00	16:00:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240520	16:00:00	16:30:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240520	16:30:00	17:00:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240520	17:00:00	17:30:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240520	17:30:00	18:00:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240520	18:00:00	18:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!

20240520	18:30:00	19:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240520	19:00:00	19:30:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240520	19:30:00	20:00:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240520	20:00:00	20:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240520	20:30:00	21:00:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240520	21:00:00	21:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240520	21:30:00	22:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!

20240520	22:00:00	22:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240520	22:45:00	23:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240520	23:00:00	23:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240520	23:30:00	00:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240521	00:00:00	00:30:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240521	00:30:00	01:00:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240521	01:00:00	01:30:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240521	01:30:00	02:00:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240521	02:00:00	02:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.

20240521	02:45:00	03:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240521	03:00:00	03:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
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20240521	05:00:00	05:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

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20240521	06:30:00	07:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240521	07:00:00	07:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240521	07:30:00	08:00:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240521	08:00:00	08:30:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240521	08:30:00	09:00:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240521	09:00:00	09:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240521	09:30:00	10:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240521	10:00:00	10:30:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240521	10:30:00	11:00:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240521	11:00:00	11:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240521	11:30:00	12:00:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240521	12:00:00	12:30:00	RACEMAX MOTORSPORTS, EP 6	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.

20240521	12:30:00	13:00:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240521	13:00:00	13:45:00	WORLD OF WATERSPORTS, EP 17	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240521	13:45:00	14:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240521	14:00:00	14:30:00	WORLD OF FREESPORTS 2019, EP 3	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240521	14:30:00	15:00:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240521	15:00:00	15:30:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240521	15:30:00	16:00:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240521	16:00:00	16:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240521	16:30:00	17:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240521	17:00:00	17:30:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240521	17:30:00	18:00:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240521	18:00:00	18:30:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.

20240521	18:30:00	19:00:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240521	19:00:00	19:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240521	19:30:00	20:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240521	20:00:00	20:30:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240521	20:30:00	21:00:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240521	21:00:00	21:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240521	21:30:00	22:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.
20240521	22:00:00	22:30:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240521	22:30:00	23:00:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240521	23:00:00	23:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240521	23:45:00	00:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's

20240522	00:00:00	00:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240522	00:30:00	01:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240522	01:00:00	01:30:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240522	01:30:00	02:00:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240522	02:00:00	02:30:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240522	02:30:00	03:00:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240522	03:00:00	03:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240522	03:30:00	04:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.
20240522	04:00:00	04:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.

20240522	04:30:00	05:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240522	05:00:00	05:30:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240522	05:30:00	06:00:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240522	06:00:00	06:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240522	06:30:00	07:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240522	07:00:00	07:30:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240522	07:30:00	08:00:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240522	08:00:00	08:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240522	08:30:00	09:00:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240522	09:00:00	09:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240522	09:30:00	10:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.
20240522	10:00:00	10:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240522	10:30:00	11:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240522	11:00:00	11:30:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240522	11:30:00	12:00:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240522	12:00:00	12:30:00	GEARING UP 2019, EP 4	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240522	12:30:00	13:00:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240522	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 8	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
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20240522	14:00:00	14:45:00	SPORTS MAX, EP 32	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240522	14:45:00	15:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240522	15:00:00	16:00:00	HANKOOK 24H SERIES 2022, EP 7	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240522	16:00:00	16:30:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240522	16:30:00	17:00:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240522	17:00:00	17:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240522	17:30:00	18:00:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240522	18:00:00	18:30:00	GP RACING 2022, EP 32	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240522	18:30:00	19:00:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240522	19:00:00	19:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.

20240522	19:45:00	20:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240522	20:00:00	20:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240522	20:30:00	21:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240522	21:00:00	21:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240522	21:30:00	22:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240522	22:00:00	22:30:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240522	22:30:00	23:00:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240522	23:00:00	23:30:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

20240522	23:30:00	00:00:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240523	00:00:00	00:30:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240523	00:30:00	01:00:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240523	01:00:00	01:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240523	01:30:00	02:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240523	02:00:00	02:30:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240523	02:30:00	03:00:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240523	03:00:00	03:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240523	03:30:00	04:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240523	04:00:00	04:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.

20240523	04:45:00	05:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240523	05:00:00	05:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240523	05:30:00	06:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240523	06:00:00	06:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240523	06:30:00	07:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.
20240523	07:00:00	07:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240523	07:30:00	08:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240523	08:00:00	08:30:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240523	08:30:00	09:00:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240523	09:00:00	09:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240523	09:30:00	10:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.

20240523	10:00:00	10:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240523	10:45:00	11:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.
20240523	11:00:00	11:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240523	11:30:00	12:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240523	12:00:00	12:30:00	AUTOSPEED 2019, EP 5	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240523	12:30:00	13:00:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240523	13:00:00	13:30:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240523	13:30:00	14:00:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240523	14:00:00	14:30:00	CAPE EPIC 2019, EP 8	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240523	14:30:00	15:00:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.

