



## Travel Channel EMEA

CET/CEST

## Wednesday 1 May 2024

### 06.00 Building Alaska (Series 4): *Plan B* (Episode 5)

Creig's build struggles with the emotional scars of the bear mauling. Plus, Tom's surprise from the sky shifts the build into a new gear. [AL]

### 07.00 Ice Cold Gold (Series 1): *Redemption Ridge* (Episode 6)

With only 10 days left in Greenland, the team has one last chance. But with only four spots on the helicopter who gives them the best chances of striking it rich? [AL]

### 08.00 Treasure Quest (Series 1): *Lusitania Revealed* (Episode 7)

How did the sinking of the RMS Lusitania change the course of the First World War; and will the Odyssey crew manage to find the wreckage of this great ship? [AL]

### 09.00 Expedition Bigfoot (Series 2): *Creepy Hollows* (Episode 3)

Deep in Kentucky, Mireya and Ronny encounter unidentified creatures responding to the recording of a Bigfoot howl. The investigation uncovers a strange footprint. [AL]

### 10.00 Mysteries At The Museum (Series 8): *Operation Migration And More* (Episode 2)

Don examines a bizarre-looking costume that tells of an epic struggle to save a species from extinction. And, he inspects a colourful board game. [9-A]

### 11.00 Expedition Unknown (Series 6): *Mystery Of Dead Mountain* (Episode 1)

In Siberia, Josh Gates investigates the strange and brutal cold case of the Dyatlov Pass Incident, where nine Soviet hikers died suspiciously in 1959. [9-A]

### 12.00 Kindred Spirits (Series 5): *False Witness* (Episode 3)

In 1673, Rebecca Cornell was found dead in her home. Amy, Adam and Chip attempt to conjure the spirits who played a part in this centuries-old crime. [9-A]

### 13.00 Building Alaska (Series 4): *Independence Day* (Episode 6)

Rich and his team race to stay ahead of the helicopter drops. And, an eight-point earthquake leaves Creig's build on shaky ground. [AL]

### 14.00 Ice Cold Gold (Series 2): *Ruby Fever* (Episode 1)

All winter long, the miner's dream of the rubies discovered atop an almost impossible-to-reach ridge just as winter's window closes in on them. [AL]

### 15.00 Treasure Quest (Series 1): *Return to the Legend* (Episode 8)

The Odyssey crew finds an exceptional shipwreck that they believe unravels a 250-year-old mystery that has baffled historians. But are they right? [AL]

### 16.00 Expedition Bigfoot (Series 2): *Hand Of The Beast* (Episode 4)

The expedition takes an intriguing turn when Bryce comes across a photo of a human-like hand with claws. Ronny and Mireya use new tech to help narrow the search. [AL]

### 17.00 Mysteries At The Museum (Series 8): *Fallen Robins And Romeo Spies* (Episode 3)

Don Wildman investigates a baffling plague in Michigan, a spy camera used by dashing secret agents, and the rise of poker in Las Vegas. [9-A]

### 18.00 Expedition Unknown (Series 6): *The Search For Florida's Lost Pirate* (Episode 2)

Josh heads to Florida chasing the long-lost treasure of pirate Jose Gaspar. He joins marine archaeologists and treasure hunters in the search. [9-A]

### 19.00 Kindred Spirits (Series 5): *Dead Stop* (Episode 4)

Amy, Adam and Chip are in Gettysburg to investigate the Cashtown Inn. The owner is baffled by this historic building's recent surge in paranormal activity. [9-A]

### 20.00 Paranormal Declassified (Series 1): *Tracking Bigfoot* (Episode 5)

Paul treks deep into the woods of the Midwest in search of Bigfoot. He cuts through hoaxes and misinformation to uncover ground-breaking evidence. [9-A]

**21.00 The Dead Files (Series 5): *Guardians Of The Dead* (Episode 1)**

Medium Amy Allen and retired detective Steve DiSchiavi explore a deadly legend and claims of paranormal activity at a tropical resort in Montego Bay, Jamaica. [12-AT]

**22.00 Ghost Adventures (Series 2): *Remington Arms* (Episode 10)**

Paranormal investigator Zak Bagans and his team are at the Old Remington Arms factory in Connecticut. Will they uncover a spooky spirit? [12-AT]

**23.00 Mountain Monsters (Series 5): *The Great Skull Wall* (Episode 4)**

The team continues to be guided by Trapper's Journal as they head out to do a field investigation. What will they uncover on their expedition? [12-AT]

**00.00 The Osbournes Want To Believe (Series 2): *Zombie Stomp* (Episode 17)**

The Osbournes get weird with footage of an alleged zombie and the elusive Ohio Grassman. Plus, Jack turns up the volume on the HUM conspiracy theory. [9-AT]

**01.00 Destination Fear (Series 2): *Old Hospital On College Hill* (Episode 14)**

Dakota takes the team to a deserted hospital in West Virginia. The property is known for brutal deaths, grisly amputations and blood-stained grounds. [16-AT]

**02.00 Ghost Brothers (Series 1): *The Allen House* (Episode 4)**

The guys investigate the Allen House, which has claims of apparitions connected to a jilted woman's death that took place in the house in 1949. [12-A]

**03.00 Ghost Brothers (Series 1): *The Delta Queen* (Episode 5)**

A historic riverboat is setting off paranormal activity. The Ghost Brothers' mission is to find out what spirit is behind the frightening phenomena. [12-A]

**04.00 Mountain Monsters (Series 5): *The Great Skull Wall* (Episode 4)**

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**05.00 Kindred Spirits (Series 5): *Dead Stop* (Episode 4)**

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2 May 2024**

**06.00 Building Alaska (Series 4): *Independence Day* (Episode 6)**

Rich and his team race to stay ahead of the helicopter drops. And, an eight-point earthquake leaves Creig's build on shaky ground. [AL]

**07.00 Ice Cold Gold (Series 2): *Ruby Fever* (Episode 1)**

All winter long, the miner's dream of the rubies discovered atop an almost impossible-to-reach ridge just as winter's window closes in on them. [AL]

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Creig's carpenter Jim pays the ultimate price for building alone in remote Alaska. Plus, Rich's crew performs a balancing act to get out of the mud. [AL]

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The American miners have their sights set on what team geologist Eric Drummond believes could be the largest ruby deposit in the Arctic. [AL]

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In the Channel, the Odyssey crew finds a notorious U103 submarine, and the sunken convoy ship *Cyrus H McCormack*. Can a WWII vet tell them more about the wrecks? [AL]

**16.00 Expedition Bigfoot (Series 2): *Time's Running Out* (Episode 5)**  
With just three days left in the Kentucky expedition, the team investigates a strange tree structure that could be key to proving the existence of Bigfoot. [AL]

**17.00 Mysteries At The Museum (Series 8): *Fordlandia* (Episode 6)**  
Don Wildman examines an odd glass medical device invented by an aviator. And, he discovers a set of tools used in a failed auto business in Michigan. [9-A]

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After a potential new breakthrough, Josh returns to Guatemala, searching for a snake king tomb. Using new technology, he hopes to find the tomb's location. [9-A]

**19.00 Kindred Spirits (Series 5): *Devil In Salem* (Episode 5)**  
Amy, Adam and Chip return to the home of John Proctor, one of the victims of the infamous Salem witch trials. What paranormal activity will they uncover this time? [6-GA]

**20.00 Paranormal Declassified (Series 1): *Gateway To Hell* (Episode 6)**  
Paul investigates a surge in demonic activity in America that is overwhelming the Catholic Church. He follows leads from Gary, Indiana, to Mineral Wells, Texas. [9-A]

**21.00 Mysteries At The Museum (Series 22): *Resurrection Mary And More* (Episode 8)**  
Don investigates a horrifying nightclub fire which claimed the lives of almost 500 people. Plus, a massive drugs bust at an undercover wedding. [9-A]

**22.00 Mysteries At The Museum (Series 22): *Heartbreak Haunt And More* (Episode 10)**  
Don Wildman examines a deadly explosion, a heartbroken ghost and a legendary man with an audacious plan to fight forest fires. [12-A]

**23.00 Mountain Monsters (Series 5): *What's A Smoke Wolf?* (Episode 5)**  
The team continues their investigation in the Tygart Valley and soon are on the hunt for the source of a mysterious "rattling chain" noise. [12-AT]

**00.00 Most Terrifying Places (Series 1): *Death Car* (Episode 2)**  
The Calumet Theatre in Michigan is an opera house, where 70 people lost their lives, after someone claimed there was a fire in 1913. Could the Hall be haunted? [16-AT]

**01.00 The Dead Files (Series 9): *Lullaby For The Dead* (Episode 5)**  
Steve and Amy investigate claims of vengeful spirits tormenting a family in Briceville, TN. On her late-night walk, Amy finds a spirit with a hatred for kids. [12-AT]

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**Friday  
3 May 2024**

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The American miners have their sights set on what team geologist Eric Drummond believes could be the largest ruby deposit in the Arctic. [AL]

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Rich's build is down to two workers, which will make it difficult to reach their target. Plus, Creig's build is fraught with costly miscalculations. [AL]

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The miners embark for the Red Zone and dive into the rich ruby deposit they discovered last year. But the mercurial weather opposes the miners' every move. [AL]

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The Odyssey made headlines when they located the HMS *Victory*, but now they must find treasure to fund more explorations. Does a strange container hold the answer? [AL]

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It's the final days of the Kentucky expedition and the team explores a cave that could be Bigfoot's underground lair. Could it be their most important discovery yet? [AL]

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Don Wildman examines a precious metal that reportedly cured alcoholism. Plus, he discovers how Reno was once a destination for disgruntled spouses. [9-A]



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Josh has a fresh lead on a shipwreck from 1715 with a potentially massive treasure haul. He launches an expedition into Florida's Atlantic coast. [AL]

**19.00 Kindred Spirits (Series 5): *Zombie Boy* (Episode 6)**

Amy, Adam and Chip investigate claims of threatening paranormal activity at a historic estate in Massachusetts. The team are shocked by what they discover. [AL]

**20.00 Paranormal Declassified (Series 1): *Superhuman Soldiers* (Episode 7)**

Rumours of a secret US military program to develop super soldiers with psychic powers exploded in the 1970s. Paul sets out to expose the truth. [9-A]

**21.00 Destination Fear (Series 3): *Indiana State Sanatorium* (Episode 14)**

Alex breaks all the rules with his pick. He challenges the team to enter the Indiana State Sanatorium with no information about this terrifying location. [12-AT]

**22.00 Destination Fear (Series 3): *Loftus Hall* (Episode 15)**

The team travel to a cursed 14th-century mansion on the rugged and stormy coast of Ireland. They're prepared to encounter poltergeists and ghostly nuns. [12-AT]

**23.00 Mountain Monsters (Series 5): *The Coyote Killing Massacre* (Episode 6)**

The team pursues the Smoke Wolves. They soon realise they are treading on dangerous ground when they stumble across a pack of dead coyotes. [12-AT]

**00.00 The Dead Files (Series 5): *Guardians Of The Dead* (Episode 1)**

Medium Amy Allen and retired detective Steve DiSchiavi explore a deadly legend and claims of paranormal activity at a tropical resort in Montego Bay, Jamaica. [12-AT]

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Paranormal investigator Zak Bagans and his team are at the Old Remington Arms factory in Connecticut. Will they uncover a spooky spirit? [12-AT]

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Amy, Adam and Chip investigate claims of threatening paranormal activity at a historic estate in Massachusetts. The team are shocked by what they discover. [AL]

## Saturday 4 May 2024

**06.00 Ice Cold Gold (Series 1): *Discord, Deer and Discovery* (Episode 5)**

After having been hit by a huge storm, the miners must band together to fix the damage to their camp. But with spirits low can they resolve the issue? [AL]

**07.00 Ice Cold Gold (Series 1): *Redemption Ridge* (Episode 6)**

With only 10 days left in Greenland, the team has one last chance. But with only four spots on the helicopter who gives them the best chances of striking it rich? [AL]

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All winter long, the miner's dream of the rubies discovered atop an almost impossible-to-reach ridge just as winter's window closes in on them. [AL]

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*The Belly of the Red Beast*  
(Episode 2)**

The American miners have their sights set on what team geologist Eric Drummond believes could be the largest ruby deposit in the Arctic. [AL]

**10.00 Ice Cold Gold (Series 2):  
*In the Red* (Episode 3)**

The miners embark for the Red Zone and dive into the rich ruby deposit they discovered last year. But the mercurial weather opposes the miners' every move. [AL]

**11.00 Mysteries At The  
Museum (Series 8): *Dolley  
Madison And More* (Episode 1)**

Don uncovers the heroics of a First Lady who fought to preserve America's treasures. And, he inspects a football linked to a World War One game of peace. [9-A]

**12.00 Mysteries At The  
Museum (Series 8): *Operation  
Migration And More* (Episode 2)**

Don examines a bizarre-looking costume that tells of an epic struggle to save a species from extinction. And, he inspects a colourful board game. [9-A]

**13.00 Mysteries At The  
Museum (Series 8): *Fallen  
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Don Wildman investigates a baffling plague in Michigan, a spy camera used by dashing secret agents, and the rise of poker in Las Vegas. [9-A]

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**15.00 Mysteries At The  
Museum (Series 8): *Alcoholic  
Antidote* (Episode 7)**

Don Wildman examines a precious metal that reportedly cured alcoholism. Plus, he discovers how Reno was once a destination for disgruntled spouses. [9-A]

**16.00 Building Alaska (Series  
4): *Bear Attack* (Episode 4)**

Creig's camp is stunned after a bear attack, high winds wreak havoc and cause delays at Tom's build and Rich goes underwater to save his dock. [AL]

**17.00 Building Alaska (Series  
4): *Plan B* (Episode 5)**

Creig's build struggles with the emotional scars of the bear mauling. Plus, Tom's surprise from the sky shifts the build into a new gear. [AL]

**18.00 Building Alaska (Series  
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Rich and his team race to stay ahead of the helicopter drops. And, an eight-point earthquake leaves Creig's build on shaky ground. [AL]

**19.00 Building Alaska (Series  
4): *Don't Try This At Home*  
(Episode 7)**

Creig's carpenter Jim pays the ultimate price for building alone in remote Alaska. Plus, Rich's crew performs a balancing act to get out of the mud. [AL]

**20.00 Building Alaska (Series  
4): *Rock Around The Build*  
(Episode 3)**

Rich's island build is between a rock and a hard place. Tom gets a lesson in logging and Creig feels the sting of remote building and shoddy materials. [AL]

**21.00 Portals To Hell (Series  
2): *The Stephenson Building*  
(Episode 14)**

Jack and Heather Taddy are in Nebraska to investigate a museum full of cursed artefacts. The building is rumoured to be haunted by demonic forces. [12-AT]

**22.00 Haunted Towns (Series  
1): *Bisbee, AZ* (Episode 4)**

The team head to Bisbee, Arizona to investigate the one-time mining town's rough past. And, they head underground for the first time in their paranormal careers. [16-AT]

**23.00 Destination Fear (Series  
1): *Fairfield County Infirmary*  
(Episode 6)**

The team's terrifying road trip takes them to a house of horrors in Lancaster, Ohio. Dakota tasks each member to explore the property alone. [12-AT]

**00.00 Mysteries At The Museum (Series 22): Resurrection Mary And More (Episode 8)**

Don investigates a horrifying nightclub fire which claimed the lives of almost 500 people. Plus, a massive drugs bust at an undercover wedding. [9-A]

**01.00 Mysteries At The Museum (Series 22): Heartbreak Haunt And More (Episode 10)**

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**Sunday  
5 May 2024**

**06.00 Expedition Unknown (Series 5): Mysteries Of Jesus (Episode 11)**

Josh journeys to the Holy Land to investigate a biblical mystery - where was Jesus Christ actually born? Could it lead to a new understanding of Jesus' story? [9-AT]

**07.00 Expedition Unknown (Series 6): Mystery Of Dead Mountain (Episode 1)**

In Siberia, Josh Gates investigates the strange and brutal cold case of the Dyatlov Pass Incident, where nine Soviet hikers died suspiciously in 1959. [9-A]

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Josh has a fresh lead on a shipwreck from 1715 with a potentially massive treasure haul. He launches an expedition into Florida's Atlantic coast. [AL]

**11.00 Kindred Spirits (Series 5): Sea Witch (Episode 2)**

Amy, Adam and Chip investigate reports of an aggressive spirit that's haunting a US Navy destroyer. Can they find answers on this huge and mysterious ship? [AL-T]

**12.00 Kindred Spirits (Series 5): False Witness (Episode 3)**

In 1673, Rebecca Cornell was found dead in her home. Amy, Adam and Chip attempt to conjure the spirits who played a part in this centuries-old crime. [9-A]

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Amy, Adam and Chip investigate claims of threatening paranormal activity at a historic estate in Massachusetts. The team are shocked by what they discover. **[AL]**

**16.00 Treasure Quest (Series 1): *U-Boats* (Episode 6)**

The Odyssey crew is hunting for German U-boat submarines in the English Channel. But will mines planted by the Allies decades ago jeopardise their mission? **[AL]**

**17.00 Treasure Quest (Series 1): *Lusitania Revealed* (Episode 7)**

How did the sinking of the RMS Lusitania change the course of the First World War; and will the Odyssey crew manage to find the wreckage of this great ship? **[AL]**

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The Odyssey made headlines when they located the HMS Victory, but now they must find treasure to fund more explorations. Does a strange container hold the answer? **[AL]**

**21.00 Ghost Brothers (Series 1): *The Fitzpatrick Hotel* (Episode 6)**

The Ghost Brothers try to solve the hauntings of The Fitzpatrick Hotel. Are the multiple female spirits residing at the hotel tied to a tragic death? **[12-A]**

**22.00 The Holzer Files (Series 1): *Phantoms Of The Fire* (Episode 1)**

The paranormal experts reopen Hans Holzer's case file on the Peck House in Rye, NY. They aim to find out if the tortured souls within have finally moved on. **[12-A]**

**23.00 Destination Fear (Series 1): *Eloise Psychiatric Hospital* (Episode 7)**

The team investigate one of the most-haunted locations in Michigan. They begin to lose their grip on reality as they are subjected to bizarre events. **[12-AT]**

**00.00 Destination Fear (Series 3): *Indiana State Sanatorium* (Episode 14)**

Alex breaks all the rules with his pick. He challenges the team to enter the Indiana State Sanatorium with no information about this terrifying location. **[12-AT]**

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Don Wildman examines a precious metal that reportedly cured alcoholism. Plus, he discovers how Reno was once a destination for disgruntled spouses. [9-A]

**11.00 Expedition Unknown (Series 6): *Gold Rush Of The Atlantic* (Episode 4)**

Josh has a fresh lead on a shipwreck from 1715 with a potentially massive treasure haul. He launches an expedition into Florida's Atlantic coast. [AL]

**12.00 Kindred Spirits (Series 5): *Zombie Boy* (Episode 6)**

Amy, Adam and Chip investigate claims of threatening paranormal activity at a historic estate in Massachusetts. The team are shocked by what they discover. [AL]

**13.00 Building Alaska (Series 4): *Muscle Power* (Episode 9)**

Remote building often means no machines. But that's no problem as Rich's team uses brute strength to muscle up the 800-pound mainframe beam. [AL]

**14.00 Ice Cold Gold (Series 2): *Rubies Revealed* (Episode 4)**

The miners are battling Greenland from two fronts with half the team finding huge rubies at the Red Zone and the other half dredging for gems in the river below. [AL]

**15.00 Treasure Quest (Series 2): *The Hunt for Gairsoppa's Treasure* (Episode 1)**

Odyssey Marine Exploration attempts to locate and recover the SS *Gairsoppa*, which may contain 200 million dollars' worth of silver. [AL]

**16.00 Expedition Bigfoot (Series 2): *The Quest Out West* (Episode 7)**

The team heads to Washington state, the Bigfoot capital of the world. The team encounters several signs of Sasquatch activity in the new target zone. [AL]