20240523	15:00:00	15:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240523	15:30:00	16:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240523	16:00:00	16:30:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240523	16:30:00	17:00:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240523	17:00:00	17:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240523	17:30:00	18:00:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240523	18:00:00	19:00:00	HANKOOK 24H SERIES 2022, EP 7	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240523	19:00:00	19:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240523	19:30:00	20:00:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240523	20:00:00	20:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240523	20:45:00	21:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240523	21:00:00	21:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240523	21:30:00	22:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240523	22:00:00	22:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240523	22:30:00	23:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240523	23:00:00	23:30:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240523	23:30:00	00:00:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240524	00:00:00	00:30:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240524	00:30:00	01:00:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240524	01:00:00	01:30:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240524	01:30:00	02:00:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240524	02:00:00	02:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240524	02:30:00	03:00:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240524	03:00:00	03:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240524	03:30:00	04:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240524	04:00:00	04:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240524	04:30:00	05:00:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!

20240524	05:00:00	05:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240524	05:45:00	06:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240524	06:00:00	06:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240524	06:30:00	07:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240524	07:00:00	07:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240524	07:45:00	08:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240524	08:00:00	08:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240524	08:30:00	09:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240524	09:00:00	09:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!

20240524	09:30:00	10:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240524	10:00:00	10:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240524	10:30:00	11:00:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240524	11:00:00	11:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240524	11:45:00	12:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240524	12:00:00	12:30:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240524	12:30:00	13:00:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240524	13:00:00	13:30:00	SAILING TO TOKYO 2019/2020 EP 3	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240524	13:30:00	14:00:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240524	14:00:00	14:30:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240524	14:30:00	15:00:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240524	15:00:00	15:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240524	15:30:00	16:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.
20240524	16:00:00	16:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240524	16:30:00	17:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240524	17:00:00	17:30:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240524	17:30:00	18:00:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240524	18:00:00	18:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240524	18:30:00	19:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240524	19:00:00	19:30:00	INSIDE SAILING 2018, EP 8	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240524	19:30:00	20:00:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240524	20:00:00	20:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240524	20:30:00	21:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240524	21:00:00	21:30:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240524	21:30:00	22:00:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240524	22:00:00	22:30:00	SPEED CATAMARANS GC32 2021 EP 4	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240524	22:30:00	23:00:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240524	23:00:00	23:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.

20240524	23:30:00	00:00:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240525	00:00:00	01:00:00	HANKOOK 24H SERIES 2022, EP 7	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240525	01:00:00	01:30:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240525	01:30:00	02:00:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240525	02:00:00	02:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240525	02:30:00	03:00:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240525	03:00:00	03:30:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240525	03:30:00	04:00:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240525	04:00:00	04:30:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240525	04:30:00	05:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240525	05:00:00	05:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240525	05:30:00	06:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
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20240525	08:00:00	08:30:00	KITE MASTERS 2019/2020 EP 3	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.

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20240525	10:30:00	11:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240525	11:00:00	11:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240525	11:30:00	12:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240525	12:00:00	13:00:00	HANKOOK 24H SERIES 2022, EP 7	The 24H Series is a sports car racing and touring car racing series developed by Creventic and with approval from the Fédération Internationale de l'Automobile (FIA). It features GT3-spec cars, GT4-spec cars, sports cars, touring cars and 24H-Specials, like silhouette cars. The calendar consists only of 24-hour and 12-hour races. 2015 was the first season with drivers battling for championship points and titles. It also marked the first season with official FIA International Series' status.
20240525	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!

20240525	13:30:00	14:00:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240525	14:00:00	14:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240525	14:45:00	15:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240525	15:00:00	15:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240525	15:30:00	16:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240525	16:00:00	16:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240525	16:45:00	17:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240525	17:00:00	17:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240525	17:30:00	18:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240525	18:00:00	18:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240525	18:30:00	19:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.