**17.00 Mysteries At The Museum (Series 8): *First Female Aviator And More* (Episode 8)**

Don Wildman examines a plane used in a pioneering woman's quest to dominate the skies, an iconic composer's metronome, and a small instrument. [9-A]

**18.00 Expedition Unknown (Series 6): *Hunt For The Chupacabra* (Episode 5)**

Josh Gates embarks on yet another mission, this time into the dark caves and thick jungles of Puerto Rico in search of the mysterious Chupacabra. [9-A]



**19.00 Kindred Spirits (Series 6): *The Undertaker's Secret* (Episode 1)**

Amy and Adam visit an old Masonic temple shrouded in mystery and local lore. They soon realise they may be investigating a cold case murder. [AL]

**20.00 Paranormal Declassified (Series 1): *Zombie Apocalypse* (Episode 8)**

The zombie apocalypse is one of the most depicted doomsday scenarios in popular culture. During Paul's investigation, COVID-19 spreads across the globe. [9-A]

**21.00 The Osbournes Want To Believe (Series 2): *Ghosted By Aliens* (Episode 18)**

The Osbournes get the scoop on an extra-terrestrial hook-up. Plus, Jack pushes his parents to believe in ghost pets and interdimensional green children. [9-AT]

**22.00 Destination Fear (Series 3): *Missouri State Penitentiary* (Episode 1)**

Dakota blindsides the team when he decides to amp up the fear at a notorious prison. The ghost of a child kidnapper tries to communicate with Chelsea. [12-AT]

**23.00 Mountain Monsters (Series 5): *Day Of Wrath* (Episode 7)**

The team makes a discovery that dates back to the early 1970's as they find a clue, etched in stone, that former team leader Trapper left for them in the Tygart Valley. [12-AT]

**00.00 Portals To Hell (Series 2): *The Stephenson Building* (Episode 14)**

Jack and Heather Taddy are in Nebraska to investigate a museum full of cursed artefacts. The building is rumoured to be haunted by demonic forces. [12-AT]

**01.00 Haunted Towns (Series 1): *Bisbee, AZ* (Episode 4)**

The team head to Bisbee, Arizona to investigate the one-time mining town's rough past. And, they head underground for the first time in their paranormal careers. [16-AT]

**02.00 Destination Fear (Series 3): *Indiana State Sanatorium* (Episode 14)**

Alex breaks all the rules with his pick. He challenges the team to enter the Indiana State Sanatorium with no information about this terrifying location. [12-AT]

**03.00 Destination Fear (Series 3): *Loftus Hall* (Episode 15)**

The team travel to a cursed 14th-century mansion on the rugged and stormy coast of Ireland. They're prepared to encounter poltergeists and ghostly nuns. [12-AT]

**04.00 Mountain Monsters (Series 5): *Day Of Wrath* (Episode 7)**

The team makes a discovery that dates back to the early 1970's as they find a clue, etched in stone, that former team leader Trapper left for them in the Tygart Valley. [12-AT]

**05.00 Kindred Spirits (Series 6): *The Undertaker's Secret* (Episode 1)**

Amy and Adam visit an old Masonic temple shrouded in mystery and local lore. They soon realise they may be investigating a cold case murder. [AL]

**Tuesday  
7 May 2024**

**06.00 Building Alaska (Series 4): *Muscle Power* (Episode 9)**

Remote building often means no machines. But that's no problem as Rich's team uses brute strength to muscle up the 800-pound mainframe beam. [AL]

**07.00 Ice Cold Gold (Series 2): *Rubies Revealed* (Episode 4)**

The miners are battling Greenland from two fronts with half the team finding huge rubies at the Red Zone and the other half dredging for gems in the river below. [AL]

**08.00 Treasure Quest (Series 2): *The Hunt for Gairsoppa's Treasure* (Episode 1)**

Odyssey Marine Exploration attempts to locate and recover the SS Gairsoppa, which may contain 200 million dollars' worth of silver. [AL]

**09.00 Expedition Bigfoot (Series 2): *The Quest Out West* (Episode 7)**

The team heads to Washington state, the Bigfoot capital of the world. The team encounters several signs of Sasquatch activity in the new target zone. [AL]

**10.00 Mysteries At The Museum (Series 8): *First Female Aviator And More* (Episode 8)**

Don Wildman examines a plane used in a pioneering woman's quest to dominate the skies, an iconic composer's metronome, and a small instrument. [9-A]

**11.00 Expedition Unknown (Series 6): *Hunt For The Chupacabra* (Episode 5)**

Josh Gates embarks on yet another mission, this time into the dark caves and thick jungles of Puerto Rico in search of the mysterious Chupacabra. [9-A]

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Amy and Adam visit an old Masonic temple shrouded in mystery and local lore. They soon realise they may be investigating a cold case murder. [AL]

**13.00 Building Alaska (Series 4): *No Quit* (Episode 10)**

While two builders battle gale-force winds and rain, it's a whale of a good time at the third site. [AL]

**14.00 Ice Cold Gold (Series 2): *The Rise and Fall of the Ruby Empire* (Episode 5)**

The team are pulling out rubies by the scores. But with low food supply and bad weather, the team has to muster its strength to finish the job. [AL]

**15.00 Treasure Quest (Series 2): *Curse of the Mantola* (Episode 2)**

The team continue their recovery of silver from the SS Gairsoppa, until a sudden storm changes their plans. They move onto a new ship, but nothing comes easily. [AL]

**16.00 Expedition Bigfoot (Series 2): *Dark Memories* (Episode 8)**

A hypnotist unlocks the memories of a potential witness and learns an intriguing new detail. Plus, is a juvenile Sasquatch lurking in the Olympic Peninsula? [AL]

**17.00 Mysteries At The Museum (Series 8): *Aaron Burr Conspiracy* (Episode 9)**

Don Wildman examines a coded letter at the centre of an infamous politician's seditious plot. And, he inspects an iconic lamp of a legendary nurse. [9-A]

**18.00 Expedition Unknown (Series 6): *Cracking The Secret* (Episode 6)**

Josh Gates travels across America in the hopes of cracking the location of some ceramic vases, buried by an author in 1982 that can be exchanged for treasure. [9-A]

**19.00 Kindred Spirits (Series 6): *Watch Over Me* (Episode 2)**

Amy and Adam visit a home suddenly plagued by paranormal activity. The discovery of an old shoe might have triggered this disturbing haunting. [9-A]

**20.00 The Dead Files (Series 5): *Guardians Of The Dead* (Episode 1)**

Medium Amy Allen and retired detective Steve DiSchiavi explore a deadly legend and claims of paranormal activity at a tropical resort in Montego Bay, Jamaica. [12-AT]

**21.00 Most Terrifying Places (Series 1): *Ship Of Anguished Spirits* (Episode 3)**

A decommissioned warship is rumoured to be haunted by the agonised victims of a grisly tragedy. Plus, long-dead prisoners are said to prowl an old jail. [16-AT]

**22.00 The Dead Files (Series 9): *Inviting Evil* (Episode 6)**

Steve and Amy investigate claims of malicious entities attacking a woman in Berthoud, CO. Are a demon and a malevolent shadow person stalking the property? [12-AT]

**23.00 Paranormal Lockdown (Series 1): *Hinsdale House* (Episode 1)**

A house in Hinsdale, New York draws Nick and Katrina to investigate its demonic past, and Nick is caught in a psychological war against good and evil. [12-AT]

**00.00 Ghost Brothers (Series 1): *The Fitzpatrick Hotel* (Episode 6)**

The Ghost Brothers try to solve the hauntings of The Fitzpatrick Hotel. Are the multiple female spirits residing at the hotel tied to a tragic death? [12-A]

**01.00 The Holzer Files (Series 1): *Phantoms Of The Fire* (Episode 1)**

The paranormal experts reopen Hans Holzer's case file on the Peck House in Rye, NY. They aim to find out if the tortured souls within have finally moved on. [12-A]

**02.00 Portals To Hell (Series 2): *The Stephenson Building* (Episode 14)**

Jack and Heather Taddy are in Nebraska to investigate a museum full of cursed artefacts. The building is rumoured to be haunted by demonic forces. [12-AT]

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A house in Hinsdale, New York draws Nick and Katrina to investigate its demonic past, and Nick is caught in a psychological war against good and evil. [12-AT]

**05.00 Kindred Spirits (Series 6): *Watch Over Me* (Episode 2)**

Amy and Adam visit a home suddenly plagued by paranormal activity. The discovery of an old shoe might have triggered this disturbing haunting. [9-A]

**Wednesday  
8 May 2024**

**06.00 Building Alaska (Series 4): *No Quit* (Episode 10)**

While two builders battle gale-force winds and rain, it's a whale of a good time at the third site. [AL]

**07.00 Ice Cold Gold (Series 2): *The Rise and Fall of the Ruby Empire* (Episode 5)**

The team are pulling out rubies by the scores. But with low food supply and bad weather, the team has to muster its strength to finish the job. [AL]

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The team continue their recovery of silver from the SS Gairsoppa, until a sudden storm changes their plans. They move onto a new ship, but nothing comes easily. [AL]

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A hypnotist unlocks the memories of a potential witness and learns an intriguing new detail. Plus, is a juvenile Sasquatch lurking in the Olympic Peninsula? [AL]

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Don Wildman examines a coded letter at the centre of an infamous politician's seditious plot. And, he inspects an iconic lamp of a legendary nurse. [9-A]

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Josh Gates travels across America in the hopes of cracking the location of some ceramic vases, buried by an author in 1982 that can be exchanged for treasure. [9-A]

**12.00 Kindred Spirits (Series 6): *Watch Over Me* (Episode 2)**

Amy and Adam visit a home suddenly plagued by paranormal activity. The discovery of an old shoe might have triggered this disturbing haunting. [9-A]

**13.00 Building Alaska (Series 4): *Sparks Fly* (Episode 11)**

Sparks fly at Tom's camp as a worker showdown threatens the project. Later, a bear attack leaves Jodi on edge at Creig's camp. [AL]



**14.00 Ice Cold Gold (Series 2):  
The Gold Rush (Episode 6)**

Forced to leave their precious Ruby deposit before Greenland devours them, the miners execute phase two of their operation within the few weeks they have left. [AL]

**15.00 Treasure Quest (Series 2):  
Odyssey's Victory (Episode 3)**

The Odyssey team focus on their two remaining shipwrecks, and the team finally recover their first million from the Gairsoppa. But will they find her mother lode? [AL]

**16.00 Expedition Bigfoot (Series 2):  
Paranormal Anomaly (Episode 9)**

After recording a possible Sasquatch disappearing across a river, the team revisit the site and encounter more than they bargained for. [AL]

**17.00 Mysteries At The Museum (Series 8):  
Alligators In The Sewer (Episode 10)**

Don Wildman explores a city monster myth. And, he visits San Diego to check out a car customised with everything including a kitchen sink. [9-A]

**18.00 Expedition Unknown (Series 6):  
Hunt For Our Ancient Ancestors (Episode 7)**

Josh Gates travels the globe to unravel the mystery of humanity's origins. How did we survive to the modern day, and what does it mean for our future? [9-A]

**19.00 Kindred Spirits (Series 6):  
Disorderly Conduct (Episode 3)**

Adam, Amy and Chip investigate reports of escalating paranormal problems at a home undergoing renovation. It's believed entities are fiercely protective of the property. [AL]

**20.00 The Dead Files (Series 5):  
Deranged (Episode 2)**

Steve and Amy travel to Falconer, New York, to investigate reports of violent paranormal activity at a frightened family's home where several previous residents have died. [12-AT]

**21.00 The Dead Files (Series 5):  
Deranged (Episode 2)**

Steve and Amy travel to Falconer, New York, to investigate reports of violent paranormal activity at a frightened family's home where several previous residents have died. [12-AT]

**22.00 Ghost Adventures (Series 2):  
Ohio Reformatory (Episode 11)**

Paranormal investigator Zak Bagans and his team are at the Ohio State Reformatory. They are searching for a terrifying spirit that is rumoured to linger at night. [12-AT]

**23.00 Paranormal Lockdown (Series 1):  
Franklin Castle (Episode 2)**

Nick and Katrina investigate a Victorian mansion's haunted secrets. Over the course of their investigation, they capture unnerving voices pleading for help. [12-AT]

**00.00 The Osbournes Want To Believe (Series 2):  
Ghosted By Aliens (Episode 18)**

The Osbournes get the scoop on an extra-terrestrial hook-up. Plus, Jack pushes his parents to believe in ghost pets and interdimensional green children. [9-AT]

**01.00 Destination Fear (Series 3):  
Missouri State Penitentiary (Episode 1)**

Dakota blindsides the team when he decides to amp up the fear at a notorious prison. The ghost of a child kidnapper tries to communicate with Chelsea. [12-AT]

**02.00 Ghost Brothers (Series 1):  
The Fitzpatrick Hotel (Episode 6)**

The Ghost Brothers try to solve the hauntings of The Fitzpatrick Hotel. Are the multiple female spirits residing at the hotel tied to a tragic death? [12-A]

**03.00 The Holzer Files (Series 1):  
Phantoms Of The Fire (Episode 1)**

The paranormal experts reopen Hans Holzer's case file on the Peck House in Rye, NY. They aim to find out if the tortured souls within have finally moved on. [12-A]

**04.00 Paranormal Lockdown (Series 1):  
Franklin Castle (Episode 2)**

Nick and Katrina investigate a Victorian mansion's haunted secrets. Over the course of their investigation, they capture unnerving voices pleading for help. [12-AT]



**05.00 Kindred Spirits (Series 6): *Disorderly Conduct* (Episode 3)**

Adam, Amy and Chip investigate reports of escalating paranormal problems at a home undergoing renovation. It's believed entities are fiercely protective of the property. [AL]

**Thursday  
9 May 2024**

**06.00 Building Alaska (Series 4): *Sparks Fly* (Episode 11)**

Sparks fly at Tom's camp as a worker showdown threatens the project. Later, a bear attack leaves Jodi on edge at Creig's camp. [AL]

**07.00 Ice Cold Gold (Series 2): *The Gold Rush* (Episode 6)**

Forced to leave their precious Ruby deposit before Greenland devours them, the miners execute phase two of their operation within the few weeks they have left. [AL]

**08.00 Treasure Quest (Series 2): *Odyssey's Victory* (Episode 3)**

The Odyssey team focus on their two remaining shipwrecks, and the team finally recover their first million from the Gairsoppa. But will they find her mother lode? [AL]

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After recording a possible Sasquatch disappearing across a river, the team revisit the site and encounter more than they bargained for. [AL]

**10.00 Mysteries At The Museum (Series 8): *Alligators In The Sewer* (Episode 10)**

Don Wildman explores a city monster myth. And, he visits San Diego to check out a car customised with everything including a kitchen sink. [9-A]

**11.00 Expedition Unknown (Series 6): *Hunt For Our Ancient Ancestors* (Episode 7)**

Josh Gates travels the globe to unravel the mystery of humanity's origins. How did we survive to the modern day, and what does it mean for our future? [9-A]

**12.00 Kindred Spirits (Series 6): *Disorderly Conduct* (Episode 3)**

Adam, Amy and Chip investigate reports of escalating paranormal problems at a home undergoing renovation. It's believed entities are fiercely protective of the property. [AL]

**13.00 Building Alaska (Series 4): *Crunch Time* (Episode 12)**

Impending weather is making crunch time at the builds that much more desperate. Rich is forced to make a crucial building decision he doesn't want to make. [AL]

**14.00 Ice Cold Gold (Series 2): *Point of No Return* (Episode 7)**

With winter closing in, and time running out, Josh and Eric arrive in Egi for one last shot at gold, while the rest of the team focuses on dredging for rubies. [AL]

**15.00 Treasure Quest: Snake Island (Series 1): *What Lies Beneath* (Episode 1)**

Treasure hunters search for clues to a vast fortune they believe is hidden on Brazil's "Snake Island." But team tensions could derail the expedition. [AL-T]

**16.00 Expedition Bigfoot (Series 2): *The Government Knows* (Episode 10)**

Unmarked helicopters fly overhead as the team try to make sense of abnormal images they captured. Bryce reaches out to an ex-federal agent for an explanation. [AL]

**17.00 Mysteries At The Museum (Series 8): *To Catch A Fake And More* (Episode 11)**

Don Wildman examines a forged European painting that fooled museums everywhere, eight tiny boxes that look like coffins and a mysterious rubber block. [9-A]

**18.00 Expedition Unknown (Series 6): *Revealing Ancient Ancestors* (Episode 8)**

Josh Gates travels to Africa to find a distant relative and scale dangerous cliffs all to answer one question: Where did humans come from? [9-A]

**19.00 Kindred Spirits (Series 6): *The Lurker* (Episode 4)**

The team investigate an 1850s manor where an eyeless entity is rumoured to be disturbing sleeping guests. Amy and Adam attempt a shocking off-the-cuff experiment. [AL]



**20.00 The Dead Files (Series 5): *House Of Mirrors* (Episode 3)**

When a couple fears for their grandson's safety, Steve and Amy travel to Independence, Oregon, to investigate. They uncover the property's disturbing history. [12-AT]

**21.00 Mysteries At The Museum (Series 22): *Wyatt Earp's Great Escape* (Episode 11)**

Don investigates an object that washed up on a beach, the explosive story of how a WWII bomb ended up buried in New York City and more! [9-A]

**22.00 Mysteries At The Museum (Series 22): *Serial Mourner And More* (Episode 12)**

Don investigates a deadly family curse that terrified a small town, an unstoppable fire and the giant figures carved into the barren Colorado landscape. [12-D]

**23.00 Paranormal Lockdown (Series 1): *Trans-Allegheny Lunatic Asylum* (Episode 3)**

Nick and Katrina investigate a haunted Asylum. What they capture on their third night of confinement can only be described as completely terrifying. [12-AT]

**00.00 Most Terrifying Places (Series 1): *Ship Of Anguished Spirits* (Episode 3)**

A decommissioned warship is rumoured to be haunted by the agonised victims of a grisly tragedy. Plus, long-dead prisoners are said to prowl an old jail. [16-AT]

**01.00 The Dead Files (Series 9): *Inviting Evil* (Episode 6)**

Steve and Amy investigate claims of malicious entities attacking a woman in Berthoud, CO. Are a demon and a malevolent shadow person stalking the property? [12-AT]

**02.00 The Osbournes Want To Believe (Series 2): *Ghosted By Aliens* (Episode 18)**

The Osbournes get the scoop on an extra-terrestrial hook-up. Plus, Jack pushes his parents to believe in ghost pets and interdimensional green children. [9-AT]

**03.00 Destination Fear (Series 3): *Missouri State Penitentiary* (Episode 1)**

Dakota blindsides the team when he decides to amp up the fear at a notorious prison. The ghost of a child kidnapper tries to communicate with Chelsea. [12-AT]

**04.00 Paranormal Lockdown (Series 1): *Trans-Allegheny Lunatic Asylum* (Episode 3)**

Nick and Katrina investigate a haunted Asylum. What they capture on their third night of confinement can only be described as completely terrifying. [12-AT]

**05.00 Kindred Spirits (Series 6): *The Lurker* (Episode 4)**

The team investigate an 1850s manor where an eyeless entity is rumoured to be disturbing sleeping guests. Amy and Adam attempt a shocking off-the-cuff experiment. [AL]

**Friday  
10 May 2024**

**06.00 Building Alaska (Series 4): *Crunch Time* (Episode 12)**

Impending weather is making crunch time at the builds that much more desperate. Rich is forced to make a crucial building decision he doesn't want to make. [AL]

**07.00 Ice Cold Gold (Series 2): *Point of No Return* (Episode 7)**

With winter closing in, and time running out, Josh and Eric arrive in Eqi for one last shot at gold, while the rest of the team focuses on dredging for rubies. [AL]

**08.00 Treasure Quest: Snake Island (Series 1): *What Lies Beneath* (Episode 1)**

Treasure hunters search for clues to a vast fortune they believe is hidden on Brazil's "Snake Island." But team tensions could derail the expedition. [AL-T]



**09.00 Expedition Bigfoot (Series 2): *The Government Knows* (Episode 10)**

Unmarked helicopters fly overhead as the team try to make sense of abnormal images they captured. Bryce reaches out to an ex-federal agent for an explanation. [AL]

**10.00 Mysteries At The Museum (Series 8): *To Catch A Fake And More* (Episode 11)**

Don Wildman examines a forged European painting that fooled museums everywhere, eight tiny boxes that look like coffins and a mysterious rubber block. [9-A]

**11.00 Expedition Unknown (Series 6): *Revealing Ancient Ancestors* (Episode 8)**

Josh Gates travels to Africa to find a distant relative and scale dangerous cliffs all to answer one question: Where did humans come from? [9-A]

**12.00 Kindred Spirits (Series 6): *The Lurker* (Episode 4)**

The team investigate an 1850s manor where an eyeless entity is rumoured to be disturbing sleeping guests. Amy and Adam attempt a shocking off-the-cuff experiment. [AL]

**13.00 Building Alaska (Series 7): *Building Alaska, The New Generation* (Episode 1)**

A new generation of builders face off against the Alaskan wilds. Nick faces some harsh realities when he can't use the trees on his site. [AL]

**14.00 Ice Cold Gold (Series 2): *Beast Within* (Episode 8)**

It's the miner's last week and Greenland has not only gotten into their heads but she is exposing their inner demons. But has it been a successful season? [AL]

**15.00 Treasure Quest: Snake Island (Series 1): *Into The Nightmare* (Episode 2)**

The team gear up for their first venture onto the Snake Island, where they'll face triple-digit heat and one of the world's deadliest vipers. [AL-T]

**16.00 Expedition Bigfoot (Series 2): *Lake Fear* (Episode 11)**

Russell tracks an unknown creature to a mysterious lake. The team send a thermal drone to scout the potential Bigfoot hideout but soon realize they are being watched. [AL]

**17.00 Mysteries At The Museum (Series 8): *JFK Boat Rescue* (Episode 12)**

Don Wildman examines a paperweight linked to a heroic chapter of JFK's life. Plus, he visits Edinburgh to admire a controversial queen's jewels. [9-A]

**18.00 Expedition Unknown (Series 6): *Search For The Sultan's Heart* (Episode 9)**

Four years after Josh's quest for the lost heart of Sultan Suleiman the Magnificent, he heads to the town of Turbek for some shocking revelations. [9-A]

**19.00 Kindred Spirits (Series 6): *Tripwire* (Episode 5)**

Amy, Adam and Chip investigate a tiny house with a huge paranormal problem. The mother and daughter who own the home tell stories of a terrifying spirit. [9-A]

**20.00 The Dead Files (Series 5): *The Instigator* (Episode 4)**

Steve and Amy investigate a Pittsburgh home where a terrified family is being tormented by a dangerous entity. They find evidence of the former owner's tragic life. [12-AT]

**21.00 Destination Fear (Series 3): *Spike Island* (Episode 16)**

The team's epic overseas investigation takes them to Ireland's most haunted prison. Something strikes Dakota with a fear he's never experienced before. [12-AT]

**22.00 The Alaska Triangle (Series 2): *The Dark Pyramid* (Episode 1)**

A secret government facility in the wilderness may be hiding an extra-terrestrial pyramid. And, are strange forces in the Triangle making wildlife more aggressive? [9-A]

**23.00 Paranormal Lockdown (Series 1): *Randolph County Infirmary* (Episode 4)**

When Nick and Katrina arrive to investigate hauntings inside a long-shuttered infirmary, they are alarmed to discover not every resident has left. [12-AT]



**00.00 The Dead Files (Series 5): *Deranged* (Episode 2)**

Steve and Amy travel to Falconer, New York, to investigate reports of violent paranormal activity at a frightened family's home where several previous residents have died. [12-AT]

**01.00 Ghost Adventures (Series 2): *Ohio Reformatory* (Episode 11)**

Paranormal investigator Zak Bagans and his team are at the Ohio State Reformatory. They are searching for a terrifying spirit that is rumoured to linger at night. [12-AT]

**02.00 Most Terrifying Places (Series 1): *Ship Of Anguished Spirits* (Episode 3)**

A decommissioned warship is rumoured to be haunted by the agonised victims of a grisly tragedy. Plus, long-dead prisoners are said to prowl an old jail. [16-AT]

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When Nick and Katrina arrive to investigate hauntings inside a long-shuttered infirmary, they are alarmed to discover not every resident has left. [12-AT]

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**Saturday  
11 May 2024**

**06.00 Ice Cold Gold (Series 2): *Rubies Revealed* (Episode 4)**

The miners are battling Greenland from two fronts with half the team finding huge rubies at the Red Zone and the other half dredging for gems in the river below. [AL]

**07.00 Ice Cold Gold (Series 2): *The Rise and Fall of the Ruby Empire* (Episode 5)**

The team are pulling out rubies by the scores. But with low food supply and bad weather, the team has to muster its strength to finish the job. [AL]

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Don Wildman examines a paperweight linked to a heroic chapter of JFK's life. Plus, he visits Edinburgh to admire a controversial queen's jewels. [9-A]

**16.00 Building Alaska (Series 4): Muscle Power (Episode 9)**

Remote building often means no machines. But that's no problem as Rich's team uses brute strength to muscle up the 800-pound mainframe beam. [AL]

**17.00 Building Alaska (Series 4): No Quit (Episode 10)**

While two builders battle gale-force winds and rain, it's a whale of a good time at the third site. [AL]

**18.00 Building Alaska (Series 4): Sparks Fly (Episode 11)**

Sparks fly at Tom's camp as a worker showdown threatens the project. Later, a bear attack leaves Jodi on edge at Creig's camp. [AL]

**19.00 Building Alaska (Series 4): Crunch Time (Episode 12)**

Impending weather is making crunch time at the builds that much more desperate. Rich is forced to make a crucial building decision he doesn't want to make. [AL]

**20.00 Building Alaska (Series 4): It's Getting Awkward (Episode 8)**

Rich's build is down to two workers, which will make it difficult to reach their target. Plus, Creig's build is fraught with costly miscalculations. [AL]

**21.00 Portals To Hell (Series 2): Pennhurst Asylum (Episode 15)**

Jack and Katrina are drawn to the dark allure of Pennhurst Asylum in Pennsylvania. They enlist Heather Taddy to help investigate this infamous site. [12-AT]

**22.00 Haunted Towns (Series 1): Vicksburg, MS (Episode 5)**

The team head to Mississippi, site of the Siege of Vicksburg, to investigate a haunting that dates back to the Reconstruction Era. Can they settle the restless spirit? [16-AT]

**23.00 Destination Fear (Series 1): Madison Seminary (Episode 8)**

Dark forces conspire against Dakota and the team as they investigate the Madison Seminary, reputed to be one of Ohio's most-haunted locations. [12-AT]

**00.00 Mysteries At The Museum (Series 22): Wyatt Earp's Great Escape (Episode 11)**

Don investigates an object that washed up on a beach, the explosive story of how a WWII bomb ended up buried in New York City and more! [9-A]

**01.00 Mysteries At The Museum (Series 22): Serial Mourner And More (Episode 12)**

Don investigates a deadly family curse that terrified a small town, an unstoppable fire and the giant figures carved into the barren Colorado landscape. [12-D]

**02.00 The Dead Files (Series 5): Deranged (Episode 2)**

Steve and Amy travel to Falconer, New York, to investigate reports of violent paranormal activity at a frightened family's home where several previous residents have died. [12-AT]

**03.00 Ghost Adventures (Series 2): Ohio Reformatory (Episode 11)**

Paranormal investigator Zak Bagans and his team are at the Ohio State Reformatory. They are searching for a terrifying spirit that is rumoured to linger at night. [12-AT]

**04.00 Destination Fear (Series 1): Madison Seminary (Episode 8)**

Dark forces conspire against Dakota and the team as they investigate the Madison Seminary, reputed to be one of Ohio's most-haunted locations. [12-AT]

**05.00 Building Alaska (Series 4): Crunch Time (Episode 12)**

Impending weather is making crunch time at the builds that much more desperate. Rich is forced to make a crucial building decision he doesn't want to make. [AL]



## Sunday 12 May 2024

### 06.00 Expedition Unknown (Series 6): *Hunt For The Chupacabra* (Episode 5)

Josh Gates embarks on yet another mission, this time into the dark caves and thick jungles of Puerto Rico in search of the mysterious Chupacabra. [9-A]

### 07.00 Expedition Unknown (Series 6): *Cracking The Secret* (Episode 6)

Josh Gates travels across America in the hopes of cracking the location of some ceramic vases, buried by an author in 1982 that can be exchanged for treasure. [9-A]

### 08.00 Expedition Unknown (Series 6): *Hunt For Our Ancient Ancestors* (Episode 7)

Josh Gates travels the globe to unravel the mystery of humanity's origins. How did we survive to the modern day, and what does it mean for our future? [9-A]

### 09.00 Expedition Unknown (Series 6): *Revealing Ancient Ancestors* (Episode 8)

Josh Gates travels to Africa to find a distant relative and scale dangerous cliffs all to answer one question: Where did humans come from? [9-A]

### 10.00 Expedition Unknown (Series 6): *Search For The Sultan's Heart* (Episode 9)

Four years after Josh's quest for the lost heart of Sultan Suleiman the Magnificent, he heads to the town of Turbek for some shocking revelations. [9-A]

### 11.00 Kindred Spirits (Series 6): *The Undertaker's Secret* (Episode 1)

Amy and Adam visit an old Masonic temple shrouded in mystery and local lore. They soon realise they may be investigating a cold case murder. [AL]

### 12.00 Kindred Spirits (Series 6): *Watch Over Me* (Episode 2)

Amy and Adam visit a home suddenly plagued by paranormal activity. The discovery of an old shoe might have triggered this disturbing haunting. [9-A]

### 13.00 Kindred Spirits (Series 6): *Disorderly Conduct* (Episode 3)

Adam, Amy and Chip investigate reports of escalating paranormal problems at a home undergoing renovation. It's believed entities are fiercely protective of the property. [AL]

### 14.00 Kindred Spirits (Series 6): *The Lurker* (Episode 4)

The team investigate an 1850s manor where an eyeless entity is rumoured to be disturbing sleeping guests. Amy and Adam attempt a shocking off-the-cuff experiment. [AL]

### 15.00 Kindred Spirits (Series 6): *Tripwire* (Episode 5)

Amy, Adam and Chip investigate a tiny house with a huge paranormal problem. The mother and daughter who own the home tell stories of a terrifying spirit. [9-A]

### 16.00 Treasure Quest (Series 2): *The Hunt for Gairsoppa's Treasure* (Episode 1)

Odyssey Marine Exploration attempts to locate and recover the SS Gairsoppa, which may contain 200 million dollars' worth of silver. [AL]

### 17.00 Treasure Quest (Series 2): *Curse of the Mantola* (Episode 2)

The team continue their recovery of silver from the SS Gairsoppa, until a sudden storm changes their plans. They move onto a new ship, but nothing comes easily. [AL]

### 18.00 Treasure Quest (Series 2): *Odyssey's Victory* (Episode 3)

The Odyssey team focus on their two remaining shipwrecks, and the team finally recover their first million from the Gairsoppa. But will they find her mother lode? [AL]

### 19.00 Treasure Quest: Snake Island (Series 1): *What Lies Beneath* (Episode 1)

Treasure hunters search for clues to a vast fortune they believe is hidden on Brazil's "Snake Island." But team tensions could derail the expedition. [AL-T]

**20.00 Treasure Quest: Snake Island (Series 1): *Into The Nightmare* (Episode 2)**

The team gear up for their first venture onto the Snake Island, where they'll face triple-digit heat and one of the world's deadliest vipers. [AL-T]

**21.00 The Holzer Files (Series 1): *Legends and Lies* (Episode 2)**

The team revives Hans Holzer's investigation of a mysterious home in Henniker, NH. They delve into New England folklore for the truth behind the haunting. [12-A]

**22.00 The Holzer Files (Series 1): *Grave Secrets* (Episode 3)**

The team relaunches a case that eluded Hans Holzer his whole life: the Howard-Dickinson House in Henderson, Texas. Does it contain a dark family secret? [12-A]

**23.00 Destination Fear (Series 1): *Statler Hotel* (Episode 9)**

The team are in Buffalo, New York, to check out the dark past of a historic hotel. There are rumours of spooky shadows, haunted elevators and unusual voices. [12-AT]

**00.00 Destination Fear (Series 3): *Spike Island* (Episode 16)**

The team's epic overseas investigation takes them to Ireland's most haunted prison. Something strikes Dakota with a fear he's never experienced before. [12-AT]

**01.00 The Alaska Triangle (Series 2): *The Dark Pyramid* (Episode 1)**

A secret government facility in the wilderness may be hiding an extra-terrestrial pyramid. And, are strange forces in the Triangle making wildlife more aggressive? [9-A]

**02.00 Mysteries At The Museum (Series 22): *Wyatt Earp's Great Escape* (Episode 11)**

Don investigates an object that washed up on a beach, the explosive story of how a WWII bomb ended up buried in New York City and more! [9-A]

**03.00 Mysteries At The Museum (Series 22): *Serial Mourner And More* (Episode 12)**

Don investigates a deadly family curse that terrified a small town, an unstoppable fire and the giant figures carved into the barren Colorado landscape. [12-D]

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The team are in Buffalo, New York, to check out the dark past of a historic hotel. There are rumours of spooky shadows, haunted elevators and unusual voices. [12-AT]

**05.00 Treasure Quest: Snake Island (Series 1): *What Lies Beneath* (Episode 1)**

Treasure hunters search for clues to a vast fortune they believe is hidden on Brazil's "Snake Island." But team tensions could derail the expedition. [AL-T]

**Monday  
13 May 2024**

**06.00 Building Alaska (Series 7): *Building Alaska, The New Generation* (Episode 1)**

A new generation of builders face off against the Alaskan wilds. Nick faces some harsh realities when he can't use the trees on his site. [AL]

**07.00 Ice Cold Gold (Series 2): *Beast Within* (Episode 8)**

It's the miner's last week and Greenland has not only gotten into their heads but she is exposing their inner demons. But has it been a successful season? [AL]

**08.00 Treasure Quest: Snake Island (Series 1): *Into The Nightmare* (Episode 2)**

The team gear up for their first venture onto the Snake Island, where they'll face triple-digit heat and one of the world's deadliest vipers. [AL-T]

**09.00 Expedition Bigfoot (Series 2): *Lake Fear* (Episode 11)**

Russell tracks an unknown creature to a mysterious lake. The team send a thermal drone to scout the potential Bigfoot hideout but soon realize they are being watched. [AL]



**10.00 Mysteries At The Museum (Series 8): JFK Boat Rescue (Episode 12)**

Don Wildman examines a paperweight linked to a heroic chapter of JFK's life. Plus, he visits Edinburgh to admire a controversial queen's jewels. [9-A]

**11.00 Expedition Unknown (Series 6): Search For The Sultan's Heart (Episode 9)**

Four years after Josh's quest for the lost heart of Sultan Suleiman the Magnificent, he heads to the town of Turbek for some shocking revelations. [9-A]

**12.00 Kindred Spirits (Series 6): Tripwire (Episode 5)**

Amy, Adam and Chip investigate a tiny house with a huge paranormal problem. The mother and daughter who own the home tell stories of a terrifying spirit. [9-A]

**13.00 Building Alaska (Series 7): Hard Work Beats Talent (Episode 2)**

Reality hits first-time extreme cabin builder Nick as he fights the tides to get pylons for his foundation. But, he needs the right kit to dig postholes. [AL]

**14.00 Ice Cold Gold (Series 2): Facing the Beast (Episode 9)**

A look back at the exploits of eight hardy American prospectors who spent two months mining for gold on Greenland in a race against time. [AL-T]

**15.00 Treasure Quest: Snake Island (Series 1): A Steep Price (Episode 3)**

A discovery on the island fires up the team. But as excitement builds, a series of dangerous encounters threatens to end the mission - and people's lives. [AL-T]

**16.00 Expedition Bigfoot (Series 2): Closer Than Ever (Episode 12)**

The team discovers evidence that could finally prove Bigfoot exists! But, uncontrolled wildfires in Washington could ruin the investigation. [AL]

**17.00 Mysteries At The Museum (Series 9): Great Baby Race (Episode 3)**

Don Wildman examines tunnel tiles which helped to finance a wacky competition, inspects a medal linked to a great swindle and a doghouse connected to a journey. [AL]

**18.00 Expedition Unknown (Series 6): Mysteries Of Bermuda Triangle (Episode 10)**

Josh Gates dives into the mysteries of the Bermuda Triangle. He goes to the ocean floor, the skies and space to explore its intriguing disappearances. [9-A]

**19.00 Kindred Spirits (Series 1): Breaking And Entering (Episode 1)**

A frightened homeowner calls Amy and Adam to solve what's haunting her home. Could the activity be connected to a previous homeowner's suicide? [9-A]

**20.00 The Dead Files (Series 5): The Obsession (Episode 5)**

Steve and Amy investigate claims that victims of a gruesome murder haunt an Oregon restaurant. They find evidence of a double homicide and devious shadow figures. [12-AT]

**21.00 The Ghost Town Terror (Series 1): Get Help (Episode 1)**

Tim Wood and Sapphire Sandalo arrive in Montana to help a family solve the haunting of Gunslinger Gulch. What is the source of the disturbing paranormal activity? [12-GAT]

**22.00 Destination Fear (Series 3): Fort Knox (Episode 2)**

The team brave freezing cold weather to stay at an abandoned military fort in Maine. They are convinced a ghostly soldier is trying to send them a message. [12-AT]

**23.00 Paranormal Lockdown (Series 1): Anderson Hotel (Episode 5)**

When a hotel in Kentucky closed its doors, not everyone checked out. Over their 72-hour confinement, Nick and Katrina watch as their cameraman is savagely bitten. [12-AT]

**00.00 Portals To Hell (Series 2): Pennhurst Asylum (Episode 15)**

Jack and Katrina are drawn to the dark allure of Pennhurst Asylum in Pennsylvania. They enlist Heather Taddy to help investigate this infamous site. [12-AT]

## Tuesday 14 May 2024

### 01.00 Haunted Towns (Series 1): *Vicksburg, MS* (Episode 5)

The team head to Mississippi, site of the Siege of Vicksburg, to investigate a haunting that dates back to the Reconstruction Era. Can they settle the restless spirit? [16-AT]

### 02.00 Destination Fear (Series 3): *Spike Island* (Episode 16)

The team's epic overseas investigation takes them to Ireland's most haunted prison. Something strikes Dakota with a fear he's never experienced before. [12-AT]

### 03.00 The Alaska Triangle (Series 2): *The Dark Pyramid* (Episode 1)

A secret government facility in the wilderness may be hiding an extra-terrestrial pyramid. And, are strange forces in the Triangle making wildlife more aggressive? [9-A]

### 04.00 Paranormal Lockdown (Series 1): *Anderson Hotel* (Episode 5)

When a hotel in Kentucky closed its doors, not everyone checked out. Over their 72-hour confinement, Nick and Katrina watch as their cameraman is savagely bitten. [12-AT]

### 05.00 Kindred Spirits (Series 1): *Breaking And Entering* (Episode 1)

A frightened homeowner calls Amy and Adam to solve what's haunting her home. Could the activity be connected to a previous homeowner's suicide? [9-A]

### 06.00 Building Alaska (Series 7): *Hard Work Beats Talent* (Episode 2)

Reality hits first-time extreme cabin builder Nick as he fights the tides to get pylons for his foundation. But, he needs the right kit to dig postholes. [AL]

### 07.00 Ice Cold Gold (Series 2): *Facing the Beast* (Episode 9)

A look back at the exploits of eight hardy American prospectors who spent two months mining for gold on Greenland in a race against time. [AL-T]

### 08.00 Treasure Quest: Snake Island (Series 1): *A Steep Price* (Episode 3)

A discovery on the island fires up the team. But as excitement builds, a series of dangerous encounters threatens to end the mission - and people's lives. [AL-T]