20240525	19:00:00	19:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240525	19:30:00	20:00:00	SAILING TO TOKYO 2019/2020 EP 5	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240525	20:00:00	20:30:00	SPORTS ADVENTURE	Some of the world's wildest and most spectacular locations are the venues for the featured events in Sports Adventure. Mountains, deserts, oceans; these are the settings for sports which have broken free from the constraints of the stadium or hall, those pursuits which experts have chosen to push their absolute limits, those sports which demand the type of challenge only nature can supply. This programme heads out with the bold and brave, capturing action from the edge, no matter how tough the conditions.
20240525	20:30:00	21:00:00	SPEED CATAMARANS GC32 2019 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240525	21:00:00	21:30:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240525	21:30:00	22:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240525	22:00:00	22:30:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240525	22:30:00	23:00:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240525	23:00:00	23:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240525	23:30:00	00:00:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240526	00:00:00	00:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240526	00:30:00	01:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240526	01:00:00	01:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240526	01:30:00	02:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240526	02:00:00	02:30:00	WILD SPIRITS H2O, EP 4	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240526	02:30:00	03:00:00	WILD SPIRITS H2O, EP 5	Offering the very best extreme water action, featuring highlights from the most extreme and wettest sporting events in the world, including surfing, wakeboarding, kite and wind surfing. Wild Spirits H2O features rider profiles, interviews, highlights, and all things water based!
20240526	03:00:00	03:30:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240526	03:30:00	04:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240526	04:00:00	04:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240526	04:30:00	05:00:00	SAILING TO TOKYO 2019/2020 EP 5	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240526	05:00:00	05:30:00	FREERIDE WORLD TOUR 2021, EP 2	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240526	05:30:00	06:00:00	FREERIDE WORLD TOUR 2021, EP 3	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240526	06:00:00	06:30:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240526	06:30:00	07:00:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240526	07:00:00	07:30:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240526	07:30:00	08:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240526	08:00:00	08:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240526	08:30:00	09:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240526	09:00:00	09:30:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240526	09:30:00	10:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.

20240526	10:00:00	10:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
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20240526	11:30:00	12:00:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240526	12:00:00	12:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240526	12:30:00	13:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240526	13:00:00	13:30:00	WILD SURF 2019, EP 07	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240526	13:30:00	14:00:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240526	14:00:00	14:30:00	BETTER THAN FOUR EP. 13	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240526	14:30:00	15:00:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240526	15:00:00	15:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240526	15:30:00	16:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240526	16:00:00	16:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240526	16:30:00	17:00:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240526	17:00:00	17:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240526	17:45:00	18:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240526	18:00:00	18:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.

20240526	18:30:00	19:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240526	19:00:00	19:30:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240526	19:30:00	20:00:00	SPEED CATAMARANS GC32 2019 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240526	20:00:00	20:30:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240526	20:30:00	21:00:00	KITE MASTERS 2019/2020 EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240526	21:00:00	21:30:00	RACING THE WORLD, EP 1	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240526	21:30:00	22:00:00	RACING THE WORLD, EP 2	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240526	22:00:00	22:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240526	22:30:00	23:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240526	23:00:00	23:30:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240526	23:30:00	00:00:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.

20240527	00:00:00	00:30:00	HISPANIA RALLY 2020	Hispania Rally took place in Guadix – Granada in 2020. It achieved to host more than 180 participants from more than 26 countries. What the Hispania Rally strong as well as unique is the hard to drive, Gorafe desert. This extraordinary location has led the Hispania Rally to be recognized as the only European rally that takes place in the sandy and hot desert.
20240527	00:30:00	01:00:00	4 DESERTS RACE	The Gobi March Mongolia by RacingThePlanet, the spectacular multistage ultra-distance series which takes place in some of the most spectacular locations on the planet. Namibia, The Atacama Desert in Chile, Antarctica, the Gobi Desert in Mongolia and New Zealand are just some of the places that the RacingThePlanet series visits. At each event there's an average of 250km of running over 6 consecutive days. It's a serious challenge for even the hardest of Gobi March Mongolia by RacingThePlanet warriors.
20240527	01:00:00	01:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240527	01:45:00	02:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240527	02:00:00	02:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240527	02:30:00	03:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240527	03:00:00	03:30:00	RACING THE WORLD, EP 1	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240527	03:30:00	04:00:00	RACING THE WORLD, EP 2	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240527	04:00:00	04:30:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240527	04:30:00	05:00:00	SPEED CATAMARANS GC32 2019 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240527	05:00:00	05:30:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240527	05:30:00	06:00:00	KITE MASTERS 2019/2020 EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240527	06:00:00	06:30:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240527	06:30:00	07:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240527	07:00:00	07:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240527	07:30:00	08:00:00	SAILING TO TOKYO 2019/2020 EP 5	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240527	08:00:00	08:30:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240527	08:30:00	09:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240527	09:00:00	09:30:00	RACING THE WORLD, EP 1	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240527	09:30:00	10:00:00	RACING THE WORLD, EP 2	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240527	10:00:00	10:30:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240527	10:30:00	11:00:00	SPEED CATAMARANS GC32 2019 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240527	11:00:00	11:30:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240527	11:30:00	12:00:00	KITE MASTERS 2019/2020 EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240527	12:00:00	12:30:00	PANAFRICA RALLY 2019	Panafrica Rally 2019 confirms its position as a tough preparation race for the Dakar. More than 100 participants, from every corner of the world and every continent, fight among the dunes of Merzouga and Ouzina, in one of the most challenging navigation conditions the event has seen thus far.
20240527	12:30:00	13:00:00	QATAR CROSS COUNTRY RALLY 2020	Manateq Qatar Cross-Country Rally signalled the opening round of the FIA World Cup for Cross-Country Rallies at the stunning, awe-inspiring state of Qatar. Organised by the Qatar Motor and Motorcycle Federation (QMMF), the event attracted 33 teams and competitors from 17 nations. 5 days of intense competition and 1,444.99 kilometres in the challenging Qatar desert, tested cars and drivers to their limits.
20240527	13:00:00	13:30:00	BOARD STORIES SURFING, EP 28	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240527	13:30:00	14:00:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240527	14:00:00	14:30:00	XTERRA 2018 EUROPEAN TOUR, EP 4	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240527	14:30:00	15:00:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240527	15:00:00	15:30:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240527	15:30:00	16:00:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240527	16:00:00	16:30:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240527	16:30:00	17:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240527	17:00:00	17:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240527	17:30:00	18:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240527	18:00:00	18:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240527	18:30:00	19:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240527	19:00:00	19:30:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240527	19:30:00	20:00:00	WILD SURF 2019, EP 09	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240527	20:00:00	20:30:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240527	20:30:00	21:00:00	BETTER THAN FOUR 2016, EP 1 - 17TH INTERNATIONAL ALPENTOUR TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240527	21:00:00	21:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240527	21:30:00	22:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240527	22:00:00	22:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240527	22:45:00	23:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240527	23:00:00	23:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240527	23:30:00	00:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240528	00:00:00	00:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.

20240528	00:30:00	01:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240528	01:00:00	01:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240528	01:30:00	02:00:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240528	02:00:00	02:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240528	02:45:00	03:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240528	03:00:00	03:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240528	03:30:00	04:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240528	04:00:00	04:30:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240528	04:30:00	05:00:00	WILD SURF 2019, EP 09	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.

20240528	05:00:00	05:30:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240528	05:30:00	06:00:00	BETTER THAN FOUR 2016, EP 1 - 17TH INTERNATIONAL ALPENTOUR TROPHY	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240528	06:00:00	06:30:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240528	06:30:00	07:00:00	GEARING UP 2019, EP 7	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240528	07:00:00	07:30:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240528	07:30:00	08:00:00	KITE MASTERS 2019/2020 EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240528	08:00:00	08:30:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.

20240528	08:30:00	09:00:00	SPEED CATAMARANS GC32 2019 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240528	09:00:00	09:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240528	09:30:00	10:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240528	10:00:00	10:30:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240528	10:30:00	11:00:00	WILD SURF 2019, EP 09	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240528	11:00:00	11:30:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240528	11:30:00	12:00:00	BETTER THAN FOUR 2016, EP 1 - 17TH INTERNATIONAL ALPENTOUR TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

20240528	12:00:00	12:30:00	RACEMAX MOTORSPORTS, EP 7	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240528	12:30:00	13:00:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240528	13:00:00	13:45:00	WORLD OF WATERSPORTS, EP 18	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240528	13:45:00	14:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240528	14:00:00	14:30:00	WORLD OF FREESPORTS 2019, EP 4	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240528	14:30:00	15:00:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240528	15:00:00	15:30:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240528	15:30:00	16:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240528	16:00:00	16:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240528	16:30:00	17:00:00	SAILING TO TOKYO 2019/2020 EP 5	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240528	17:00:00	17:30:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.

20240528	17:30:00	18:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240528	18:00:00	18:30:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240528	18:30:00	19:00:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240528	19:00:00	19:30:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240528	19:30:00	20:00:00	BOARD STORIES SURFING, EP 30	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240528	20:00:00	20:30:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240528	20:30:00	21:00:00	XTERRA ADVENTURES 2019/2020 EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240528	21:00:00	21:30:00	PANAFRICA RALLY 2019	Panafrica Rally 2019 confirms its position as a tough preparation race for the Dakar. More than 100 participants, from every corner of the world and every continent, fight among the dunes of Merzouga and Ouzina, in one of the most challenging navigation conditions the event has seen thus far.
20240528	21:30:00	22:00:00	QATAR CROSS COUNTRY RALLY 2020	Manateq Qatar Cross-Country Rally signalled the opening round of the FIA World Cup for Cross-Country Rallies at the stunning, awe-inspiring state of Qatar. Organised by the Qatar Motor and Motorcycle Federation (QMMF), the event attracted 33 teams and competitors from 17 nations. 5 days of intense competition and 1,444.99 kilometres in the challenging Qatar desert, tested cars and drivers to their limits.
20240528	22:00:00	22:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240528	22:30:00	23:00:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240528	23:00:00	23:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240528	23:45:00	00:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.