### 09.00 Expedition Bigfoot (Series 2): *Closer Than Ever* (Episode 12)

The team discovers evidence that could finally prove Bigfoot exists! But, uncontrolled wildfires in Washington could ruin the investigation. [AL]

### 10.00 Mysteries At The Museum (Series 9): *Great Baby Race* (Episode 3)

Don Wildman examines tunnel tiles which helped to finance a wacky competition, inspects a medal linked to a great swindle and a doghouse connected to a journey. [AL]

### 11.00 Expedition Unknown (Series 6): *Mysteries Of Bermuda Triangle* (Episode 10)

Josh Gates dives into the mysteries of the Bermuda Triangle. He goes to the ocean floor, the skies and space to explore its intriguing disappearances. [9-A]

### 12.00 Kindred Spirits (Series 1): *Breaking And Entering* (Episode 1)

A frightened homeowner calls Amy and Adam to solve what's haunting her home. Could the activity be connected to a previous homeowner's suicide? [9-A]

### 13.00 Building Alaska (Series 7): *Noah's Barge* (Episode 3)

Jere, Ben and Tim put the finishing touches on the biggest project they've undertaken: building a 112-foot floating barge. [AL]

### 14.00 Ice Cold Gold (Series 3): *Adapt or Die* (Episode 1)

After a brush with death in Iceland, the team discovers some devastating news about the 13 million dollar ruby deposit they have been working on for a year and a half. [AL]

### 15.00 Treasure Quest: Snake Island (Series 1): *Dire Consequences* (Episode 4)

As injuries pile up, the team push deeper into the Island in search of the Treasure of the Trinity, but a trail of clues leads to confrontation. [AL-T]

**16.00 Finding Bigfoot (Series 1): Alaska's Bigfoot Island (Episode 1)**

Bigfoot experts are called to Prince of Wales Island, Alaska to investigate a recent spike in Sasquatch activity. But can they track the elusive beast? [6-A]

**17.00 Mysteries At The Museum (Series 9): Mystery Of The Spinning Statue (Episode 4)**

Don Wildman examines a statue with a life of its own, a strange skull from a beast that once was a star and a small carving of an infamous dictator. [AL]

**18.00 Expedition Unknown (Series 6): Revealing The Triangle (Episode 11)**

To conclude his epic investigation, Josh Gates uses cutting-edge technology to investigate the Bermuda Triangle's most infamous shipwreck and lost flights. [9-A]

**19.00 Kindred Spirits (Series 1): Cabin In The Woods (Episode 2)**

An aggressive ghost scratches a person and breaks objects at a cabin. Amy and Adam head deep into the Pennsylvania woods to uncover answers for the family. [9-A]

**20.00 The Dead Files (Series 5): From Beyond (Episode 6)**

Steve and Amy investigate a Georgia home built on a blood-soaked Civil War battleground. There, Amy encounters a group of possibly otherworldly beings. [12-AT]

**21.00 Most Terrifying Places (Series 1): Graveyard Of The Atlantic (Episode 4)**

On a remote North Carolina Island, witnesses report seeing spooky apparitions. Plus, a restaurant quakes with possible ghostly activity. [16-AT]

**22.00 The Dead Files (Series 9): Deadly Reflections (Episode 8)**

Steve and Amy travel to Texas to investigate a widow's claim that an evil paranormal force killed her husband and is targeting her daughter. [12-AT]

**23.00 Paranormal Lockdown (Series 1): Kreischer Mansion (Episode 6)**

Nick and Katrina seek answers on who is haunting the infamous Kreischer Mansion. Legend states that during the late 1800s several séances were conducted there. [12-AT]

**00.00 The Holzer Files (Series 1): Legends and Lies (Episode 2)**

The team revives Hans Holzer's investigation of a mysterious home in Henniker, NH. They delve into New England folklore for the truth behind the haunting. [12-A]

**01.00 The Holzer Files (Series 1): Grave Secrets (Episode 3)**

The team relaunches a case that eluded Hans Holzer his whole life: the Howard-Dickinson House in Henderson, Texas. Does it contain a dark family secret? [12-A]

**02.00 Portals To Hell (Series 2): Pennhurst Asylum (Episode 15)**

Jack and Katrina are drawn to the dark allure of Pennhurst Asylum in Pennsylvania. They enlist Heather Taddy to help investigate this infamous site. [12-AT]

**03.00 Haunted Towns (Series 1): Vicksburg, MS (Episode 5)**

The team head to Mississippi, site of the Siege of Vicksburg, to investigate a haunting that dates back to the Reconstruction Era. Can they settle the restless spirit? [16-AT]

**04.00 Paranormal Lockdown (Series 1): Kreischer Mansion (Episode 6)**

Nick and Katrina seek answers on who is haunting the infamous Kreischer Mansion. Legend states that during the late 1800s several séances were conducted there. [12-AT]

**05.00 Kindred Spirits (Series 1): Cabin In The Woods (Episode 2)**

An aggressive ghost scratches a person and breaks objects at a cabin. Amy and Adam head deep into the Pennsylvania woods to uncover answers for the family. [9-A]



## Wednesday 15 May 2024

### 06.00 Building Alaska (Series 7): *Noah's Barge* (Episode 3)

Jere, Ben and Tim put the finishing touches on the biggest project they've undertaken: building a 112-foot floating barge. [AL]

### 07.00 Ice Cold Gold (Series 3): *Adapt or Die* (Episode 1)

After a brush with death in Iceland, the team discovers some devastating news about the 13 million dollar ruby deposit they have been working on for a year and a half. [AL]

### 08.00 Treasure Quest: Snake Island (Series 1): *Dire Consequences* (Episode 4)

As injuries pile up, the team push deeper into the Island in search of the Treasure of the Trinity, but a trail of clues leads to confrontation. [AL-T]

### 09.00 Finding Bigfoot (Series 1): *Alaska's Bigfoot Island* (Episode 1)

Bigfoot experts are called to Prince of Wales Island, Alaska to investigate a recent spike in Sasquatch activity. But can they track the elusive beast? [6-A]

### 10.00 Mysteries At The Museum (Series 9): *Mystery Of The Spinning Statue* (Episode 4)

Don Wildman examines a statue with a life of its own, a strange skull from a beast that once was a star and a small carving of an infamous dictator. [AL]

### 11.00 Expedition Unknown (Series 6): *Revealing The Triangle* (Episode 11)

To conclude his epic investigation, Josh Gates uses cutting-edge technology to investigate the Bermuda Triangle's most infamous shipwreck and lost flights. [9-A]

### 12.00 Kindred Spirits (Series 1): *Cabin In The Woods* (Episode 2)

An aggressive ghost scratches a person and breaks objects at a cabin. Amy and Adam head deep into the Pennsylvania woods to uncover answers for the family. [9-A]

### 13.00 Building Alaska (Series 7): *Stuck In Shelikof* (Episode 4)

Nick experiences first-hand just how dangerous living in Alaska can be while hunting for driftwood to build his fishing lodge and warehouse. [AL]

### 14.00 Ice Cold Gold (Series 3): *Midnight Run* (Episode 2)

The miners journey into Greenland's unexplored and unforgiving wilderness in search of ultimate treasure. While half the team discovers gold, the rest are stranded. [AL]

### 15.00 Treasure Quest: Snake Island (Series 1): *Radio Silence* (Episode 5)

A dangerous run-in leads the team to an astounding new clue, but a communications breakdown leaves them in the dark about an approaching storm. [AL-T]

### 16.00 Finding Bigfoot (Series 1): *Caught on Tape* (Episode 2)

Some convincing Bigfoot footage leads to an inexplicable encounter in the forests of North Carolina. Could the team be close to finding this legendary creature? [6-A]

### 17.00 Mysteries At The Museum (Series 9): *Bizarre Bread* (Episode 5)

Don Wildman examines a specimen linked to a case of mass hysteria, marvels at a massive locomotive, and studies the West's most legendary creature, the jackalope. [AL]

### 18.00 Expedition Unknown (Series 6): *The Secret Solved* (Episode 13)

One of the puzzles of The Secret, a case Josh Gates has been chasing for years, might have been solved. Will the solution be in his hometown? [9-A]

### 19.00 Kindred Spirits (Series 1): *Trapped In The Attic* (Episode 3)

A shadow man terrorizes a small boy and his mum in their family home. The case takes a dark twist when the ghost is not who Amy and Adam expect. [9-A]

### 20.00 The Dead Files (Series 5): *Torn Apart* (Episode 8)

A terrified mother calls on Steve and Amy to investigate vicious paranormal activity in Ohio. Amy encounters mutilated entities and detects a dangerous dead person. [12-AT]

**21.00 The Dead Files (Series 5): *House Of Mirrors* (Episode 3)**

When a couple fears for their grandson's safety, Steve and Amy travel to Independence, Oregon, to investigate. They uncover the property's disturbing history. [12-AT]

**22.00 Ghost Adventures (Series 2): *Pennhurst State School And Hospital* (Episode 12)**

The crew visits the abandoned Pennhurst State School and Hospital, a former mental asylum in Spring City, Pennsylvania, that closed in 1987. [12-AT]

**23.00 Paranormal Lockdown (Series 2): *Oliver House* (Episode 1)**

Nick and Katrina head to Massachusetts to investigate a colonial estate's tragic history. But for Nick, the paranormal activity hits too close to home. [12-AT]

**00.00 The Ghost Town Terror (Series 1): *Get Help* (Episode 1)**

Tim Wood and Sapphire Sandalo arrive in Montana to help a family solve the haunting of Gunslinger Gulch. What is the source of the disturbing paranormal activity? [12-GAT]

**01.00 Destination Fear (Series 3): *Fort Knox* (Episode 2)**

The team brave freezing cold weather to stay at an abandoned military fort in Maine. They are convinced a ghostly soldier is trying to send them a message. [12-AT]

**02.00 The Holzer Files (Series 1): *Legends and Lies* (Episode 2)**

The team revives Hans Holzer's investigation of a mysterious home in Henniker, NH. They delve into New England folklore for the truth behind the haunting. [12-A]

**03.00 The Holzer Files (Series 1): *Grave Secrets* (Episode 3)**

The team relaunches a case that eluded Hans Holzer his whole life: the Howard-Dickinson House in Henderson, Texas. Does it contain a dark family secret? [12-A]

**04.00 Paranormal Lockdown (Series 2): *Oliver House* (Episode 1)**

Nick and Katrina head to Massachusetts to investigate a colonial estate's tragic history. But for Nick, the paranormal activity hits too close to home. [12-AT]

**05.00 Kindred Spirits (Series 1): *Trapped In The Attic* (Episode 3)**

A shadow man terrorizes a small boy and his mum in their family home. The case takes a dark twist when the ghost is not who Amy and Adam expect. [9-A]

**Thursday  
16 May 2024**

**06.00 Building Alaska (Series 7): *Stuck In Shelikof* (Episode 4)**

Nick experiences first-hand just how dangerous living in Alaska can be while hunting for driftwood to build his fishing lodge and warehouse. [AL]

**07.00 Ice Cold Gold (Series 3): *Midnight Run* (Episode 2)**

The miners journey into Greenland's unexplored and unforgiving wilderness in search of ultimate treasure. While half the team discovers gold, the rest are stranded. [AL]

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A dangerous run-in leads the team to an astounding new clue, but a communications breakdown leaves them in the dark about an approaching storm. [AL-T]

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Some convincing Bigfoot footage leads to an inexplicable encounter in the forests of North Carolina. Could the team be close to finding this legendary creature? [6-A]

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Don Wildman examines a specimen linked to a case of mass hysteria, marvels at a massive locomotive, and studies the West's most legendary creature, the jackalope. [AL]

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One of the puzzles of The Secret, a case Josh Gates has been chasing for years, might have been solved. Will the solution be in his hometown? [9-A]



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A shadow man terrorizes a small boy and his mum in their family home. The case takes a dark twist when the ghost is not who Amy and Adam expect. [9-A]

**13.00 Building Alaska (Series 7): *Rain, Rain, Go Away* (Episode 5)**

Rain and a muddy trail slow down Brannon's cabin build. Despite their dampened spirits, the gang is able to haul the windows across the two-mile trail. [AL]

**14.00 Ice Cold Gold (Series 3): *Death from Above* (Episode 3)**

On almost no sleep, the miners split into two groups and set out into Greenland's dangerous landscape for a recon mission into a deadly valley. [AL]

**15.00 Treasure Quest: Snake Island (Series 1): *A Race Against Time* (Episode 6)**

The team pushes deeper into Snake Island than ever, tempting fate with every step, and they make a discovery that will change their lives. [AL-T]

**16.00 Finding Bigfoot (Series 1): *Bigfoot Crossing in Georgia* (Episode 3)**

The team is investigating a Bigfoot sighting in north Georgia when they make a shocking discovery. Are they finally closing in on this legendary beast? [6-A]

**17.00 Mysteries At The Museum (Series 9): *Nation Of Sealand* (Episode 7)**

Don examines postage stamps made by a group of pirate radio rebels, inspects a photo linked to a terrifying sea monster and observes a gun owned by an outlaw. [AL]

**18.00 Expedition Unknown (Series 6): *The Warrior Queen's Treasure* (Episode 16)**

Josh Gates searches across England to unearth a cache of ancient treasures belonging to the legendary Celtic queen, Boudica. [9-A]

**19.00 Kindred Spirits (Series 1): *Lost Amy* (Episode 4)**

An investigation into a shadow figure takes an emotional turn for Amy. Plus, a growling voice makes the team fear the ghost is more negative than they were led to believe. [9-A]

**20.00 The Dead Files (Series 5): *The Creeper* (Episode 10)**

Steve and Amy explore the link between paranormal activity in Texas and a cold-blooded murder. Amy detects a sociopathic dead man who agitates the living. [12-AT]

**21.00 Mysteries At The Museum (Series 22): *Oakland Poltergeist And More* (Episode 13)**

Don Wildman investigates a sinister haunting in California, a bizarre ancient Egyptian artefact and a scorned sea captain's curse. [12-A]

**22.00 Mysteries At The Museum (Series 23): *Ball Of Mystery And More* (Episode 1)**

Don investigates an ominous orb with unusual powers, an interstellar sound from the dark side of the moon and the true identity of a world-renowned writer. [9-A]

**23.00 Paranormal Lockdown (Series 2): *Shrewsbury Prison* (Episode 2)**

Nick and Katrina unlock the dark secrets of HMS Shrewsbury Prison in England, exploring 200 years of executions, anger and tragedy - and discovering new threats. [16-AT]

**00.00 Most Terrifying Places (Series 1): *Graveyard Of The Atlantic* (Episode 4)**

On a remote North Carolina Island, witnesses report seeing spooky apparitions. Plus, a restaurant quakes with possible ghostly activity. [16-AT]

**01.00 The Dead Files (Series 9): *Deadly Reflections* (Episode 8)**

Steve and Amy travel to Texas to investigate a widow's claim that an evil paranormal force killed her husband and is targeting her daughter. [12-AT]

**02.00 The Ghost Town Terror (Series 1): *Get Help* (Episode 1)**

Tim Wood and Sapphire Sandalo arrive in Montana to help a family solve the haunting of Gunslinger Gulch. What is the source of the disturbing paranormal activity? [12-GAT]

**03.00 Destination Fear (Series 3): Fort Knox (Episode 2)**

The team brave freezing cold weather to stay at an abandoned military fort in Maine. They are convinced a ghostly soldier is trying to send them a message. [12-AT]

**04.00 Paranormal Lockdown (Series 2): Shrewsbury Prison (Episode 2)**

Nick and Katrina unlock the dark secrets of HMS Shrewsbury Prison in England, exploring 200 years of executions, anger and tragedy - and discovering new threats. [16-AT]

**05.00 Kindred Spirits (Series 1): Lost Amy (Episode 4)**

An investigation into a shadow figure takes an emotional turn for Amy. Plus, a growling voice makes the team fear the ghost is more negative than they were led to believe. [9-A]

**Friday**

**17 May 2024**

**06.00 Building Alaska (Series 7): Rain, Rain, Go Away (Episode 5)**

Rain and a muddy trail slow down Brannon's cabin build. Despite their dampened spirits, the gang is able to haul the windows across the two-mile trail. [AL]

**07.00 Ice Cold Gold (Series 3): Death from Above (Episode 3)**

On almost no sleep, the miners split into two groups and set out into Greenland's dangerous landscape for a recon mission into a deadly valley. [AL]

**08.00 Treasure Quest: Snake Island (Series 1): A Race Against Time (Episode 6)**

The team pushes deeper into Snake Island than ever, tempting fate with every step, and they make a discovery that will change their lives. [AL-T]

**09.00 Finding Bigfoot (Series 1): Bigfoot Crossing in Georgia (Episode 3)**

The team is investigating a Bigfoot sighting in north Georgia when they make a shocking discovery. Are they finally closing in on this legendary beast? [6-A]

**10.00 Mysteries At The Museum (Series 9): Nation Of Sealand (Episode 7)**

Don examines postage stamps made by a group of pirate radio rebels, inspects a photo linked to a terrifying sea monster and observes a gun owned by an outlaw. [AL]

**11.00 Expedition Unknown (Series 6): The Warrior Queen's Treasure (Episode 16)**

Josh Gates searches across England to unearth a cache of ancient treasures belonging to the legendary Celtic queen, Boudica. [9-A]

**12.00 Kindred Spirits (Series 1): Lost Amy (Episode 4)**

An investigation into a shadow figure takes an emotional turn for Amy. Plus, a growling voice makes the team fear the ghost is more negative than they were led to believe. [9-A]

**13.00 Building Alaska (Series 7): Honey Bucket (Episode 6)**

Nick races to finish his cabin before his mum visits again. Bears are still a threat, so he makes sure the electric fence is working. [AL]

**14.00 Ice Cold Gold (Series 3): Frozen with Fear (Episode 4)**

Time is short in Saqqaq and Eric pushes the team to explore every corner. After Jesse and Gator refuse, only Americo follows Eric up a deadly 1200 ft slope. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): The Trail Of Blood (Episode 1)**

A vital clue on Snake Island sees the team in the perilous Paraguayan jungle. A historic artefact brings them closer to treasure - and life-threatening encounters. [AL-T]

**16.00 Finding Bigfoot (Series 1): Swamp Ape (Episode 4)**

The crew come to the aid of a family in Florida who believe Bigfoot is living on their property. Can they confirm this legendary creature is at large in the Deep South? [6-A]

**17.00 Mysteries At The Museum (Series 9): Mysterious Death Of Van Gogh (Episode 8)**

Don Wildman examines a painting by Vincent Van Gogh, a dress worn by a ground-breaking athlete and a massive airplane used to combat a deadly inferno. [AL]



**18.00 Expedition Unknown (Series 6): *The Fortune Of The Buzzard* (Episode 17)**

Josh Gates is on the trail of the legendary lost treasure of the notorious pirate, The Buzzard - a fortune rumoured to be over a billion dollars. [9-A]

**19.00 Kindred Spirits (Series 1): *Shadows* (Episode 5)**

A menacing ghost frightens an 11-year-old girl. Is a disturbed grave of a giant Native American man at the root of the haunting? [9-A]

**20.00 The Dead Files (Series 5): *Madhouse* (Episode 11)**

Steve and Amy investigate claims of terrifying paranormal activity at a historic movie theatre. There, Steve unearths evidence of a deadly love triangle. [12-AT]

**21.00 The Alaska Triangle (Series 2): *Bigfoot Island* (Episode 2)**

Is a Sasquatch colony terrorising the residents of a remote island? And, could decades of UFO sightings suggest that aliens are working with the US military? [9-A]

**22.00 The Alaska Triangle (Series 2): *Kodiak Dinosaur* (Episode 3)**

A sonar recording may prove that a prehistoric monster stalks the seas around Kodiak Island. Researchers investigate the disappearance of thousands of airplanes. [9-A]

**23.00 Paranormal Lockdown (Series 2): *Monroe House* (Episode 3)**

Nick and Katrina spend 72 hours untangling the mysteries of Monroe Demon House. But while Katrina engages with the occult, Nick engages with a dark presence. [12-AT]

**00.00 The Dead Files (Series 5): *House Of Mirrors* (Episode 3)**

When a couple fears for their grandson's safety, Steve and Amy travel to Independence, Oregon, to investigate. They uncover the property's disturbing history. [12-AT]

**01.00 Ghost Adventures (Series 2): *Pennhurst State School And Hospital* (Episode 12)**

The crew visits the abandoned Pennhurst State School and Hospital, a former mental asylum in Spring City, Pennsylvania, that closed in 1987. [12-AT]

**02.00 Most Terrifying Places (Series 1): *Graveyard Of The Atlantic* (Episode 4)**

On a remote North Carolina Island, witnesses report seeing spooky apparitions. Plus, a restaurant quakes with possible ghostly activity. [16-AT]

**03.00 The Dead Files (Series 9): *Deadly Reflections* (Episode 8)**

Steve and Amy travel to Texas to investigate a widow's claim that an evil paranormal force killed her husband and is targeting her daughter. [12-AT]

**04.00 Paranormal Lockdown (Series 2): *Monroe House* (Episode 3)**

Nick and Katrina spend 72 hours untangling the mysteries of Monroe Demon House. But while Katrina engages with the occult, Nick engages with a dark presence. [12-AT]

**05.00 Kindred Spirits (Series 1): *Shadows* (Episode 5)**

A menacing ghost frightens an 11-year-old girl. Is a disturbed grave of a giant Native American man at the root of the haunting? [9-A]

**Saturday  
18 May 2024**

**06.00 Ice Cold Gold (Series 2): *Facing the Beast* (Episode 9)**

A look back at the exploits of eight hardy American prospectors who spent two months mining for gold on Greenland in a race against time. [AL-T]

**07.00 Ice Cold Gold (Series 3): *Adapt or Die* (Episode 1)**

After a brush with death in Iceland, the team discovers some devastating news about the 13 million dollar ruby deposit they have been working on for a year and a half. [AL]

**08.00 Ice Cold Gold (Series 3): *Midnight Run* (Episode 2)**

The miners journey into Greenland's unexplored and unforgiving wilderness in search of ultimate treasure. While half the team discovers gold, the rest are stranded. [AL]



**09.00 Ice Cold Gold (Series 3):  
Death from Above (Episode 3)**

On almost no sleep, the miners split into two groups and set out into Greenland's dangerous landscape for a recon mission into a deadly valley. [AL]

**10.00 Ice Cold Gold (Series 3):  
Frozen with Fear (Episode 4)**

Time is short in Saqqaq and Eric pushes the team to explore every corner. After Jesse and Gator refuse, only Americo follows Eric up a deadly 1200 ft slope. [AL]

**11.00 Mysteries At The  
Museum (Series 9): Great Baby  
Race (Episode 3)**

Don Wildman examines tunnel tiles which helped to finance a wacky competition, inspects a medal linked to a great swindle and a doghouse connected to a journey. [AL]

**12.00 Mysteries At The  
Museum (Series 9): Mystery Of  
The Spinning Statue (Episode 4)**

Don Wildman examines a statue with a life of its own, a strange skull from a beast that once was a star and a small carving of an infamous dictator. [AL]

**13.00 Mysteries At The  
Museum (Series 9): Bizarre  
Bread (Episode 5)**

Don Wildman examines a specimen linked to a case of mass hysteria, marvels at a massive locomotive, and studies the West's most legendary creature, the jackalope. [AL]

**14.00 Mysteries At The  
Museum (Series 9): Nation Of  
Sealand (Episode 7)**

Don examines postage stamps made by a group of pirate radio rebels, inspects a photo linked to a terrifying sea monster and observes a gun owned by an outlaw. [AL]

**15.00 Mysteries At The  
Museum (Series 9): Mysterious  
Death Of Van Gogh (Episode 8)**

Don Wildman examines a painting by Vincent Van Gogh, a dress worn by a ground-breaking athlete and a massive airplane used to combat a deadly inferno. [AL]

**16.00 Building Alaska (Series  
7): Hard Work Beats Talent  
(Episode 2)**

Reality hits first-time extreme cabin builder Nick as he fights the tides to get pylons for his foundation. But, he needs the right kit to dig postholes. [AL]

**17.00 Building Alaska (Series  
7): Noah's Barge (Episode 3)**

Jere, Ben and Tim put the finishing touches on the biggest project they've undertaken: building a 112-foot floating barge. [AL]

**18.00 Building Alaska (Series  
7): Stuck In Shelikof (Episode 4)**

Nick experiences first-hand just how dangerous living in Alaska can be while hunting for driftwood to build his fishing lodge and warehouse. [AL]

**19.00 Building Alaska (Series  
7): Rain, Rain, Go Away  
(Episode 5)**

Rain and a muddy trail slow down Brannon's cabin build. Despite their dampened spirits, the gang is able to haul the windows across the two-mile trail. [AL]

**20.00 Building Alaska (Series  
7): Building Alaska, The New  
Generation (Episode 1)**

A new generation of builders face off against the Alaskan wilds. Nick faces some harsh realities when he can't use the trees on his site. [AL]

**21.00 Portals To Hell (Series  
2): Lake Shawnee Amusement  
Park (Episode 17)**

Jack and guest host Heather investigate an abandoned amusement park. They suspect the paranormal activity goes deeper than the tragedies at the park. [12-AT]

**22.00 Haunted Towns (Series  
1): Cape May, NJ (Episode 6)**

The TWC team travels to the Jersey Shore to explore the paranormal history of holiday town Cape May. They investigate the town's infamous Emlyn Physick Estate. [16-AT]

**23.00 Destination Fear (Series  
1): Pennhurst State School  
(Episode 10)**

The team faces their biggest challenge yet in an abandoned asylum in Pennsylvania. Their experiences within leave them wondering if they'll ever return home. [12-AT]



**00.00 Mysteries At The Museum (Series 22): *Oakland Poltergeist And More* (Episode 13)**

Don Wildman investigates a sinister haunting in California, a bizarre ancient Egyptian artefact and a scorned sea captain's curse. [12-A]

**01.00 Mysteries At The Museum (Series 23): *Ball Of Mystery And More* (Episode 1)**

Don investigates an ominous orb with unusual powers, an interstellar sound from the dark side of the moon and the true identity of a world-renowned writer. [9-A]

**02.00 The Dead Files (Series 5): *House Of Mirrors* (Episode 3)**

When a couple fears for their grandson's safety, Steve and Amy travel to Independence, Oregon, to investigate. They uncover the property's disturbing history. [12-AT]

**03.00 Ghost Adventures (Series 2): *Pennhurst State School And Hospital* (Episode 12)**

The crew visits the abandoned Pennhurst State School and Hospital, a former mental asylum in Spring City, Pennsylvania, that closed in 1987. [12-AT]

**04.00 Destination Fear (Series 1): *Pennhurst State School* (Episode 10)**

The team faces their biggest challenge yet in an abandoned asylum in Pennsylvania. Their experiences within leave them wondering if they'll ever return home. [12-AT]

**05.00 Building Alaska (Series 7): *Rain, Rain, Go Away* (Episode 5)**

Rain and a muddy trail slow down Brannon's cabin build. Despite their dampened spirits, the gang is able to haul the windows across the two-mile trail. [AL]

**Sunday  
19 May 2024**

**06.00 Expedition Unknown (Series 6): *Mysteries Of Bermuda Triangle* (Episode 10)**

Josh Gates dives into the mysteries of the Bermuda Triangle. He goes to the ocean floor, the skies and space to explore its intriguing disappearances. [9-A]

**07.00 Expedition Unknown (Series 6): *Revealing The Triangle* (Episode 11)**

To conclude his epic investigation, Josh Gates uses cutting-edge technology to investigate the Bermuda Triangle's most infamous shipwreck and lost flights. [9-A]

**08.00 Expedition Unknown (Series 6): *The Secret Solved* (Episode 13)**

One of the puzzles of The Secret, a case Josh Gates has been chasing for years, might have been solved. Will the solution be in his hometown? [9-A]

**09.00 Expedition Unknown (Series 6): *The Warrior Queen's Treasure* (Episode 16)**

Josh Gates searches across England to unearth a cache of ancient treasures belonging to the legendary Celtic queen, Boudica. [9-A]

**10.00 Expedition Unknown (Series 6): *The Fortune Of The Buzzard* (Episode 17)**

Josh Gates is on the trail of the legendary lost treasure of the notorious pirate, The Buzzard - a fortune rumoured to be over a billion dollars. [9-A]

**11.00 Kindred Spirits (Series 1): *Breaking And Entering* (Episode 1)**

A frightened homeowner calls Amy and Adam to solve what's haunting her home. Could the activity be connected to a previous homeowner's suicide? [9-A]

**12.00 Kindred Spirits (Series 1): *Cabin In The Woods* (Episode 2)**

An aggressive ghost scratches a person and breaks objects at a cabin. Amy and Adam head deep into the Pennsylvania woods to uncover answers for the family. [9-A]



**13.00 Kindred Spirits (Series 1): *Trapped In The Attic* (Episode 3)**

A shadow man terrorizes a small boy and his mum in their family home. The case takes a dark twist when the ghost is not who Amy and Adam expect. [9-A]

**14.00 Kindred Spirits (Series 1): *Lost Amy* (Episode 4)**

An investigation into a shadow figure takes an emotional turn for Amy. Plus, a growling voice makes the team fear the ghost is more negative than they were led to believe. [9-A]

**15.00 Kindred Spirits (Series 1): *Shadows* (Episode 5)**

A menacing ghost frightens an 11-year-old girl. Is a disturbed grave of a giant Native American man at the root of the haunting? [9-A]

**16.00 Treasure Quest: Snake Island (Series 1): *A Steep Price* (Episode 3)**

A discovery on the island fires up the team. But as excitement builds, a series of dangerous encounters threatens to end the mission - and people's lives. [AL-T]

**17.00 Treasure Quest: Snake Island (Series 1): *Dire Consequences* (Episode 4)**

As injuries pile up, the team push deeper into the Island in search of the Treasure of the Trinity, but a trail of clues leads to confrontation. [AL-T]

**18.00 Treasure Quest: Snake Island (Series 1): *Radio Silence* (Episode 5)**

A dangerous run-in leads the team to an astounding new clue, but a communications breakdown leaves them in the dark about an approaching storm. [AL-T]

**19.00 Treasure Quest: Snake Island (Series 1): *A Race Against Time* (Episode 6)**

The team pushes deeper into Snake Island than ever, tempting fate with every step, and they make a discovery that will change their lives. [AL-T]

**20.00 Treasure Quest: Snake Island (Series 2): *The Trail Of Blood* (Episode 1)**

A vital clue on Snake Island sees the team in the perilous Paraguayan jungle. A historic artefact brings them closer to treasure - and life-threatening encounters. [AL-T]

**21.00 The Holzer Files (Series 1): *Possessor's Curse* (Episode 4)**

When Hans Holzer visited the Ayers-Allen House in New Jersey, he found entities dating back to colonial times. Now the team discovers an ominous presence there. [12-A]

**22.00 The Holzer Files (Series 1): *A Grave Revenge* (Episode 5)**

The team heads to San Diego to visit the Whaley House, deemed by Hans Holzer as the most haunted home in America. The investigation reveals a dark presence. [12-A]

**23.00 Ghost Loop (Series 1): *Cradle To The Grave* (Episode 1)**

The Spirit Hunters arrive in Palatka, Florida, to help a mother who fears an unknown entity is crawling into her children's bedrooms. What will they discover? [12-AT]

**00.00 The Alaska Triangle (Series 2): *Bigfoot Island* (Episode 2)**

Is a Sasquatch colony terrorising the residents of a remote island? And, could decades of UFO sightings suggest that aliens are working with the US military? [9-A]

**01.00 The Alaska Triangle (Series 2): *Kodiak Dinosaur* (Episode 3)**

A sonar recording may prove that a prehistoric monster stalks the seas around Kodiak Island. Researchers investigate the disappearance of thousands of airplanes. [9-A]

**02.00 Mysteries At The Museum (Series 22): *Oakland Poltergeist And More* (Episode 13)**

Don Wildman investigates a sinister haunting in California, a bizarre ancient Egyptian artefact and a scorned sea captain's curse. [12-A]

**03.00 Mysteries At The Museum (Series 23): *Ball Of Mystery And More* (Episode 1)**

Don investigates an ominous orb with unusual powers, an interstellar sound from the dark side of the moon and the true identity of a world-renowned writer. [9-A]

**04.00 Ghost Loop (Series 1):  
Cradle To The Grave (Episode 1)**

The Spirit Hunters arrive in Palatka, Florida, to help a mother who fears an unknown entity is crawling into her children's bedrooms. What will they discover? [12-AT]

**05.00 Treasure Quest: Snake Island (Series 1): A Race Against Time (Episode 6)**

The team pushes deeper into Snake Island than ever, tempting fate with every step, and they make a discovery that will change their lives. [AL-T]

**Monday  
20 May 2024**

**06.00 Building Alaska (Series 7): Honey Bucket (Episode 6)**

Nick races to finish his cabin before his mum visits again. Bears are still a threat, so he makes sure the electric fence is working. [AL]

**07.00 Ice Cold Gold (Series 3): Frozen with Fear (Episode 4)**

Time is short in Saqqaq and Eric pushes the team to explore every corner. After Jesse and Gator refuse, only Americo follows Eric up a deadly 1200 ft slope. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): The Trail Of Blood (Episode 1)**

A vital clue on Snake Island sees the team in the perilous Paraguayan jungle. A historic artefact brings them closer to treasure - and life-threatening encounters. [AL-T]

**09.00 Finding Bigfoot (Series 1): Swamp Ape (Episode 4)**

The crew come to the aid of a family in Florida who believe Bigfoot is living on their property. Can they confirm this legendary creature is at large in the Deep South? [6-A]

**10.00 Mysteries At The Museum (Series 9): Mysterious Death Of Van Gogh (Episode 8)**

Don Wildman examines a painting by Vincent Van Gogh, a dress worn by a ground-breaking athlete and a massive airplane used to combat a deadly inferno. [AL]

**11.00 Expedition Unknown (Series 6): The Fortune Of The Buzzard (Episode 17)**

Josh Gates is on the trail of the legendary lost treasure of the notorious pirate, The Buzzard - a fortune rumoured to be over a billion dollars. [9-A]

**12.00 Kindred Spirits (Series 1): Shadows (Episode 5)**

A menacing ghost frightens an 11-year-old girl. Is a disturbed grave of a giant Native American man at the root of the haunting? [9-A]

**13.00 Building Alaska (Series 7): Home Stretch (Episode 7)**

All the builders are in the final stretch as they complete their cabins and floating lodge. But, Jere and Ben's progress halts when they run out of necessary equipment. [AL]

**14.00 Ice Cold Gold (Series 3): Golden Glacier (Episode 5)**

Eric continues to battle gold fever as he pushes himself and his team well past their limits. The miners have only two days left to explore the three areas in Saqqaq. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): A Cursed Fortune (Episode 2)**

The team finds more artefacts leading them closer to treasure, and meets a local historian who gives them a valuable clue, but warns of the fortune's cursed past. [AL-T]

**16.00 Finding Bigfoot (Series 1): Fishing for Bigfoot in Oregon (Episode 5)**

On a midnight mission to confirm Bigfoot sightings in Oregon the team is disturbed by a strange, rumbling growl. Are they listening to the beast? [6-A]

**17.00 Mysteries At The Museum (Series 9): Italian UFO And More (Episode 9)**

Don Wildman examines an extra-terrestrial encounter linked to a bizarre spider, a survivor turned circus performer and a rusty can of beans. [AL]

**18.00 Expedition Unknown (Series 6): Siberia's Coldest Case (Episode 18)**

Josh Gates investigates the Dyatlov Pass Incident, where nine hikers died in unexplained circumstances. In harsh conditions, he re-traces the hikers' journey. [9-A]



**19.00 Kindred Spirits (Series 1): *Shoebox Murder* (Episode 6)**

A hostile spirit attacks a homeowner and smashes objects. A stunning breakthrough leads the investigation toward an infamous unsolved murder. [9-A]

**20.00 The Dead Files (Series 5): *Vengeance* (Episode 12)**

Steve and Amy investigate a family-owned restaurant threatened by violent paranormal activity in Albuquerque. There, Amy detects the spirits of several dead people. [12-AT]

**21.00 The Ghost Town Terror (Series 1): *A Place for the Dead* (Episode 2)**

The team find links between the bloody history of Anaconda, Montana, and Gunslinger Gulch. A trek into the hills has medium Sarah fearing for everyone's safety. [12-GAT]

**22.00 Destination Fear (Series 3): *Waverly Hills Sanatorium* (Episode 3)**

The team confront their childhood fears at the infamous Waverly Hills Sanatorium in Louisville, KY, reputed to be America's most haunted location. [12-AT]

**23.00 Paranormal Lockdown (Series 2): *St. Ignatius Hospital* (Episode 4)**

The 120-year-old St. Ignatius Hospital in Washington has been abandoned since 2003, but is hardly uninhabited. Nick Groff and Katrina Weidman check in. [12-AT]

**00.00 Portals To Hell (Series 2): *Lake Shawnee Amusement Park* (Episode 17)**

Jack and guest host Heather investigate an abandoned amusement park. They suspect the paranormal activity goes deeper than the tragedies at the park. [12-AT]

**01.00 Haunted Towns (Series 1): *Cape May, NJ* (Episode 6)**

The TWC team travels to the Jersey Shore to explore the paranormal history of holiday town Cape May. They investigate the town's infamous Emlyn Physick Estate. [16-AT]

**02.00 The Alaska Triangle (Series 2): *Bigfoot Island* (Episode 2)**

Is a Sasquatch colony terrorising the residents of a remote island? And, could decades of UFO sightings suggest that aliens are working with the US military? [9-A]

**03.00 The Alaska Triangle (Series 2): *Kodiak Dinosaur* (Episode 3)**

A sonar recording may prove that a prehistoric monster stalks the seas around Kodiak Island. Researchers investigate the disappearance of thousands of airplanes. [9-A]

**04.00 Paranormal Lockdown (Series 2): *St. Ignatius Hospital* (Episode 4)**

The 120-year-old St. Ignatius Hospital in Washington has been abandoned since 2003, but is hardly uninhabited. Nick Groff and Katrina Weidman check in. [12-AT]

**05.00 Kindred Spirits (Series 1): *Shoebox Murder* (Episode 6)**

A hostile spirit attacks a homeowner and smashes objects. A stunning breakthrough leads the investigation toward an infamous unsolved murder. [9-A]

**Tuesday  
21 May 2024**

**06.00 Building Alaska (Series 7): *Home Stretch* (Episode 7)**

All the builders are in the final stretch as they complete their cabins and floating lodge. But, Jere and Ben's progress halts when they run out of necessary equipment. [AL]

**07.00 Ice Cold Gold (Series 3): *Golden Glacier* (Episode 5)**

Eric continues to battle gold fever as he pushes himself and his team well past their limits. The miners have only two days left to explore the three areas in Saqqaq. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): *A Cursed Fortune* (Episode 2)**

The team finds more artefacts leading them closer to treasure, and meets a local historian who gives them a valuable clue, but warns of the fortune's cursed past. [AL-T]



**09.00 Finding Bigfoot (Series 1): Fishing for Bigfoot in Oregon (Episode 5)**

On a midnight mission to confirm Bigfoot sightings in Oregon the team is disturbed by a strange, rumbling growl. Are they listening to the beast? [6-A]

**10.00 Mysteries At The Museum (Series 9): Italian UFO And More (Episode 9)**

Don Wildman examines an extra-terrestrial encounter linked to a bizarre spider, a survivor turned circus performer and a rusty can of beans. [AL]

**11.00 Expedition Unknown (Series 6): Siberia's Coldest Case (Episode 18)**

Josh Gates investigates the Dyatlov Pass Incident, where nine hikers died in unexplained circumstances. In harsh conditions, he re-traces the hikers' journey. [9-A]