20240529	00:00:00	00:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240529	00:30:00	01:00:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240529	01:00:00	01:30:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240529	01:30:00	02:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240529	02:00:00	02:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240529	02:30:00	03:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240529	03:00:00	03:30:00	PANAFRICA RALLY 2019	Panafrica Rally 2019 confirms its position as a tough preparation race for the Dakar. More than 100 participants, from every corner of the world and every continent, fight among the dunes of Merzouga and Ouzina, in one of the most challenging navigation conditions the event has seen thus far.
20240529	03:30:00	04:00:00	QATAR CROSS COUNTRY RALLY 2020	Manateq Qatar Cross-Country Rally signalled the opening round of the FIA World Cup for Cross-Country Rallies at the stunning, awe-inspiring state of Qatar. Organised by the Qatar Motor and Motorcycle Federation (QMMF), the event attracted 33 teams and competitors from 17 nations. 5 days of intense competition and 1,444.99 kilometres in the challenging Qatar desert, tested cars and drivers to their limits.
20240529	04:00:00	04:30:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240529	04:30:00	05:00:00	BOARD STORIES SURFING, EP 30	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.

20240529	05:00:00	05:30:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240529	05:30:00	06:00:00	XTERRA ADVENTURES 2019/2020 EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240529	06:00:00	06:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
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20240529	07:00:00	07:30:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240529	07:30:00	08:00:00	WILD SURF 2019, EP 09	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240529	08:00:00	08:30:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.

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20240529	10:30:00	11:00:00	BOARD STORIES SURFING, EP 30	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
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20240529	11:30:00	12:00:00	XTERRA ADVENTURES 2019/2020 EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240529	12:00:00	12:30:00	GEARING UP 2019, EP 5	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
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20240529	13:00:00	13:30:00	BOAT SHOW 4K - S6, EP 9	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
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20240529	14:00:00	14:45:00	SPORTS MAX, EP 33	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.

20240529	14:45:00	15:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240529	15:00:00	15:30:00	RACING THE WORLD, EP 1	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240529	15:30:00	16:00:00	RACING THE WORLD, EP 2	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240529	16:00:00	16:30:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240529	16:30:00	17:00:00	SPEED CATAMARANS GC32 2019 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240529	17:00:00	17:30:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240529	17:30:00	18:00:00	KITE MASTERS 2019/2020 EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240529	18:00:00	18:30:00	GP RACING 2022, EP 33	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240529	18:30:00	19:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240529	19:00:00	19:45:00	WORLD OF WATERSPORTS, EP 19	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.

20240529	19:45:00	20:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240529	20:00:00	20:30:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240529	20:30:00	21:00:00	WORLD OF FREESPORTS 2019, EP 6	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240529	21:00:00	21:30:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240529	21:30:00	22:00:00	RACEMAX MOTORSPORTS, EP 9	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240529	22:00:00	22:30:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240529	22:30:00	23:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240529	23:00:00	23:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240529	23:30:00	00:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240530	00:00:00	00:30:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.

20240530	00:30:00	01:00:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240530	01:00:00	01:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240530	01:30:00	02:00:00	SAILING TO TOKYO 2019/2020 EP 5	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240530	02:00:00	02:30:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240530	02:30:00	03:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240530	03:00:00	03:30:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240530	03:30:00	04:00:00	RACEMAX MOTORSPORTS, EP 9	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240530	04:00:00	04:45:00	WORLD OF WATERSPORTS, EP 19	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240530	04:45:00	05:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240530	05:00:00	05:30:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240530	05:30:00	06:00:00	WORLD OF FREESPORTS 2019, EP 6	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240530	06:00:00	06:30:00	PANAFRICA RALLY 2019	Panafrica Rally 2019 confirms its position as a tough preparation race for the Dakar. More than 100 participants, from every corner of the world and every continent, fight among the dunes of Merzouga and Ouzina, in one of the most challenging navigation conditions the event has seen thus far.

20240530	06:30:00	07:00:00	QATAR CROSS COUNTRY RALLY 2020	Manateq Qatar Cross-Country Rally signalled the opening round of the FIA World Cup for Cross-Country Rallies at the stunning, awe-inspiring state of Qatar. Organised by the Qatar Motor and Motorcycle Federation (QMMF), the event attracted 33 teams and competitors from 17 nations. 5 days of intense competition and 1,444.99 kilometres in the challenging Qatar desert, tested cars and drivers to their limits.
20240530	07:00:00	07:30:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240530	07:30:00	08:00:00	BOARD STORIES SURFING, EP 30	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240530	08:00:00	08:30:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240530	08:30:00	09:00:00	XTERRA ADVENTURES 2019/2020 EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240530	09:00:00	09:30:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240530	09:30:00	10:00:00	RACEMAX MOTORSPORTS, EP 9	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240530	10:00:00	10:45:00	WORLD OF WATERSPORTS, EP 19	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240530	10:45:00	11:00:00	ANDALUCIA BIKE RACE 2019	The Andalucia Bike Race is Spain's premier mountain bike race, and one of the most outstanding in the world as recognized by the Union Cycliste Internationale (UCI). Incorporating six stages over six days, the race weaves its way up and down the Andalucia mountains at a blistering pace, routing through spectacular trails and sensational views. Elite and masters race categories offer individual and team leader board standings, with daily stage prizes, overall medals and prize money for the elite UCI riders. The pace of the competition never slows across the six stages, kicking off with the stage 1 time trial; a short, fast and intense 'flash stage', featuring single tracks mixed with overtaking sections. Five days, 32 kilometres and over 6,590 meters of ascent later, the 57.8km 'finisher' stage 6 is the final test, as riders climb over 1,396 meters up the mythical Reventón and pass through Trasierra, before descending and finishing along Santo Domingo's unforgettable single-track trail. Riders choose their risks to secure an advantage, all the time fully conscious that one mistake navigating the rocky trails means their race is over. Winning this 9th edition of the Andalucia Bike Race, were Spain's David Valero in the men's
20240530	11:00:00	11:30:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240530	11:30:00	12:00:00	WORLD OF FREESPORTS 2019, EP 6	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240530	12:00:00	12:30:00	AUTOSPEED 2019, EP 6	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.