**12.00 Kindred Spirits (Series 1): Shoebox Murder (Episode 6)**

A hostile spirit attacks a homeowner and smashes objects. A stunning breakthrough leads the investigation toward an infamous unsolved murder. [9-A]

**13.00 Building Alaska (Series 7): Grand Finale (Episode 8)**

Nick's dad, Paul, returns to help put the finishing touches on the cabin. Plus, Jere and Ben complete the Sea Otter Sound Lodge just in time as the first guests arrive. [AL]

**14.00 Ice Cold Gold (Series 3): When It All Falls Down (Episode 6)**

After a week of tireless prospecting, the miners make two gold claims potentially worth millions. Plus, a new addition to the team is introduced. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): Treasure Found! (Episode 3)**

The team finds proof of treasure in the jungle near a historic mission. A spooky visit to an antique market uncovers Jesuit silver, leading them up a perilous river. [AL-T]

**16.00 Finding Bigfoot (Series 1): Frozen Bigfoot (Episode 6)**

The crew is in the mountains of southern Washington to investigate photographic evidence of Bigfoot playing in the snow. Are the pictures genuine? [6-A]

**17.00 Mysteries At The Museum (Series 9): Who Killed Superman (Episode 10)**

Don Wildman inspects a pair of glasses linked to a mysterious death, uncovers the truth behind a deep-sea monster and unravels the story behind a great escape. [AL]

**18.00 Expedition Unknown (Series 6): Lost Tomb Of The Mummy (Episode 19)**

Josh Gates investigates an active dig site in Egypt. He joins renowned archaeologist Dr. Zahi Hawass, who is on the cusp on an incredible discovery. [9-A]

**19.00 Kindred Spirits (Series 1): Buried Alive (Episode 7)**

An unknown entity torments a teenager who is afraid to live in his own home. Could the activity be linked to the tragic death of his grandfather, who was buried alive? [9-A]

**20.00 The Dead Files (Series 5): Smothered (Episode 13)**

Steve and Amy investigate disturbing paranormal activity targeting children at a family home in Delmont, where Amy feels the presence of a creepy dead man. [12-AT]

**21.00 Most Terrifying Places (Series 1): Horror Behind The Walls (Episode 5)**

A 19th-century prison hides a chilling secret within its walls. A sealed door haunts a British museum and residents from the past roam a historic village. [16-AT]

**22.00 The Dead Files (Series 9): Dark Thoughts (Episode 9)**

Steve and Amy investigate reports of violent paranormal activity affecting a recently-separated mother and her children in Waterford, CT. [12-AT]

**23.00 Paranormal Lockdown (Series 2): Malvern Manor (Episode 5)**

Drawn to small town Iowa by reports of aggressive shadow figures, Nick and Katrina venture to the harrowing halls of Malvern Manor for 72 hours to capture evidence. [12-AT]



**00.00 The Holzer Files (Series 1): *Possessor's Curse* (Episode 4)**

When Hans Holzer visited the Ayers-Allen House in New Jersey, he found entities dating back to colonial times. Now the team discovers an ominous presence there. [12-A]

**01.00 The Holzer Files (Series 1): *A Grave Revenge* (Episode 5)**

The team heads to San Diego to visit the Whaley House, deemed by Hans Holzer as the most haunted home in America. The investigation reveals a dark presence. [12-A]

**02.00 Portals To Hell (Series 2): *Lake Shawnee Amusement Park* (Episode 17)**

Jack and guest host Heather investigate an abandoned amusement park. They suspect the paranormal activity goes deeper than the tragedies at the park. [12-AT]

**03.00 Haunted Towns (Series 1): *Cape May, NJ* (Episode 6)**

The TWC team travels to the Jersey Shore to explore the paranormal history of holiday town Cape May. They investigate the town's infamous Emlyn Physick Estate. [16-AT]

**04.00 Paranormal Lockdown (Series 2): *Malvern Manor* (Episode 5)**

Drawn to small town Iowa by reports of aggressive shadow figures, Nick and Katrina venture to the harrowing halls of Malvern Manor for 72 hours to capture evidence. [12-AT]

**05.00 Kindred Spirits (Series 1): *Buried Alive* (Episode 7)**

An unknown entity torments a teenager who is afraid to live in his own home. Could the activity be linked to the tragic death of his grandfather, who was buried alive? [9-A]

**Wednesday  
22 May 2024**

**06.00 Building Alaska (Series 7): *Grand Finale* (Episode 8)**

Nick's dad, Paul, returns to help put the finishing touches on the cabin. Plus, Jere and Ben complete the Sea Otter Sound Lodge just in time as the first guests arrive. [AL]

**07.00 Ice Cold Gold (Series 3): *When It All Falls Down* (Episode 6)**

After a week of tireless prospecting, the miners make two gold claims potentially worth millions. Plus, a new addition to the team is introduced. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): *Treasure Found!* (Episode 3)**

The team finds proof of treasure in the jungle near a historic mission. A spooky visit to an antique market uncovers Jesuit silver, leading them up a perilous river. [AL-T]

**09.00 Finding Bigfoot (Series 1): *Frozen Bigfoot* (Episode 6)**

The crew is in the mountains of southern Washington to investigate photographic evidence of Bigfoot playing in the snow. Are the pictures genuine? [6-A]

**10.00 Mysteries At The Museum (Series 9): *Who Killed Superman* (Episode 10)**

Don Wildman inspects a pair of glasses linked to a mysterious death, uncovers the truth behind a deep-sea monster and unravels the story behind a great escape. [AL]

**11.00 Expedition Unknown (Series 6): *Lost Tomb Of The Mummy* (Episode 19)**

Josh Gates investigates an active dig site in Egypt. He joins renowned archaeologist Dr. Zahi Hawass, who is on the cusp on an incredible discovery. [9-A]

**12.00 Kindred Spirits (Series 1): *Buried Alive* (Episode 7)**

An unknown entity torments a teenager who is afraid to live in his own home. Could the activity be linked to the tragic death of his grandfather, who was buried alive? [9-A]

**13.00 Building Alaska (Series 9): *Shaky Ground* (Episode 1)**

Three new teams arrive to construct their sites and begin work on their unique cabins in the remote Alaskan wilderness. But they're already off to a rocky start. [AL-T]



**14.00 Ice Cold Gold (Series 3):  
Trapped on Cloud Island  
(Episode 7)**

With half their equipment destroyed, the members of Sixty-Degree Resources find themselves trapped on a dangerously remote island surrounded by ice. [AL]

**15.00 Treasure Quest: Snake  
Island (Series 2): Brush With  
Death (Episode 4)**

A deadly caiman targets Meghan, but a potentially crippling accident leads to a shocking find - a coded message from the past that may bring them closer to gold. [AL-T]

**16.00 Finding Bigfoot (Series  
2): Peeping Bigfoot (Episode 1)**

The research team head into the wilds of Minnesota to investigate howls heard at a Bigfoot hotspot. Can they catch a glimpse of the tallest Bigfoot ever seen? [6-A]

**17.00 Mysteries At The  
Museum (Series 9): Bobbed  
Hair Bandit (Episode 11)**

Don Wildman examines an elegant dress linked to a stylish felon, a jar filled with a poisonous powder and a plane that speaks to an incredible survival tale. [AL]

**18.00 Extraterrestrials  
Debrief: Expedition Unknown  
(Series 1): Close Encounters:  
ATH (Episode 1)**

Josh Gates and his crew are joined by UFO expert James Fox to give an exciting behind-the-scenes glimpse into the hunt for alien life in Chile. [AL]

**19.00 Kindred Spirits (Series  
1): The Basement (Episode 8)**

A family won't set foot in the basement after a brutal murder takes place. Amy and Adam bring in advanced paranormal gadgets, and find shocking evidence on camera. [9-A]

**20.00 The Dead Files (Series  
7): The Sacrifice - East Flat  
Rock, North Carolina (Episode  
1)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 The Dead Files (Series  
5): The Instigator (Episode 4)**

Steve and Amy investigate a Pittsburgh home where a terrified family is being tormented by a dangerous entity. They find evidence of the former owner's tragic life. [12-AT]

**22.00 Ghost Adventures  
(Series 2): Linda Vista Hospital  
(Episode 13)**

Paranormal investigator Zak Bagans and his team travel to Linda Vista hospital in Los Angeles. They are searching for the ghosts of those who died there. [12-AT]

**23.00 Paranormal Lockdown  
(Series 2): Waverly Hills  
(Episode 6)**

The team seeks out the elusive shadow figures lurking in the Waverly Hills Sanatorium in Kentucky. They use high-tech kit to catch shocking new paranormal evidence. [12-AT]

**00.00 The Ghost Town Terror  
(Series 1): A Place for the Dead  
(Episode 2)**

The team find links between the bloody history of Anaconda, Montana, and Gunslinger Gulch. A trek into the hills has medium Sarah fearing for everyone's safety. [12-GAT]

**01.00 Destination Fear (Series  
3): Waverly Hills Sanatorium  
(Episode 3)**

The team confront their childhood fears at the infamous Waverly Hills Sanatorium in Louisville, KY, reputed to be America's most haunted location. [12-AT]

**02.00 The Holzer Files (Series  
1): Possessor's Curse (Episode  
4)**

When Hans Holzer visited the Ayers-Allen House in New Jersey, he found entities dating back to colonial times. Now the team discovers an ominous presence there. [12-A]

**03.00 The Holzer Files (Series  
1): A Grave Revenge (Episode  
5)**

The team heads to San Diego to visit the Whaley House, deemed by Hans Holzer as the most haunted home in America. The investigation reveals a dark presence. [12-A]

**04.00 Paranormal Lockdown  
(Series 2): Waverly Hills  
(Episode 6)**

The team seeks out the elusive shadow figures lurking in the Waverly Hills Sanatorium in Kentucky. They use high-tech kit to catch shocking new paranormal evidence. [12-AT]



**05.00 Kindred Spirits (Series 1): *The Basement* (Episode 8)**  
A family won't set foot in the basement after a brutal murder takes place. Amy and Adam bring in advanced paranormal gadgets, and find shocking evidence on camera. [9-A]

## Thursday 23 May 2024

**06.00 Building Alaska (Series 9): *Shaky Ground* (Episode 1)**  
Three new teams arrive to construct their sites and begin work on their unique cabins in the remote Alaskan wilderness. But they're already off to a rocky start. [AL-T]

**07.00 Ice Cold Gold (Series 3): *Trapped on Cloud Island* (Episode 7)**  
With half their equipment destroyed, the members of Sixty-Degree Resources find themselves trapped on a dangerously remote island surrounded by ice. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): *Brush With Death* (Episode 4)**  
A deadly caiman targets Mehgan, but a potentially crippling accident leads to a shocking find - a coded message from the past that may bring them closer to gold. [AL-T]

**09.00 Finding Bigfoot (Series 2): *Peeping Bigfoot* (Episode 1)**  
The research team head into the wilds of Minnesota to investigate howls heard at a Bigfoot hotspot. Can they catch a glimpse of the tallest Bigfoot ever seen? [6-A]

**10.00 Mysteries At The Museum (Series 9): *Bobbed Hair Bandit* (Episode 11)**  
Don Wildman examines an elegant dress linked to a stylish felon, a jar filled with a poisonous powder and a plane that speaks to an incredible survival tale. [AL]

**11.00 Extraterrestrials Debrief: Expedition Unknown (Series 1): *Close Encounters: ATH* (Episode 1)**  
Josh Gates and his crew are joined by UFO expert James Fox to give an exciting behind-the-scenes glimpse into the hunt for alien life in Chile. [AL]

**12.00 Kindred Spirits (Series 1): *The Basement* (Episode 8)**  
A family won't set foot in the basement after a brutal murder takes place. Amy and Adam bring in advanced paranormal gadgets, and find shocking evidence on camera. [9-A]

**13.00 Building Alaska (Series 9): *Anything Can Go Wrong* (Episode 2)**  
At Trinity Lake, Chris and Joe battle an 80-foot spruce that begins to fall as a helicopter delivery almost goes wrong. Plus, John and Heather fall behind. [AL-T]

**14.00 Ice Cold Gold (Series 3): *Weird Science* (Episode 8)**  
In an effort to salvage Cloud Island, Doug leads the miners across a fractured ice sheet to collect samples. In Ilulissat, Eric's scientific methods are wearing thin. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): *Jaguars Gold* (Episode 5)**  
The treasure hunters make a new discovery, and a run-in with a jaguar leads to another revelation, but the new path has tragic consequences for Captain Keith. [AL-T]

**16.00 Finding Bigfoot (Series 2): *Canadian Bigfoot, Eh?* (Episode 2)**  
The Bigfoot researchers head to the Canadian Rockies to investigate a unique Bigfoot encounter caught on tape. Can they track down this territorial Sasquatch? [6-A]

**17.00 Mysteries At The Museum (Series 9): *Pigeon Bra* (Episode 12)**  
Don Wildman examines a medal belonging to a headstrong female engineer and an ingenious contraption which saved pigeons and aided the Allies in WWII. [AL]

**18.00 Extraterrestrials Debrief: Expedition Unknown (Series 1): *Ancient Visitors: ATH* (Episode 2)**  
Josh Gates and James Fox discuss whether extraterrestrial helped build Easter Island. Plus, are there any clues to real UFO encounters in famous works of art? [AL]



**19.00 Kindred Spirits (Series 2): *Uninvited Guests* (Episode 1)**

A terrified couple calls for help after witnessing a chair levitate in their home. A psychic's visit reveals a horrifying truth that leaves Adam and Amy shocked. [9-A]

**20.00 The Dead Files (Series 7): *The Predator - Gates, North Carolina* (Episode 2)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 Mysteries At The Museum (Series 23): *Ancient Alien And More* (Episode 2)**

Don examines an ancient carving linked to alien activity, a scalpel used by America's first serial killer and an item buried beneath the World Trade Centre. [12-A]

**22.00 Mysteries At The Museum (Series 23): *Presidential Premonition* (Episode 3)**

Don investigates an eerie premonition about a presidential assassination, a legendary treasure and a miraculous resurrection of 40,000-year-old worms. [9-A]

**23.00 Paranormal Lockdown (Series 2): *Bellaire House* (Episode 7)**

The team is in Ohio to help a mother identify the dark energy forcing her family to flee their home - and find chilling evidence about the spirit's evil intentions. [12-AT]

**00.00 Most Terrifying Places (Series 1): *Horror Behind The Walls* (Episode 5)**

A 19th-century prison hides a chilling secret within its walls. A sealed door haunts a British museum and residents from the past roam a historic village. [16-AT]

**01.00 The Dead Files (Series 9): *Dark Thoughts* (Episode 9)**

Steve and Amy investigate reports of violent paranormal activity affecting a recently-separated mother and her children in Waterford, CT. [12-AT]

**02.00 The Ghost Town Terror (Series 1): *A Place for the Dead* (Episode 2)**

The team find links between the bloody history of Anaconda, Montana, and Gunslinger Gulch. A trek into the hills has medium Sarah fearing for everyone's safety. [12-GAT]

**03.00 Destination Fear (Series 3): *Waverly Hills Sanatorium* (Episode 3)**

The team confront their childhood fears at the infamous Waverly Hills Sanatorium in Louisville, KY, reputed to be America's most haunted location. [12-AT]

**04.00 Paranormal Lockdown (Series 2): *Bellaire House* (Episode 7)**

The team is in Ohio to help a mother identify the dark energy forcing her family to flee their home - and find chilling evidence about the spirit's evil intentions. [12-AT]

**05.00 Kindred Spirits (Series 2): *Uninvited Guests* (Episode 1)**

A terrified couple calls for help after witnessing a chair levitate in their home. A psychic's visit reveals a horrifying truth that leaves Adam and Amy shocked. [9-A]

**Friday  
24 May 2024**

**06.00 Building Alaska (Series 9): *Anything Can Go Wrong* (Episode 2)**

At Trinity Lake, Chris and Joe battle an 80-foot spruce that begins to fall as a helicopter delivery almost goes wrong. Plus, John and Heather fall behind. [AL-T]

**07.00 Ice Cold Gold (Series 3): *Weird Science* (Episode 8)**

In an effort to salvage Cloud Island, Doug leads the miners across a fractured ice sheet to collect samples. In Ilulissat, Eric's scientific methods are wearing thin. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): *Jaguars Gold* (Episode 5)**

The treasure hunters make a new discovery, and a run-in with a jaguar leads to another revelation, but the new path has tragic consequences for Captain Keith. [AL-T]



**09.00 Finding Bigfoot (Series 2): *Canadian Bigfoot, Eh?* (Episode 2)**

The Bigfoot researchers head to the Canadian Rockies to investigate a unique Bigfoot encounter caught on tape. Can they track down this territorial Sasquatch? [6-A]

**10.00 Mysteries At The Museum (Series 9): *Pigeon Bra* (Episode 12)**

Don Wildman examines a medal belonging to a headstrong female engineer and an ingenious contraption which saved pigeons and aided the Allies in WWII. [AL]

**11.00 Extraterrestrials Debrief: Expedition Unknown (Series 1): *Ancient Visitors: ATH* (Episode 2)**

Josh Gates and James Fox discuss whether extraterrestrial helped build Easter Island. Plus, are there any clues to real UFO encounters in famous works of art? [AL]

**12.00 Kindred Spirits (Series 2): *Uninvited Guests* (Episode 1)**

A terrified couple calls for help after witnessing a chair levitate in their home. A psychic's visit reveals a horrifying truth that leaves Adam and Amy shocked. [9-A]

**13.00 Building Alaska (Series 9): *Moving On To Plan X-Ray* (Episode 3)**

One builder runs out of lumber and the framers he hired don't show up. Then, wrong cuts and measurements threaten to put a team further behind than ever. [AL-T]

**14.00 Ice Cold Gold (Series 3): *Egi Gold* (Episode 9)**

The seven miners are about to reach their tipping point. Even though Saqqaq was a success, Cloud Island was a failure and their faith in Eric's strategy is losing steam. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): *Cappy's Curse* (Episode 6)**

After a tragic event on their way to a Guarani village, the team secures vital information from the village elders about a special stone hidden near "The Demon Falls". [AL-T]

**16.00 Finding Bigfoot (Series 2): *Baby Bigfoot* (Episode 3)**

The research team visit New York to investigate video footage of a baby Bigfoot. Will a new search method help them to locate Sasquatches living near the Big Apple? [6-A]

**17.00 Mysteries At The Museum (Series 9): *A Father's Mission* (Episode 13)**

Don Wildman examines a father's death-defying attempt to save his family, the scalp of the legendary Yeti and a political scandal linked to a bizarre recording. [AL]

**18.00 Extraterrestrials Debrief: Expedition Unknown (Series 1): *UFOs Over England: ATH* (Episode 3)**

Josh Gates and ufologist James Fox offer behind-the-scenes insights into a mass UFO sighting in Zimbabwe. [AL]

**19.00 Kindred Spirits (Series 2): *Home Sweet Holmes* (Episode 2)**

Amy and Adam investigate the home of an author, where a ghost terrorises two girls. Is this connected to a murder that happened more than 100 years ago? [9-A]

**20.00 The Dead Files (Series 7): *Compelled - St. Charles, Michigan* (Episode 4)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 The Alaska Triangle (Series 2): *Gold Rush Ghost Town* (Episode 4)**

A ghost hunter seeks out spirits from the gold rush in Skagway, Alaska. Tiny demonic creatures may be behind thousands of disappearances in the Triangle. [16-A]

**22.00 The Alaska Triangle (Series 2): *Haunted Fairground And The Vanished* (Episode 5)**

A fairground on the city limits of Fairbanks is rumoured to be home to a dark spirit. Ghost hunters try to contact this powerful poltergeist. [12-A]

**23.00 Paranormal Lockdown (Series 2): *Statler City Hotel* (Episode 8)**

In their biggest investigation yet, Nick and Katrina spend 72 hours exploring the Statler City Hotel in Buffalo, NY - and uncover its sordid underground history. [12-AT]

**00.00 The Dead Files (Series 5): *The Instigator* (Episode 4)**  
Steve and Amy investigate a Pittsburgh home where a terrified family is being tormented by a dangerous entity. They find evidence of the former owner's tragic life. [12-AT]

**01.00 Ghost Adventures (Series 2): *Linda Vista Hospital* (Episode 13)**  
Paranormal investigator Zak Bagans and his team travel to Linda Vista hospital in Los Angeles. They are searching for the ghosts of those who died there. [12-AT]

**02.00 Most Terrifying Places (Series 1): *Horror Behind The Walls* (Episode 5)**  
A 19th-century prison hides a chilling secret within its walls. A sealed door haunts a British museum and residents from the past roam a historic village. [16-AT]

**03.00 The Dead Files (Series 9): *Dark Thoughts* (Episode 9)**  
Steve and Amy investigate reports of violent paranormal activity affecting a recently-separated mother and her children in Waterford, CT. [12-AT]

**04.00 Paranormal Lockdown (Series 2): *Statler City Hotel* (Episode 8)**  
In their biggest investigation yet, Nick and Katrina spend 72 hours exploring the Statler City Hotel in Buffalo, NY - and uncover its sordid underground history. [12-AT]

**05.00 Kindred Spirits (Series 2): *Home Sweet Holmes* (Episode 2)**  
Amy and Adam investigate the home of an author, where a ghost terrorises two girls. Is this connected to a murder that happened more than 100 years ago? [9-A]

## Saturday 25 May 2024

**06.00 Ice Cold Gold (Series 3): *Golden Glacier* (Episode 5)**  
Eric continues to battle gold fever as he pushes himself and his team well past their limits. The miners have only two days left to explore the three areas in Saqqaq. [AL]

**07.00 Ice Cold Gold (Series 3): *When It All Falls Down* (Episode 6)**  
After a week of tireless prospecting, the miners make two gold claims potentially worth millions. Plus, a new addition to the team is introduced. [AL]

**08.00 Ice Cold Gold (Series 3): *Trapped on Cloud Island* (Episode 7)**  
With half their equipment destroyed, the members of Sixty-Degree Resources find themselves trapped on a dangerously remote island surrounded by ice. [AL]

**09.00 Ice Cold Gold (Series 3): *Weird Science* (Episode 8)**  
In an effort to salvage Cloud Island, Doug leads the miners across a fractured ice sheet to collect samples. In Ilulissat, Eric's scientific methods are wearing thin. [AL]

**10.00 Ice Cold Gold (Series 3): *Eqi Gold* (Episode 9)**  
The seven miners are about to reach their tipping point. Even though Saqqaq was a success, Cloud Island was a failure and their faith in Eric's strategy is losing steam. [AL]

**11.00 Mysteries At The Museum (Series 9): *Italian UFO And More* (Episode 9)**  
Don Wildman examines an extra-terrestrial encounter linked to a bizarre spider, a survivor turned circus performer and a rusty can of beans. [AL]

**12.00 Mysteries At The Museum (Series 9): *Who Killed Superman* (Episode 10)**  
Don Wildman inspects a pair of glasses linked to a mysterious death, uncovers the truth behind a deep-sea monster and unravels the story behind a great escape. [AL]

**13.00 Mysteries At The Museum (Series 9): *Bobbed Hair Bandit* (Episode 11)**  
Don Wildman examines an elegant dress linked to a stylish felon, a jar filled with a poisonous powder and a plane that speaks to an incredible survival tale. [AL]



**14.00 Mysteries At The Museum (Series 9): Pigeon Bra (Episode 12)**

Don Wildman examines a medal belonging to a headstrong female engineer and an ingenious contraption which saved pigeons and aided the Allies in WWII. [AL]

**15.00 Mysteries At The Museum (Series 9): A Father's Mission (Episode 13)**

Don Wildman examines a father's death-defying attempt to save his family, the scalp of the legendary Yeti and a political scandal linked to a bizarre recording. [AL]

**16.00 Building Alaska (Series 7): Home Stretch (Episode 7)**

All the builders are in the final stretch as they complete their cabins and floating lodge. But, Jere and Ben's progress halts when they run out of necessary equipment. [AL]

**17.00 Building Alaska (Series 7): Grand Finale (Episode 8)**

Nick's dad, Paul, returns to help put the finishing touches on the cabin. Plus, Jere and Ben complete the Sea Otter Sound Lodge just in time as the first guests arrive. [AL]

**18.00 Building Alaska (Series 9): Shaky Ground (Episode 1)**

Three new teams arrive to construct their sites and begin work on their unique cabins in the remote Alaskan wilderness. But they're already off to a rocky start. [AL-T]

**19.00 Building Alaska (Series 9): Anything Can Go Wrong (Episode 2)**

At Trinity Lake, Chris and Joe battle an 80-foot spruce that begins to fall as a helicopter delivery almost goes wrong. Plus, John and Heather fall behind. [AL-T]

**20.00 Building Alaska (Series 7): Honey Bucket (Episode 6)**

Nick races to finish his cabin before his mum visits again. Bears are still a threat, so he makes sure the electric fence is working. [AL]

**21.00 Portals To Hell (Series 2): The Padre Hotel (Episode 18)**

Jack and guest host Heather investigate a five-star hotel in Bakersfield, California. They delve into the historic property's dark and deadly past. [12-AT]

**22.00 Haunted Towns (Series 1): Fall River, MA (Episode 7)**

In Massachusetts, the team investigates the home of the alleged murderer, Lizzie Borden. Was she responsible for the crimes, or under the control of a dark force? [16-AT]

**23.00 Ghost Loop (Series 1): Alarmed And Dangerous (Episode 2)**

The Spirit Hunters head to Houston, Texas, to help a woman who believes she is being terrorized by a male entity. The home is packed with negative energy! [12-AT]

**00.00 Mysteries At The Museum (Series 23): Ancient Alien And More (Episode 2)**

Don examines an ancient carving linked to alien activity, a scalpel used by America's first serial killer and an item buried beneath the World Trade Centre. [12-A]

**01.00 Mysteries At The Museum (Series 23): Presidential Premonition (Episode 3)**

Don investigates an eerie premonition about a presidential assassination, a legendary treasure and a miraculous resurrection of 40,000-year-old worms. [9-A]

**02.00 The Dead Files (Series 5): The Instigator (Episode 4)**

Steve and Amy investigate a Pittsburgh home where a terrified family is being tormented by a dangerous entity. They find evidence of the former owner's tragic life. [12-AT]

**03.00 Ghost Adventures (Series 2): Linda Vista Hospital (Episode 13)**

Paranormal investigator Zak Bagans and his team travel to Linda Vista hospital in Los Angeles. They are searching for the ghosts of those who died there. [12-AT]

**04.00 Ghost Loop (Series 1):  
*Alarmed And Dangerous*  
(Episode 2)**

The Spirit Hunters head to Houston, Texas, to help a woman who believes she is being terrorized by a male entity. The home is packed with negative energy! [12-AT]

**05.00 Building Alaska (Series 9):  
*Anything Can Go Wrong*  
(Episode 2)**

At Trinity Lake, Chris and Joe battle an 80-foot spruce that begins to fall as a helicopter delivery almost goes wrong. Plus, John and Heather fall behind. [AL-T]

**Sunday  
26 May 2024**

**06.00 Expedition Unknown  
(Series 6): *Siberia's Coldest Case*  
(Episode 18)**

Josh Gates investigates the Dyatlov Pass Incident, where nine hikers died in unexplained circumstances. In harsh conditions, he re-traces the hikers' journey. [9-A]

**07.00 Expedition Unknown  
(Series 6): *Lost Tomb Of The Mummy*  
(Episode 19)**

Josh Gates investigates an active dig site in Egypt. He joins renowned archaeologist Dr. Zahi Hawass, who is on the cusp on an incredible discovery. [9-A]

**08.00 Extraterrestrials  
Debrief: Expedition Unknown  
(Series 1): *Close Encounters:  
ATH*  
(Episode 1)**

Josh Gates and his crew are joined by UFO expert James Fox to give an exciting behind-the-scenes glimpse into the hunt for alien life in Chile. [AL]

**09.00 Extraterrestrials  
Debrief: Expedition Unknown  
(Series 1): *Ancient Visitors:  
ATH*  
(Episode 2)**

Josh Gates and James Fox discuss whether extraterrestrial helped build Easter Island. Plus, are there any clues to real UFO encounters in famous works of art? [AL]

**10.00 Extraterrestrials  
Debrief: Expedition Unknown  
(Series 1): *UFOs Over England:  
ATH*  
(Episode 3)**

Josh Gates and ufologist James Fox offer behind-the-scenes insights into a mass UFO sighting in Zimbabwe. [AL]

**11.00 Kindred Spirits (Series 1):  
*Shoobox Murder*  
(Episode 6)**

A hostile spirit attacks a homeowner and smashes objects. A stunning breakthrough leads the investigation toward an infamous unsolved murder. [9-A]

**12.00 Kindred Spirits (Series 1):  
*Buried Alive*  
(Episode 7)**

An unknown entity torments a teenager who is afraid to live in his own home. Could the activity be linked to the tragic death of his grandfather, who was buried alive? [9-A]

**13.00 Kindred Spirits (Series 1):  
*The Basement*  
(Episode 8)**

A family won't set foot in the basement after a brutal murder takes place. Amy and Adam bring in advanced paranormal gadgets, and find shocking evidence on camera. [9-A]

**14.00 Kindred Spirits (Series 2):  
*Uninvited Guests*  
(Episode 1)**

A terrified couple calls for help after witnessing a chair levitate in their home. A psychic's visit reveals a horrifying truth that leaves Adam and Amy shocked. [9-A]

**15.00 Kindred Spirits (Series 2):  
*Home Sweet Holmes*  
(Episode 2)**

Amy and Adam investigate the home of an author, where a ghost terrorises two girls. Is this connected to a murder that happened more than 100 years ago? [9-A]

**16.00 Treasure Quest: Snake Island  
(Series 2): *A Cursed Fortune*  
(Episode 2)**

The team finds more artefacts leading them closer to treasure, and meets a local historian who gives them a valuable clue, but warns of the fortune's cursed past. [AL-T]

**17.00 Treasure Quest: Snake Island  
(Series 2): *Treasure Found!*  
(Episode 3)**

The team finds proof of treasure in the jungle near a historic mission. A spooky visit to an antique market uncovers Jesuit silver, leading them up a perilous river. [AL-T]



**18.00 Treasure Quest: Snake Island (Series 2): *Brush With Death* (Episode 4)**

A deadly caiman targets Mehgan, but a potentially crippling accident leads to a shocking find - a coded message from the past that may bring them closer to gold. [AL-T]

**19.00 Treasure Quest: Snake Island (Series 2): *Jaguars Gold* (Episode 5)**

The treasure hunters make a new discovery, and a run-in with a jaguar leads to another revelation, but the new path has tragic consequences for Captain Keith. [AL-T]

**20.00 Treasure Quest: Snake Island (Series 2): *Cappy's Curse* (Episode 6)**

After a tragic event on their way to a Guarani village, the team secures vital information from the village elders about a special stone hidden near "The Demon Falls". [AL-T]

**21.00 The Holzer Files (Series 1): *They Buried Me Alive* (Episode 6)**

The team resurrects Hans Holzer's case file on the Morris-Jumel Mansion in New York and investigate reports of a shadowy presence lurking in the historic home. [12-AT]

**22.00 The Holzer Files (Series 1): *The Devil In Texas* (Episode 7)**

The team investigates one of Hans Holzer's most tragic cases. Unexplained activity today is disturbingly reminiscent of what Holzer saw 50 years ago. [16-AT]

**23.00 Ghost Loop (Series 1): *Frozen In Fear* (Episode 3)**

The Spirit Hunters travel to Lubbock, Texas, where a mother suffering from sleep paralysis says she and her young children are being targeted by a malevolent entity. [12-AT]

**00.00 The Alaska Triangle (Series 2): *Gold Rush Ghost Town* (Episode 4)**

A ghost hunter seeks out spirits from the gold rush in Skagway, Alaska. Tiny demonic creatures may be behind thousands of disappearances in the Triangle. [16-A]

**01.00 The Alaska Triangle (Series 2): *Haunted Fairground And The Vanished* (Episode 5)**

A fairground on the city limits of Fairbanks is rumoured to be home to a dark spirit. Ghost hunters try to contact this powerful poltergeist. [12-A]

**02.00 Mysteries At The Museum (Series 23): *Ancient Alien And More* (Episode 2)**

Don examines an ancient carving linked to alien activity, a scalpel used by America's first serial killer and an item buried beneath the World Trade Centre. [12-A]

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Don investigates an eerie premonition about a presidential assassination, a legendary treasure and a miraculous resurrection of 40,000-year-old worms. [9-A]

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The Spirit Hunters travel to Lubbock, Texas, where a mother suffering from sleep paralysis says she and her young children are being targeted by a malevolent entity. [12-AT]

**05.00 Treasure Quest: Snake Island (Series 2): *Jaguars Gold* (Episode 5)**

The treasure hunters make a new discovery, and a run-in with a jaguar leads to another revelation, but the new path has tragic consequences for Captain Keith. [AL-T]

**Monday  
27 May 2024**

**06.00 Building Alaska (Series 9): *Moving On To Plan X-Ray* (Episode 3)**

One builder runs out of lumber and the framers he hired don't show up. Then, wrong cuts and measurements threaten to put a team further behind than ever. [AL-T]

**07.00 Ice Cold Gold (Series 3): *Egi Gold* (Episode 9)**

The seven miners are about to reach their tipping point. Even though Saqqaq was a success, Cloud Island was a failure and their faith in Eric's strategy is losing steam. [AL]



**08.00 Treasure Quest: Snake Island (Series 2): *Cappy's Curse* (Episode 6)**

After a tragic event on their way to a Guarani village, the team secures vital information from the village elders about a special stone hidden near "The Demon Falls". [AL-T]

**09.00 Finding Bigfoot (Series 2): *Baby Bigfoot* (Episode 3)**

The research team visit New York to investigate video footage of a baby Bigfoot. Will a new search method help them to locate Sasquatches living near the Big Apple? [6-A]

**10.00 Mysteries At The Museum (Series 9): *A Father's Mission* (Episode 13)**

Don Wildman examines a father's death-defying attempt to save his family, the scalp of the legendary Yeti and a political scandal linked to a bizarre recording. [AL]

**11.00 Extraterrestrials Debrief: Expedition Unknown (Series 1): *UFOs Over England: ATH* (Episode 3)**

Josh Gates and ufologist James Fox offer behind-the-scenes insights into a mass UFO sighting in Zimbabwe. [AL]

**12.00 Kindred Spirits (Series 2): *Home Sweet Holmes* (Episode 2)**

Amy and Adam investigate the home of an author, where a ghost terrorises two girls. Is this connected to a murder that happened more than 100 years ago? [9-A]

**13.00 Building Alaska (Series 9): *Up High Without A Net* (Episode 4)**

Chris Maynard and his team start preparations for two intense helicopter deliveries, whilst the other teams are challenged by rickety ladders and forklifts. [AL-T]

**14.00 Ice Cold Gold (Series 3): *Fight for Gold* (Episode 10)**

When fighting the beast within, every man has his threshold. After weeks of tension among the miners, they prepare to depart from Equi. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): *Striking Gold* (Episode 7)**

The team tracks down a unique marker, taking them to a maze-like location riddled with caves. The determination pays off as they start unearthing priceless artefacts. [AL-T]

**16.00 Finding Bigfoot (Series 2): *Big Rhodey* (Episode 4)**

The team travel to Rhode Island to examine video of a roadside sighting of a Bigfoot. Could this small state turn out to be a prime location for Sasquatch activity? [6-A]

**17.00 Mysteries At The Museum (Series 11): *The Spy That Saved Washington* (Episode 1)**

Don Wildman uncovers a plot to assassinate George Washington and investigates the bizarre trial of a rooster that hatched an egg. [9-A]

**18.00 Extraterrestrials Debrief: Expedition Unknown (Series 1): *Roswell Revealed: ATH* (Episode 4)**

Josh Gates and UFO expert James Fox discuss their research and stunning new revelations in the most famous UFO case of all time - Roswell. [AL]

**19.00 Kindred Spirits (Series 2): *The Legacy Of Lizzie Borden* (Episode 3)**

Adam and Amy investigate one of the most infamous places in America: The Lizzie Borden House. Is an evil presence still stalking the home? [9-A]

**20.00 The Dead Files (Series 7): *Deadly Relations - Lake City, Florida* (Episode 6)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 The Ghost Town Terror (Series 1): *Hunted* (Episode 3)**

Tim uncovers a disturbing link between Gunslinger Gulch and a former brothel in Butte, Montana. Plus, an experiment at the ranch reveals a dark force's psychological warfare. [12-GAT]

**22.00 Destination Fear (Series 3): *Ohio State Reformatory* (Episode 4)**

The team are in Ohio to investigate one of America's most depraved prisons. Tanner's diabolical fear experiment pushes one team member to the edge. [12-AT]

**23.00 Paranormal Lockdown (Series 2): *White Hill Mansion* (Episode 9)**

Nick and Katrina are at New Jersey's White Hill Mansion. While gathering evidence of a child in the attic, the mansion's history as a mob hangout raises concerns. [12-AT]

**00.00 Portals To Hell (Series 2): *The Padre Hotel* (Episode 18)**

Jack and guest host Heather investigate a five-star hotel in Bakersfield, California. They delve into the historic property's dark and deadly past. [12-AT]

**01.00 Haunted Towns (Series 1): *Fall River, MA* (Episode 7)**

In Massachusetts, the team investigates the home of the alleged murderer, Lizzie Borden. Was she responsible for the crimes, or under the control of a dark force? [16-AT]

**02.00 The Alaska Triangle (Series 2): *Gold Rush Ghost Town* (Episode 4)**

A ghost hunter seeks out spirits from the gold rush in Skagway, Alaska. Tiny demonic creatures may be behind thousands of disappearances in the Triangle. [16-A]

**03.00 The Alaska Triangle (Series 2): *Haunted Fairground And The Vanished* (Episode 5)**

A fairground on the city limits of Fairbanks is rumoured to be home to a dark spirit. Ghost hunters try to contact this powerful poltergeist. [12-A]

**04.00 Paranormal Lockdown (Series 2): *White Hill Mansion* (Episode 9)**

Nick and Katrina are at New Jersey's White Hill Mansion. While gathering evidence of a child in the attic, the mansion's history as a mob hangout raises concerns. [12-AT]

**05.00 Kindred Spirits (Series 2): *The Legacy Of Lizzie Borden* (Episode 3)**

Adam and Amy investigate one of the most infamous places in America: The Lizzie Borden House. Is an evil presence still stalking the home? [9-A]

**Tuesday  
28 May 2024**

**06.00 Building Alaska (Series 9): *Up High Without A Net* (Episode 4)**

Chris Maynard and his team start preparations for two intense helicopter deliveries, whilst the other teams are challenged by rickety ladders and forklifts. [AL-T]

**07.00 Ice Cold Gold (Series 3): *Fight for Gold* (Episode 10)**

When fighting the beast within, every man has his threshold. After weeks of tension among the miners, they prepare to depart from Equi. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): *Striking Gold* (Episode 7)**

The team tracks down a unique marker, taking them to a maze-like location riddled with caves. The determination pays off as they start unearthing priceless artefacts. [AL-T]

**09.00 Finding Bigfoot (Series 2): *Big Rhodney* (Episode 4)**

The team travel to Rhode Island to examine video of a roadside sighting of a Bigfoot. Could this small state turn out to be a prime location for Sasquatch activity? [6-A]

**10.00 Mysteries At The Museum (Series 11): *The Spy That Saved Washington* (Episode 1)**

Don Wildman uncovers a plot to assassinate George Washington and investigates the bizarre trial of a rooster that hatched an egg. [9-A]

**11.00 Extraterrestrials Debrief: *Expedition Unknown* (Series 1): *Roswell Revealed: ATH* (Episode 4)**

Josh Gates and UFO expert James Fox discuss their research and stunning new revelations in the most famous UFO case of all time - Roswell. [AL]