20240530	12:30:00	13:00:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240530	13:00:00	13:30:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240530	13:30:00	14:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240530	14:00:00	14:30:00	CAPE EPIC 2019, EP 9	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240530	14:30:00	15:00:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240530	15:00:00	15:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240530	15:30:00	16:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!

20240530	16:00:00	16:30:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240530	16:30:00	17:00:00	WILD SURF 2019, EP 09	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240530	17:00:00	17:30:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240530	17:30:00	18:00:00	BETTER THAN FOUR 2016, EP 1 - 17TH INTERNATIONAL ALPENTOUR TROPHY	Initially a bi-weekly (26x26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240530	18:00:00	18:30:00	RACING THE WORLD, EP 1	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240530	18:30:00	19:00:00	RACING THE WORLD, EP 2	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240530	19:00:00	19:30:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240530	19:30:00	20:00:00	BOAT SHOW 4K - S6, EP 11	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240530	20:00:00	20:45:00	SPORTS MAX, EP 34	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240530	20:45:00	21:00:00	SALOMON GORE - TEX MAXI RACE	More than just a trail-race the Maxi Race takes runners on an 85km journey around the unique landscape of Lake Annecy, France. Athletes choose the Ultra, Vertical-Race or Marathon, pushing themselves to develop mountain skills and face their own personal challenges. The Salomon Gore-Tex Maxi Race is one of the best and most demanding trail running events, staged in the stunning lake and mountain scenery of the Haute Savoie.

20240530	21:00:00	21:30:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240530	21:30:00	22:00:00	GEARING UP 2019, EP 7	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240530	22:00:00	22:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240530	22:30:00	23:00:00	SAILING TO TOKYO 2019/2020 EP 5	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240530	23:00:00	23:30:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240530	23:30:00	00:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240531	00:00:00	00:30:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240531	00:30:00	01:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240531	01:00:00	01:30:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
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20240531	02:00:00	02:30:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.

20240531	02:30:00	03:00:00	KITE MASTERS 2019/2020 EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240531	03:00:00	03:30:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240531	03:30:00	04:00:00	GEARING UP 2019, EP 7	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240531	04:00:00	04:30:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240531	04:30:00	05:00:00	BOAT SHOW 4K - S6, EP 11	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240531	05:00:00	05:45:00	SPORTS MAX, EP 34	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240531	05:45:00	06:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240531	06:00:00	06:30:00	RACEMAX MOTORSPORTS, EP 8	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240531	06:30:00	07:00:00	RACEMAX MOTORSPORTS, EP 9	RaceMAX Motorsports is a weekly series showcasing the very best in motorsports from Formula 1 and Indy Car, to the world's most prestigious events in international sports car racing, motocross, rally racing, karting, drag racing, supercross and even airplane racing.
20240531	07:00:00	07:45:00	WORLD OF WATERSPORTS, EP 19	World of Watersports ("WOW") is a fast paced one-hour magazine-style series highlighting water-related power, sail and surf action from around the globe.
20240531	07:45:00	08:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.

20240531	08:00:00	08:30:00	WORLD OF FREESPORTS 2019, EP 5	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240531	08:30:00	09:00:00	WORLD OF FREESPORTS 2019, EP 6	The World of Freesports features the finest outdoor and extreme sports action this planet knows! From freeriding in the best powder faces and climbing to the highest peaks to the hot spots of surfing and mountain bike adventures, freesports can be found anywhere. Join us and be free!
20240531	09:00:00	09:30:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240531	09:30:00	10:00:00	GEARING UP 2019, EP 7	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!
20240531	10:00:00	10:30:00	BOAT SHOW 4K - S6, EP 10	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240531	10:30:00	11:00:00	BOAT SHOW 4K - S6, EP 11	The Boat Show takes you on board the most beautiful boats in the world, from inflatable boats to superyachts, both sailing and motor boats. Maximum speed, fuel consumption, habitability, technical details, but also tips for choosing the boat of your dreams. Jump on board the boat of your dreams with The Boat Show!
20240531	11:00:00	11:45:00	SPORTS MAX, EP 34	Sports Max highlights the latest extreme and alternative sports from around the globe, including mountain biking, surfing, snowboarding, kiteboarding, skateboarding, rock climbing, kayaking, skydiving, freeskiing, freestyle motocross, BMX, extreme big mountain skiing & snowboarding, parkour and many more.
20240531	11:45:00	12:00:00	PARAGLIDING WORLD CUP	The Paragliding World Cup Superfinal was staged in Roldanillo, Colombia with ten days of high level competition flying in one of the best paragliding venues in the world. One-hundred and twenty-two pilots competed, including 18 previous overall World Cup winners and 12 Women World Cup winners, ranking it as one of the toughest line-ups ever to face each other. Suspended in the air, this adventure sport features cross-country racing, with pilots needing to be an expert in understanding the impact of terrain on weather conditions.
20240531	12:00:00	12:30:00	GP RACING 2022, EP 34	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240531	12:30:00	13:00:00	GP RACING 2022, EP 35	The show delves into the world of F1 technology where teams try to gain split second advantages over their rivals with cutting-edge engineering. GP Racing covers the colorful global spectacle that is the F1 World Championship.
20240531	13:00:00	13:30:00	SAILING TO TOKYO 2019/2020 EP 4	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.
20240531	13:30:00	14:00:00	SAILING TO TOKYO 2019/2020 EP 5	This monthly magazine is dedicated to the story of Olympic Sailing, as the world's stars names and best rookies strive to compete on the world's greatest sports stage and claim their medals at the Olympic Games. To be a champion you need power, strength, skill, mental toughness, supreme fitness and strategy. Broadcast by over 20 broadcasters in more than 95 countries, Sailing to Tokyo follows the long journey and defining moments in athletes' careers as they aspire to make Olympic history.

20240531	14:00:00	14:30:00	FREERIDE WORLD TOUR 2021, EP 4	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240531	14:30:00	15:00:00	FREERIDE WORLD TOUR 2021, EP 1	The Freeride World Tour is back in 2021 with stacked ski and snowboard fields set to thrill fans at three stops in Andorra, Austria and Switzerland.
20240531	15:00:00	15:30:00	PANAFRICA RALLY 2019	Panafrica Rally 2019 confirms its position as a tough preparation race for the Dakar. More than 100 participants, from every corner of the world and every continent, fight among the dunes of Merzouga and Ouzina, in one of the most challenging navigation conditions the event has seen thus far.
20240531	15:30:00	16:00:00	QATAR CROSS COUNTRY RALLY 2020	Manateq Qatar Cross-Country Rally signalled the opening round of the FIA World Cup for Cross-Country Rallies at the stunning, awe-inspiring state of Qatar. Organised by the Qatar Motor and Motorcycle Federation (QMMF), the event attracted 33 teams and competitors from 17 nations. 5 days of intense competition and 1,444.99 kilometres in the challenging Qatar desert, tested cars and drivers to their limits.
20240531	16:00:00	16:30:00	BOARD STORIES SURFING, EP 29	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240531	16:30:00	17:00:00	BOARD STORIES SURFING, EP 30	This series contains everything you need to know about surfing and surf culture. Board Stories delivers a blend of stunning imagery and family-friendly entertainment to captivate a diverse international audience.
20240531	17:00:00	17:30:00	XTERRA ADVENTURES 2019/2020 EP 1	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240531	17:30:00	18:00:00	XTERRA ADVENTURES 2019/2020 EP 2	XTERRA is the world's premier off-road multisport event. An extreme competition, the XTERRA format combines swimming with mountain biking and trail running. It has been described as one part triathlon, one part mountain bike race, and one part "survival of the fittest". The typical distances are a 1.5k swim, 30k mountain bike, and 10k trail run.
20240531	18:00:00	18:30:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240531	18:30:00	19:00:00	SHIFTING GEARS	From the racetrack to the suburban street, Shifting Gears delivers the most up-to-date news on cutting edge research, development and design. In Shifting Gears, we delve beneath the skin of some of the most advanced machines on the planet – we visit international motor shows for the newest releases and concept vehicles; uncover new advances in technology developed both in the laboratory and on the race track; keep up to date in the race for alternative fuels, improved safety, satellite navigation, in-car entertainment and multi-media connectivity; and look ahead to the designs and trends of the future. From luxury dream machines and fantasy prototypes to the globally marketed mainstays, our access to the world's leading race teams and automotive manufacturers ensure we have every corner covered. Enjoy the ride, as the future unfolds and we keep on shifting gears!
20240531	19:00:00	19:30:00	INSIDE SAILING 2018, EP 9	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.