**12.00 Kindred Spirits (Series 2): *The Legacy Of Lizzie Borden* (Episode 3)**

Adam and Amy investigate one of the most infamous places in America: The Lizzie Borden House. Is an evil presence still stalking the home? [9-A]



**13.00 Building Alaska (Series 9): *Playing Catch Up* (Episode 5)**

John and Heather build a water catchment system but discover they aren't getting enough water pressure whilst Chris Maynard's windows are delivered by helicopter. [AL-T]

**14.00 Ice Cold Gold (Series 3): *Sixty Degrees of Separation* (Episode 11)**

After an irreparable disagreement between Eric and Josh, the miners have split into two factions but Josh's team runs into iceberg- sized trouble. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): *Death Road To Fortune* (Episode 8)**

Chasing a two-billion-dollar fortune, a landslide and the infamous "Death Road" put the team in danger as they try to cross South America's Andes Mountains. [AL]

**16.00 Finding Bigfoot (Series 2): *Buckeye Bigfoot* (Episode 5)**

The researchers recruit a team of volunteers to help them to investigate Bigfoot sightings in a forest in Ohio. Can they find evidence of the beast's existence? [6-A]

**17.00 Mysteries At The Museum (Series 11): *Miracle On The Hudson And More* (Episode 2)**

Don Wildman investigates the events that led to the Miracle on the Hudson River, the origins of a legendary statue and a machine that changed music. [9-A]

**18.00 Expedition Unknown: Hunt For Extraterrestrials (Series 1): *Close Encounters* (Episode 1)**

Josh Gates starts his extra-terrestrial search with a visit to NASA and an alien-hunting expedition in Chile, where scientists make new discoveries. [AL]

**19.00 Kindred Spirits (Series 2): *The Strangler* (Episode 4)**

Two parents and three kids are hit by fear. The spirit targets each child, and one has been strangled. The other two are visited at night. Are they next on the list? [9-A]

**20.00 The Dead Files (Series 7): *The Watcher - Paso Robles, California* (Episode 7)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 Haunting In The Heartland (Series 1): *The Watchman* (Episode 1)**

Steve Shippy heads to Merrill, Michigan, to investigate reports of an evil entity. With the help of a local historian, he uncovers the town's traumatic past. [16-AT]

**22.00 The Dead Files (Series 9): *Terrorland* (Episode 11)**

Steve and Amy investigate an abandoned amusement park in Lake Shawnee, WV, where he uncovers Native American attacks and multiple drownings. [12-AT]

**23.00 Paranormal Lockdown (Series 2): *Rampart St Murder House* (Episode 10)**

Nick and Katrina spend 72 hours in the home of New Orleans' most gruesome murder - the grisly death of Addie Hall at the hands of her boyfriend, Zack Bowen. [12-AT]

**00.00 The Holzer Files (Series 1): *They Buried Me Alive* (Episode 6)**

The team resurrects Hans Holzer's case file on the Morris-Jumel Mansion in New York and investigate reports of a shadowy presence lurking in the historic home. [12-AT]

**01.00 The Holzer Files (Series 1): *The Devil In Texas* (Episode 7)**

The team investigates one of Hans Holzer's most tragic cases. Unexplained activity today is disturbingly reminiscent of what Holzer saw 50 years ago. [16-AT]

**02.00 Portals To Hell (Series 2): *The Padre Hotel* (Episode 18)**

Jack and guest host Heather investigate a five-star hotel in Bakersfield, California. They delve into the historic property's dark and deadly past. [12-AT]

**03.00 Haunted Towns (Series 1): *Fall River, MA* (Episode 7)**

In Massachusetts, the team investigates the home of the alleged murderer, Lizzie Borden. Was she responsible for the crimes, or under the control of a dark force? [16-AT]



**04.00 Paranormal Lockdown (Series 2): Rampart St Murder House (Episode 10)**

Nick and Katrina spend 72 hours in the home of New Orleans' most gruesome murder - the grisly death of Addie Hall at the hands of her boyfriend, Zack Bowen. [12-AT]

**05.00 Kindred Spirits (Series 2): The Strangler (Episode 4)**

Two parents and three kids are hit by fear. The spirit targets each child, and one has been strangled. The other two are visited at night. Are they next on the list? [9-A]

**Wednesday  
29 May 2024**

**06.00 Building Alaska (Series 9): Playing Catch Up (Episode 5)**

John and Heather build a water catchment system but discover they aren't getting enough water pressure whilst Chris Maynard's windows are delivered by helicopter. [AL-T]

**07.00 Ice Cold Gold (Series 3): Sixty Degrees of Separation (Episode 11)**

After an irreparable disagreement between Eric and Josh, the miners have split into two factions but Josh's team runs into iceberg- sized trouble. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): Death Road To Fortune (Episode 8)**

Chasing a two-billion-dollar fortune, a landslide and the infamous "Death Road" put the team in danger as they try to cross South America's Andes Mountains. [AL]

**09.00 Finding Bigfoot (Series 2): Buckeye Bigfoot (Episode 5)**

The researchers recruit a team of volunteers to help them to investigate Bigfoot sightings in a forest in Ohio. Can they find evidence of the beast's existence? [6-A]

**10.00 Mysteries At The Museum (Series 11): Miracle On The Hudson And More (Episode 2)**

Don Wildman investigates the events that led to the Miracle on the Hudson River, the origins of a legendary statue and a machine that changed music. [9-A]

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Josh Gates starts his extra-terrestrial search with a visit to NASA and an alien-hunting expedition in Chile, where scientists make new discoveries. [AL]

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Two parents and three kids are hit by fear. The spirit targets each child, and one has been strangled. The other two are visited at night. Are they next on the list? [9-A]

**13.00 Building Alaska (Series 9): A Fort In The Woods (Episode 6)**

John and Heather's build is put on pause as they try to figure out how to install their drywall without covering their timber frame. [AL-T]

**14.00 Ice Cold Gold (Series 3): Divided or Conquered (Episode 12)**

With only 48 hours left to explore Greenland, the jaws of the arctic winter are closing in on the miners of Sixty Degree Resources. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): Break In (Episode 9)**

The team find a clue that leads them to consult with a local who is knowledgeable of the area. With his help, they find the entrance to a secret underground tunnel system. [AL]

**16.00 Finding Bigfoot (Series 2): Virginia Is for Bigfoot Lovers (Episode 6)**

The team visit Virginia to check out footage of a creature the locals have dubbed 'The Beast of Gumhill'. Can they prove this elusive beast is real? [6-A]

**17.00 Mysteries At The Museum (Series 11): Boston Marathon Cheat And More (Episode 3)**

Don Wildman uncovers the truth behind one of the most audacious hoaxes in sports history, and inspects a watch linked to a presidential scandal. [9-A]

**18.00 Expedition Unknown: Hunt For Extraterrestrials (Series 1): *Ancient Visitors* (Episode 2)**

Josh is on Easter Island, where ancient alien theorists believe aliens visited millennia ago. And, he goes meteorite hunting in Zimbabwe. [AL]

**19.00 Kindred Spirits (Series 2): *The Executioner* (Episode 5)**

Adam and Amy investigate the home of a former executioner who killed hundreds of criminals. Now something's trying to kill the current homeowner - but what? [9-A]

**20.00 The Dead Files (Series 7): *Fear Lives Here - Magna, Utah* (Episode 8)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 The Dead Files (Series 5): *The Obsession* (Episode 5)**

Steve and Amy investigate claims that victims of a gruesome murder haunt an Oregon restaurant. They find evidence of a double homicide and devious shadow figures. [12-AT]

**22.00 Ghost Adventures (Series 2): *Execution Rocks Lighthouse* (Episode 14)**

Paranormal investigator Zak Bagans and his team investigate the brutal stories that surround the Execution Rocks Lighthouse. [12-AT]

**23.00 Paranormal Lockdown (Series 2): *Scutt Mansion* (Episode 11)**

After the owner's tragic death, a Victorian mansion is said to curse all who inhabit it. As Nick and Katrina stay at Illinois' most haunted house, do they risk danger? [12-AT]

**00.00 The Ghost Town Terror (Series 1): *Hunted* (Episode 3)**

Tim uncovers a disturbing link between Gunslinger Gulch and a former brothel in Butte, Montana. Plus, an experiment at the ranch reveals a dark force's psychological warfare. [12-GAT]

**01.00 Destination Fear (Series 3): *Ohio State Reformatory* (Episode 4)**

The team are in Ohio to investigate one of America's most depraved prisons. Tanner's diabolical fear experiment pushes one team member to the edge. [12-AT]

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The team resurrects Hans Holzer's case file on the Morris-Jumel Mansion in New York and investigate reports of a shadowy presence lurking in the historic home. [12-AT]

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**05.00 Kindred Spirits (Series 2): *The Executioner* (Episode 5)**

Adam and Amy investigate the home of a former executioner who killed hundreds of criminals. Now something's trying to kill the current homeowner - but what? [9-A]

**Thursday  
30 May 2024**

**06.00 Building Alaska (Series 9): *A Fort In The Woods* (Episode 6)**

John and Heather's build is put on pause as they try to figure out how to install their drywall without covering their timber frame. [AL-T]

**07.00 Ice Cold Gold (Series 3): *Divided or Conquered* (Episode 12)**

With only 48 hours left to explore Greenland, the jaws of the arctic winter are closing in on the miners of Sixty Degree Resources. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): *Break In* (Episode 9)**

The team find a clue that leads them to consult with a local who is knowledgeable of the area. With his help, they find the entrance to a secret underground tunnel system. [AL]

**09.00 Finding Bigfoot (Series 2): *Virginia Is for Bigfoot Lovers* (Episode 6)**

The team visit Virginia to check out footage of a creature the locals have dubbed 'The Beast of Gumhill'. Can they prove this elusive beast is real? [6-A]

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Don Wildman uncovers the truth behind one of the most audacious hoaxes in sports history, and inspects a watch linked to a presidential scandal. [9-A]

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Josh is on Easter Island, where ancient alien theorists believe aliens visited millennia ago. And, he goes meteorite hunting in Zimbabwe. [AL]

**12.00 Kindred Spirits (Series 2): *The Executioner* (Episode 5)**

Adam and Amy investigate the home of a former executioner who killed hundreds of criminals. Now something's trying to kill the current homeowner - but what? [9-A]

**13.00 Building Alaska (Series 9): *Not For Beginners* (Episode 7)**

Time is running out for the builders to complete their projects. Chris Maynard gets help installing solar panels and sets up cameras to watch for bears. [AL-T]

**14.00 Ice Cold Gold (Series 3): *Back to the Beast* (Episode 13)**

With never before seen footage, a highlight of the first two summers of the team's journey through the arctic, battling harsh conditions and isolation. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): *Death Trap* (Episode 10)**

The team is trapped in an ancient, underground tunnel putting the search at risk. They rig a remote-controlled camera to find the expedition's most significant treasure. [AL]

**16.00 Finding Bigfoot (Series 2): *Moonshine and Bigfoot* (Episode 7)**

The team travels to Kentucky to investigate footage of glowing eyes that could belong to a Bigfoot. Can they lure the mysterious beast out of hiding? [6-A]

**17.00 Mysteries At The Museum (Series 11): *Man On Wire And More* (Episode 4)**

Don Wildman examines the greatest high-wire stunt in history. Plus, he unravels one of the most bizarre hoaxes the world has ever seen. [9-A]

**18.00 Expedition Unknown: Hunt For Extraterrestrials (Series 1): *UFOs Over England* (Episode 3)**

In Zimbabwe Josh interviews witnesses to one of the largest ever UFO sightings. Then, in England, he examines a case known as "Europe's Roswell." [AL]

**19.00 Kindred Spirits (Series 2): *The Neighbor* (Episode 6)**

Amy and Adam examine two homes afflicted by the same entity. A cache of haunted objects is key to solving the case, but they belonged to different people. [9-A]

**20.00 The Dead Files (Series 7): *It Feeds - Santa Rosa Beach, Florida* (Episode 10)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 Mysteries At The Museum (Series 23): *The Mothman And More* (Episode 4)**

Don investigates a legendary beast lurking in the forests of West Virginia, a ruthless kidnapping plot that targeted Frank Sinatra's son and more. [12-A]

**22.00 Mysteries At The Museum (Series 23): *Cosmic Collision* (Episode 5)**

Don Wildman investigates a haunted hotel that inspired a bestselling book, a strange green orb at a football game and the most famous ear in history. [12-A]



**23.00 Paranormal Lockdown (Series 2): *Old Chatham County Jail* (Episode 12)**

Nick and Katrina explore uncharted territory in the haunted Old Chatham County Jail in Savannah, and are hit by phantom noises in their 72-hour confinement. [12-AT]

**00.00 Haunting In The Heartland (Series 1): *The Watchman* (Episode 1)**

Steve Shippy heads to Merrill, Michigan, to investigate reports of an evil entity. With the help of a local historian, he uncovers the town's traumatic past. [16-AT]

**01.00 The Dead Files (Series 9): *Terrorland* (Episode 11)**

Steve and Amy investigate an abandoned amusement park in Lake Shawnee, WV, where he uncovers Native American attacks and multiple drownings. [12-AT]

**02.00 The Ghost Town Terror (Series 1): *Hunted* (Episode 3)**

Tim uncovers a disturbing link between Gunslinger Gulch and a former brothel in Butte, Montana. Plus, an experiment at the ranch reveals a dark force's psychological warfare. [12-GAT]

**03.00 Destination Fear (Series 3): *Ohio State Reformatory* (Episode 4)**

The team are in Ohio to investigate one of America's most depraved prisons. Tanner's diabolical fear experiment pushes one team member to the edge. [12-AT]

**04.00 Paranormal Lockdown (Series 2): *Old Chatham County Jail* (Episode 12)**

Nick and Katrina explore uncharted territory in the haunted Old Chatham County Jail in Savannah, and are hit by phantom noises in their 72-hour confinement. [12-AT]

**05.00 Kindred Spirits (Series 2): *The Neighbor* (Episode 6)**

Amy and Adam examine two homes afflicted by the same entity. A cache of haunted objects is key to solving the case, but they belonged to different people. [9-A]

**Friday  
31 May 2024**

**06.00 Building Alaska (Series 9): *Not For Beginners* (Episode 7)**

Time is running out for the builders to complete their projects. Chris Maynard gets help installing solar panels and sets up cameras to watch for bears. [AL-T]

**07.00 Ice Cold Gold (Series 3): *Back to the Beast* (Episode 13)**

With never before seen footage, a highlight of the first two summers of the team's journey through the arctic, battling harsh conditions and isolation. [AL]

**08.00 Treasure Quest: Snake Island (Series 2): *Death Trap* (Episode 10)**

The team is trapped in an ancient, underground tunnel putting the search at risk. They rig a remote-controlled camera to find the expedition's most significant treasure. [AL]

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The team travels to Kentucky to investigate footage of glowing eyes that could belong to a Bigfoot. Can they lure the mysterious beast out of hiding? [6-A]

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Don Wildman examines the greatest high-wire stunt in history. Plus, he unravels one of the most bizarre hoaxes the world has ever seen. [9-A]

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In Zimbabwe Josh interviews witnesses to one of the largest ever UFO sightings. Then, in England, he examines a case known as "Europe's Roswell." [AL]

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Amy and Adam examine two homes afflicted by the same entity. A cache of haunted objects is key to solving the case, but they belonged to different people. [9-A]



**13.00 Building Alaska (Series 9): *Look What They've Done* (Episode 8)**

Josh and his team fight the rain and wind to install the wood stove and Chris Maynard and his wife rush to install the kitchen counters and furniture. [AL-T]

**14.00 Ice Cold Gold (Series 3): *Adapt or Die* (Episode 1)**

After a brush with death in Iceland, the team discovers some devastating news about the 13 million dollar ruby deposit they have been working on for a year and a half. [AL]

**15.00 Treasure Quest: Snake Island (Series 2): *Blast Away* (Episode 11)**

Falling boulders threaten the crew and the dig site but their solution could cause a huge landslide. Underground, Shawn and Jeremy find their first piece of Jesuit gold. [AL]

**16.00 Finding Bigfoot (Series 2): *Hoosier Bigfoot* (Episode 8)**

The team is in Indiana investigating sightings of Bigfoot in daylight. Will a new lighting technique help them to prove the existence of these elusive creatures? [6-A]

**17.00 Mysteries At The Museum (Series 11): *Prehistoric Meat And More* (Episode 5)**

Don uncovers the truth behind a culinary caper that stunned the world and inspects a ceramic toilet that inspired a taboo-busting invention. [9-A]

**18.00 Expedition Unknown: Hunt For Extraterrestrials (Series 1): *Roswell Revealed* (Episode 4)**

Josh's search for alien life ends in the USA, with a hot case in Arkansas. And, there's shocking new evidence in the Roswell crash. [AL]

**19.00 Kindred Spirits (Series 2): *Shadow Of A Doubt* (Episode 7)**

A home in turmoil leaves a child sleepless and scared. His room is haunted by a shadowy mass, taunting his mother and growling at her from the closet. [9-A]

**20.00 The Dead Files (Series 7): *Feeding The Fire - Kaufman, Texas* (Episode 11)**

Medium Amy Allen and retired homicide detective Steve DiSchiavi combine their unique skills to solve unexplained paranormal events. [12-AT]

**21.00 The Alaska Triangle (Series 2): *Ghosts Of Independence Mine And Alaskan Yeti, The* (Episode 6)**

A team of ghost hunters investigate an abandoned gold mine. Plus, numerous sightings suggest a fearsome Yeti inhabits the Alaskan mountains. [12-A]

**22.00 The Alaska Triangle (Series 2): *Ufos Of The Triangle And Alaskas Lost World* (Episode 7)**

The Alaskan skies are filled with unexplainable lights and objects. Witness accounts and never-before-seen evidence suggest UFOs are landing in the area. [12-A]

**23.00 Paranormal Lockdown (Series 2): *Paranormal Lockdown: Evidence Revealed* (Episode 13)**

Nick, Katrina and fellow enthusiast, Aaron Sagers, recount their 72-hour investigations with unseen footage and in-depth evidence analysis. [12-AT]

**00.00 The Dead Files (Series 5): *The Obsession* (Episode 5)**

Steve and Amy investigate claims that victims of a gruesome murder haunt an Oregon restaurant. They find evidence of a double homicide and devious shadow figures. [12-AT]

**01.00 Ghost Adventures (Series 2): *Execution Rocks Lighthouse* (Episode 14)**

Paranormal investigator Zak Bagans and his team investigate the brutal stories that surround the Execution Rocks Lighthouse. [12-AT]

**02.00 Haunting In The Heartland (Series 1): *The Watchman* (Episode 1)**

Steve Shippy heads to Merrill, Michigan, to investigate reports of an evil entity. With the help of a local historian, he uncovers the town's traumatic past. [16-AT]

**03.00 The Dead Files (Series 9): *Terrorland* (Episode 11)**

Steve and Amy investigate an abandoned amusement park in Lake Shawnee, WV, where he uncovers Native American attacks and multiple drownings. [12-AT]



**04.00 Paranormal Lockdown (Series 2): Paranormal Lockdown: Evidence Revealed (Episode 13)**

Nick, Katrina and fellow enthusiast, Aaron Sagers, recount their 72-hour investigations with unseen footage and in-depth evidence analysis. [12-AT]

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A home in turmoil leaves a child sleepless and scared. His room is haunted by a shadowy mass, taunting his mother and growling at her from the closet. [9-A]



ALL AGES



POTENTIALLY HARMFUL TO CHILDREN UNDER 6 YEARS OLD



POTENTIALLY HARMFUL TO CHILDREN UNDER 9 YEARS OLD



POTENTIALLY HARMFUL TO CHILDREN UNDER 12 YEARS OLD



POTENTIALLY HARMFUL TO CHILDREN UNDER 14 YEARS OLD



POTENTIALLY HARMFUL TO CHILDREN UNDER 16 YEARS OLD



G VIOLENCE



A FEAR



S SEX



T FOUL LANGUAGE



H DRUGS AND ALCOHOL



D DISCRIMINATION