20240531	19:30:00	20:00:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240531	20:00:00	20:30:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240531	20:30:00	21:00:00	CAPE EPIC 2022, EP 1	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240531	21:00:00	21:30:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240531	21:30:00	22:00:00	AUTOSPEED 2019, EP 8	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240531	22:00:00	22:30:00	SPEED CATAMARANS GC32 2021 EP 5	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240531	22:30:00	23:00:00	SPEED CATAMARANS GC32 2019 EP 1	After making their debut in indomitable style in 2014, the unique flying catamarans literally "took off" on their first European Circuit in 2015. Building on the success of the America's Cup foiling catamarans, the GC32 takes the thrill of foiling to an extraordinary performance level in a fiercely fought five stage circuit raced across five iconic venues in Italy, Spain and France.
20240531	23:00:00	23:30:00	KITE MASTERS 2019/2020 EP 4	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.

20240531	23:30:00	00:00:00	KITE MASTERS 2019/2020 EP 5	Kite Masters is a series showcasing the latest news from the inspirational world of kite boarding – the action packed sport which continues to take the world by storm. Whether you are a kiteboarder – competitor or recreational, kiteboarding fan, interested observer or have ever wanted to give kiteboarding a go, then you are guaranteed to enjoy the Kite Masters series. There are a myriad of different disciplines in kiteboarding – racing to freestyle – for weekend warriors and the professional riders. Kite Masters checks in on them all and brings you the best round up of action from around the world.
20240601	00:00:00	00:30:00	RACING THE WORLD, EP 1	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240601	00:30:00	01:00:00	RACING THE WORLD, EP 2	Welcome to Racing the World, the TV series that takes you to the most unique and magnificent places on our planet. In Racing the World, we love travelling, and like modern explorers we are trying to discover some of the hidden beauties of our Mother Earth, doing so through the eyes of an athlete.
20240601	01:00:00	01:30:00	WILD SURF 2019, EP 08	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240601	01:30:00	02:00:00	WILD SURF 2019, EP 09	Wild Surf is a new lifestyle show which covers the biggest surfing events around the world but also gets to know the individuals and brands who make surfing their life, who inspire a younger generation and who have made surfing one of the most iconic sports on the planet in terms of lifestyle, art, fashion, music, film making and culture.
20240601	02:00:00	02:30:00	BETTER THAN FOUR 2016, EP 2 - CROCODILE TROPHY	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240601	02:30:00	03:00:00	BETTER THAN FOUR 2016, EP 1 - 17TH INTERNATIONAL ALPENTOUR TROPHY	Initially a bi-weekly (26×26') sports series with a difference, 'Better Than Four' brings viewers all the action from all things two-wheeled. As well as profiling past, present and future heroes of cycling, 'Better Than Four' includes news features and highlights from the very latest events. Each episode is also packed with tips and tricks to try at home, as well as reviews of the latest kit, equipment and cycling films. Changing gears from traditional cycling coverage, 'Better Than Four' takes viewers to new, exotic locations, from the volcano bike-ride in Bali to jungle biking around the Mayan temples of South America. Each episode will include up to 3 segments covering cycling and biking events from all over the world. With amazing footage and commentary from experienced cyclists, daredevil skills and awe-inspiring camerawork, this groundbreaking show is a must for cycling enthusiasts and novices alike.
20240601	03:00:00	03:30:00	AUTOSPEED 2019, EP 7	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.
20240601	03:30:00	04:00:00	AUTOSPEED 2019, EP 8	AutoSpeed is all action, all style and all the news. Weekly Grand Prix update, race previews and feature stories. Action from the world of international racing and rallying. New car releases from the world's prestige motor shows and the future of motoring are all covered.

20240601	04:00:00	04:30:00	INSIDE SAILING 2018, EP 10	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240601	04:30:00	05:00:00	INSIDE SAILING 2018, EP 11	Inside Sailing contains highlights from top sailing and yachting events around the world. It is a documentary show which educates the audience about the secrets of sailing, presents several exciting sea-side locations and offers a flavor of yachting lifestyle.
20240601	05:00:00	05:30:00	CAPE EPIC 2019, EP 10	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240601	05:30:00	06:00:00	CAPE EPIC 2022, EP 1	The Absa Cape Epic is the world's premier mountain bike stage race. The route changes every year, leading aspiring amateur and professional mountain bikers from around the world through roughly 700km of unspoilt scenery and 15 000m of accumulated climbing, over some of the most magnificent mountain passes in Western Cape in South Africa. The Absa Cape Epic is the most televised mountain bike stage race in the world and the only eight-day mountain bike stage race classed as hors catégorie by the Union Cycliste Internationale (UCI). This official UCI status makes it a highlight on the professional racer's calendar. The Absa Cape Epic also attracts aspiring amateur riders wanting to test themselves against the best. It is a full-service race, meaning that everything is taken care of from the start - all riders need to think about is riding.
20240601	06:00:00	06:30:00	GEARING UP 2019, EP 6	Welcome to GEARING UP, the TV Series that takes you around the globe following the hottest action from some of the world's most unique competitions. High skill, passion for technology, impatience for innovation, and pure love for adrenaline, are combined at their best. So, start your engines, tighten your seat belts, and get ready to feel the G-forces with some serious action!